

出國報告（出國類別：會議）

出席第 25 屆 IUHPE 世界健康促進大會

服務機關：衛生福利部國民健康署

姓名職稱：黃巧文研究員

派赴國家：阿拉伯聯合大公國阿布達比

出國期間：民國 114 年 5 月 11 日至 5 月 18 日

報告日期：民國 114 年 7 月 25 日

本出國經費由菸品健康福利捐支應

摘要

2025 年第 25 屆 IUHPE 世界健康促進大會由國際健康促進暨教育聯盟（International Union for Health Promotion and Education，以下簡稱 IUHPE）與阿布達比公共衛生中心(Abu Dhabi Public Health Centre，以下簡稱 ADPHC)共同主辦，此大會為推動健康促進事務國際交流最大的會議，本署於 2013 年加入 IUHPE 成為會員(Trustee member)，長期參與及支持大會的活動，並選舉執委會委員，我國陽明交通大學邱淑媿教授此次為第五次獲選為執委會委員。

大會主題為「星球健康與福祉的建置(「Settings for Planetary Health and Well-Being」)」，於阿拉伯聯合大公國(簡稱阿聯)首都阿布達比舉行。計有來自全球約 100 個國家，包括健康促進政策制定者、學者專家、民間團體與社區推動者及學生等，各國代表約 1,500 人與會參與並交流，希望能透過星球健康與福祉建置各國的科研與政策等實務經驗分享來達成健康促進的願景。

本署有 1 篇口頭報告，分享台灣健康促進學校在小學健康體位推動情形，另一篇展示海報為運用「113-114 年精準環境之健康識能計畫」計畫成果投稿，除進行健康促進國際交流，增加我國國際能見度，汲取國際推動健康促進之經驗外，並於 5 月 15 日參與由 IUHPE 執行長 Liane Comeau 博士主持的早餐會議，商議未來的合作。

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壹、 簡介

IUHPE 於 1951 年在法國創立，為全球最大的健康促進與健康教育之國際非政府組織，亦為**世界衛生組織推動健康促進的官方合作單位**，其願景是讓人人能有**健康**充實的生活，確保人人享有**幸福(wellbeing)**的基本條件，包括和平、住所、**營養食品**、公平收入、**穩定的生態系統**、**永續的資源**、**社會正義和平等**，實現真正的**健康與平等**。該聯盟每三年舉辦一次世界健康促進大會，本署於 2013 年加入 IUHPE 成為會員(Trustee member)，長期參與及支持大會的活動，並選舉執委會委員，本次選舉我國陽明交通大學邱淑媿教授第五次獲選為執委會委員。

IUHPE 世界健康促進大會為推動健康促進事務國際交流規模最大的會議，今（2025）年 5 月 12 日至 16 日第 25 屆首次在世衛組織東地中海區域(WHO Eastern Mediterranean Region)舉行，於阿拉伯聯合大公國首都阿布達比國家展覽中心辦理，本次大會主題為「**星球健康與福祉的建置**(「Settings for Planetary Health and Well-Being」)」，計有來自全球約 100 個國家，包括健康促進政策制定者、學者專家、民間團體與社區推動者及學生等，各國代表約 1,500 人與會參與並交流，企圖透過星球健康與福祉的建置來達成健康促進的願景。

本署有 1 篇口頭報告 Developing Healthy Weight Promoting Strategies for Elementary Schools in Taiwan：Practice Experiences from Health Promoting Award Schools 於 5 月 16 日（平行場次子題：Health Promoting Schools），由本署委託輔仁大學推動健康促進學校及特色獎勵計畫主持人陳富莉教授做報告，分享台灣健康促進學校在國小學童健康體位推動情形，另一篇展示海報 Evidence-based Research of Improved Environmental Health Literacy（EHL）for Community Residents in Taiwan，為運用本署委託社團法人臺灣公共衛生學會（郭憲文教授團隊）之「113-114 年精準環境之健康識能計畫」計畫成果投稿，除進行健康促進國際交流，增加我國國際能見度，汲取國際推動健康促進之經驗外，並於 5 月 15 日參與由 IUHPE 執行長 Liane Comeau 博士主持的早餐會議，商議未來的合作。

貳、 目的

- 一、出席於今(2025)年 5 月 12 日至 16 日舉辦之第 25 屆 IUHPE 世界健康促進研討會，分享並學習與交流國際推動健康促進之經驗。
- 二、國民健康署於會中發表 1 篇口頭報告「發展台灣小學健康促進策略：健康促進獎勵學校的實踐經驗(Developing Healthy Weight Promoting Strategies for Elementary Schools in Taiwan：Practice Experiences from Health Promoting Award Schools)」，及一篇海報展示「提升台灣社區民眾環境健康識能的實證研究(Evidence-based Research of Improved Environmental Health Literacy (EHL) for Community Residents in Taiwan)」，分享我國健康促進在各不同場域與社區的推動之經驗。
- 三、國民健康署為 IUHPE 的會員，爰參加該組織之會員大會(General Assembly)及 IUHPE 執行長 Liane Comeau 博士主持的早餐會議，商議台灣與 IUHPE 未來的合作。

參、 過程

一、出國日期：2025 年 5 月 11 日至 18 日。

二、出國行程：

日期	地點	行程	
5/11(日) 至 5/12(一)	臺灣桃園→ 阿拉伯聯合 大公國杜拜 →阿拉伯聯 合大公國阿 布達比	桃園機場啟程 抵達杜拜機場 杜拜機場巴士啟程 抵達阿布達比巴士站	
5/13(二) 至 5/16(五)	阿拉伯聯合 大公國阿布 達比	1.參加大會講座 2.與現場講者及與會者進行交流 3.(5/13)張貼本署投稿海報 4.(5/14)Gala Dinner 5.(5/15) IUHPE 早餐會議及 General Assembly 5.(5/16)本署投稿主題口頭報告	
5/17(六) 至 5/18(日)	阿拉伯聯合 大公國阿布 達比→阿拉 伯聯合大公 國杜拜→臺 灣桃園	阿布達比巴士站啟程 抵達杜拜機場 杜拜機場啟程 抵達桃園機場	

三、會議重點

(一)開幕典禮

以阿聯國歌的軍樂隊演奏做開幕，簡單隆重，見識到阿聯的嚴謹，難怪所有與會報告者都需要官方檢核。該酋長國 Mohamed bin Zayed Al Nahyan 王子短暫蒞臨會場以示國家對本次研討會的重視，開幕致詞首先由 ADPHC 主任 H.E. Dr. Rashed Al Suwaidi (Director General, ADPHC) 擔任，闡述以科技、實證數據等來做健康的推動不只是人的健康更是環境生物及星球的健康。接著由 IUHPE 主席 Dr. Sione Tu'itahi(President of the IUHPE)致詞，除了前述健康星球外將幸福治理也

落實到幸福星球。世界衛生組織(以下簡稱 WHO)秘書長 Dr. Tedros Adhanom Ghebreyesus, DIRECTOR GENERAL, WHO) 亦錄製歡迎影片，恭賀大會並致歡迎詞，針對**星球健康、福祉治理、健康平等**，期許未來能有更多國際的合作。最後由 WHO 健康促進主任 Dr. Rudiger Krech (DIRECTOR OF HEALTH PROMOTION, WHO) 致詞，再次連結前述 WHO 秘書長 Dr. Tedros 所說「**Wellbeing is the political choice.**」福祉治理應**落實在每個政策中**，進一步闡述氣候變遷和 WHO 的永續環境與經濟發展。

(二)開幕演講：設定未來健康促進議題框架

(Opening Ceremony: Setting the Health Promotion Agenda for the Future)

這次大會開幕演講由加拿大 Dr. Louise Potvin 主講，也某種程度預告 IUHPE 下屆理事長，Dr. Potvin 以英語開場後，以法語說明對健康促進領域的知識論與本體論理論與實務工作間的驗證，大會備有英語、法語與西班牙語的翻譯耳機，第一次參與這麼多元語言的會議，還好自己事前也準備 AI 翻譯的設備，可以因應非英語的演講。以下是主要的論述與對未來推動健康促進全球發展的建議：

1. 健康促進研究的三維結構：Dr. Potvin 與 UNESCO 聯合國教科文組織 Chair Global Health and Education 主持人 Didier Jourdan 在 UNESCO 所發行的《Global Handbook of Health Promotion Research, Vol. 3 Doing Health Promotion Research》一書中，提出了健康促進研究的三個結構維度：(1)**研究對象 (Objects)**：健康社會實踐，強調研究應聚焦於研究對象實際的社會行為與實踐。(2)**知識論 (Epistemology)**：研究不僅追求知識的產出，還應促進社會變革，體現健康促進的價值與目標。(3)**倫理 (Ethics)**：強調對**社會實踐的複雜倫理**的認識，以及**科學知識與實踐知識之間的對話與融合**。這三維結構突顯了個人和社區在塑造健康結果中的**關鍵角色**，考慮到社會實踐和結構性決定因素。該工作也與核心價值觀相一致，並促進包容性，反映出健康研究向更全面和整合性方法的轉變。這一變化強調了社會轉型在提升健康和福祉中的重要性。旨在為健康促進研究建立一個有凝聚力的知識體系，避免過去「拼盤式」的知識積累模式，促進**跨學科的整合與發展**。
2. 健康促進研究的結構化與專業化：Dr. Potvin 強調了健康促進研究作為一個獨立領域的結構化過程，**建立明確的知識體系，通過整合來自不同學科的研究方法與理論，形成統一的健康促進研究框架**。
3. 強調**倫理框架與知識產生的方法**：確立健康促進研究的倫理原則，並選擇適合的知識產生方法，以支持社會變革。

4. 全球未來研究發展的建議：透過(a)繼續分析案例研究，以完善健康促進策略。(b)未來的研究應專注於包容性和社會轉型。(c)條列未來國際間適合進行的研究項目與核心價值觀。(d)促進社區參與塑造健康結果。(e)提升健康促進策略的有效性。促進國際間的合作與經驗交流，提升健康促進研究的全球影響力。

(三)專題演講/平行論壇等研討重點摘要

以下依據參與大會與本署於社區健康促進業務發展相關議題重點摘要如下：

1. 健康識能重點

(1) 健康識能：

本次大會世界健康識能學會現任及前一任理事長 Orkan Okan(德國)及 Kristine Sørensen(丹麥)和多位健康識能領域大師均出席，包括 Stephan Van den Brouck(比利時)、Don Nutbeam(澳洲)及 Diane Levin-Zamir(以色列)等，有一場由 Kristine Sørensen 主持，以世界咖啡館(World Coffee)進行，主題為「透過健康識能友善環境建置多元化社區間和社區內的凝聚力與韌性(Building Cohesion and Resilience within and between Diverse Communities through Health Literate Settings)」，先闡述批判性健康識能 (Critical Health Literacy，簡稱 CHL)的定義是反思健康決定因素和過程，並將反思的結果應用於任何特定情況下的個人或集體健康行動的能力。反思和行動相輔相成，在與理論論證中 CHL 作為提供社會和文化條件意識的方法的最新處理方法，在公共衛生和健康促進方面的潛在理論方向提供起點。此次以這樣的架構將與會者分成一般社區(Stephan Van den Brouck 主持)、學校(Orkan Okan 主持)、緊急醫療場域(Don Nutbeam 主持)及數位環境 (Diane Levin-Zamir 主持)共 4 組不同場域做分組討論，各小組針對該場域「實務中有哪些新發展」、「當前和未來研究的重點是什麼?」、「政策如何支持這個場域發展」及「構建危機情況下韌性扮演的角色」，來自各國的與會者分享各國的經驗做焦點會談與統整，針對不同場域情境創造健康識能友善環境(health-literate settings)的韌性，並由分組主持人總結提出相關行動建議，惟各國專家依各國背景分享現況，各國有其發展的背景與文化，整體而言較無適合參採的作法。

(2) 環境健康識能

以學校為基礎介入提升空污意識的課程發展成果(School-Based Intervention For Raising Awareness of Air Pollution and Its Consequences: A Curriculum Development)由科索沃普里什蒂納大學醫學院教師(Medical Faculty, University of Hasan Pristina,

Kosovo)Zana Shabani Isenaj 主講，講述該國是歐洲以 **95%燃煤發電**的國家，因國土幅員小空污嚴重，居住在燃煤區附近中低收入的家庭影響最大，兒童首當其衝，所以該學院藉由**準研究設計(quasi-experimental design)**及整合式環境教育課程研發介入，於國小學童做對空污知識、態度、覺知及行為(Knowledge, Attitudes, Perceptions, and Behaviors ，以下簡稱 KAPB)的前後測研究，研究結果顯示課程介入組的學童在 KAPB 有明顯增加，建議後續能推廣到其他國小，並繼續研發不同年齡群及不同社區需要的環境教育課程。

<div data-bbox="151 683 343 728"> <p>25th IUHPE WORLD CONFERENCE ON HEALTH PROMOTION 12-14 MAY 2022 AGENCE CENTRE ABU DHABI</p> </div> <div data-bbox="151 757 331 1037"> </div> <div data-bbox="375 757 707 779"> <h3>Air Pollution in Kosovo – a public health issue</h3> </div> <div data-bbox="355 801 770 1025"> <ul style="list-style-type: none"> • Kosovo relies on coal (mainly lignite) for 95% of its electricity, a major source of air pollution. • This results in ~760 premature deaths annually. • Poor air quality especially affects low-income communities and children • Pristina exceeds safe PM2.5 levels, impacting health and well-being, particularly in winter. • Urgent need for awareness and education to reduce exposure and drive change. </div>	<div data-bbox="874 683 1066 728"> <p>25th IUHPE WORLD CONFERENCE ON HEALTH PROMOTION 12-14 MAY 2022 AGENCE CENTRE ABU DHABI</p> </div> <div data-bbox="1026 739 1348 761"> <h3>Why a School- Based Intervention?</h3> </div> <div data-bbox="882 784 1149 985"> <ul style="list-style-type: none"> •Environmental topics are largely absent in current primary school curricula. •Our initial study showed students had low baseline knowledge about air pollution, but responded well to targeted educational sessions. •Developing a school-based curriculum is a strategic way to build early awareness, shape behaviors, and empower future citizens. </div> <div data-bbox="1177 824 1489 913"> <p>Goal: To develop a structured curriculum that builds early awareness, shapes behaviors, and empowers children as future advocates for clean air.</p> </div>
<div data-bbox="151 1086 343 1131"> <p>25th IUHPE WORLD CONFERENCE ON HEALTH PROMOTION 12-14 MAY 2022 AGENCE CENTRE ABU DHABI</p> </div> <div data-bbox="395 1137 550 1176"> <h3>Objectives</h3> </div> <div data-bbox="143 1205 579 1400"> <ul style="list-style-type: none"> • Assess baseline Knowledge, Attitudes, Perceptions, and Behaviors (KAPB) of children related to air pollution. • Implement a targeted educational intervention in primary schools in Pristina. • Measure the effectiveness of the intervention by comparing pre- and post-intervention KAPB. • Use the results to develop a practical, child-friendly, and scalable curriculum for environmental education. </div> <div data-bbox="595 1193 802 1361"> </div>	<div data-bbox="874 1086 1066 1131"> <p>25th IUHPE WORLD CONFERENCE ON HEALTH PROMOTION 12-14 MAY 2022 AGENCE CENTRE ABU DHABI</p> </div> <div data-bbox="1098 1137 1284 1176"> <h3>Methodology</h3> </div> <div data-bbox="866 1182 1217 1417"> <ul style="list-style-type: none"> • The intervention was implemented in lower-middle schools in Pristina and involved interactive, curriculum-integrated sessions focusing on air pollution and its health impacts. • A quasi-experimental design was employed, with participants divided into intervention and control groups. • Data were collected pre- and post-intervention using a validated questionnaire to measure changes in knowledge, attitudes, perceptions, and behaviors. • Linear and logistic regression analysis were used to shed light on the complex interplay between various factors and the scores related to knowledge, attitudes, (risk) perceptions, and behaviors among the study participants. </div> <div data-bbox="1233 1182 1528 1417"> </div>
<div data-bbox="151 1518 343 1563"> <p>25th IUHPE WORLD CONFERENCE ON HEALTH PROMOTION 12-14 MAY 2022 AGENCE CENTRE ABU DHABI</p> </div> <div data-bbox="371 1552 563 1590"> <h3>Methodology</h3> </div> <div data-bbox="143 1608 347 1630"> <h4>Curriculum Development</h4> </div> <div data-bbox="143 1653 507 1697"> <p>Based on findings, a child-friendly, participatory curriculum was designed.</p> </div> <div data-bbox="143 1713 292 1736"> <p>Modules include:</p> </div> <div data-bbox="167 1753 379 1843"> <ul style="list-style-type: none"> • What is Air Pollution? • How It Affects Our Health • What We Can Do • Our Rights to Clean Air </div> <div data-bbox="411 1597 802 1888"> </div>	<div data-bbox="874 1518 1066 1563"> <p>25th IUHPE WORLD CONFERENCE ON HEALTH PROMOTION 12-14 MAY 2022 AGENCE CENTRE ABU DHABI</p> </div> <div data-bbox="877 1579 1058 1617"> <h3>Conclusions</h3> </div> <div data-bbox="866 1635 954 1657"> <p>Key Findings:</p> </div> <div data-bbox="866 1664 1520 1753"> <ul style="list-style-type: none"> •The educational intervention significantly improved students' awareness and understanding of air pollution and its health effects. •Despite gains in knowledge, the short duration and limited interaction constrained deeper attitudinal and behavioral changes. •Students showed interest and willingness to engage, highlighting the potential of early environmental education </div> <div data-bbox="866 1758 986 1780"> <p>Recommendations:</p> </div> <div data-bbox="866 1787 1497 1877"> <ul style="list-style-type: none"> •Integrate environmental education into the national primary school curriculum to ensure continuity and reinforcement. •Develop longer-term, participatory, and age-appropriate programs to enable sustained behavior change. •Engage families and communities to create a supportive environment for children's learning and actions. •Leverage findings to co-develop a practical and scalable curriculum tailored to local needs and context. </div>

2. 健康促進學校重點

「健康促進學校：集體工作對實施品質的影響(Health Promoting school: Influence of collective work on the quality of implementation)」由 Didier Jourdan 教授主講，表示學校能提供結構化且社會性豐富的环境，利於根據學生需求量身定制的健康教育計劃，故實施健康促進學校 (HPS) 是一種很有效益的健康促進方案，以綜合方法來介入整個教育界的社會和物質環境。在實施 HPS 的關鍵成功因素中，**集體工作的品質**是一個預測因素。自 2019 年以來，這個聯盟計畫在法國 101 所學校實施，透過培訓、支持和資源開發，發展專業實踐，以改善學生的健康行為，同時**增強他們的生活技能和健康識能**。這個研究在探討集體工作如何在實施品質方面支持 HPS 的發展，結果確定了三種狀況：單獨工作的教師 (50%)、與外部利害關係人集體工作的教師 (16%) 或與教育團隊合作的教師 (34%)。**喜歡集體工作的教師（與單獨工作的教師相比）接受培訓的次數更多**（72% 對 35%），他們更重視學生的需求（60% vs. 25%），在健康教育方面有更高的勝任感（6.1 vs. 5.4/10），或鼓勵與同事、伴侶或家人採取更多協同行動（76% vs. <29%），從而加強合作，提升學業幸福感。多元模型揭示了**學校層面和個人層面的環境因素和集體動力的影響**。透過培訓強化的集體工作對於確保健康促進計劃（HPS）的成功和可持續性、增強學生和工作夥伴的知識以及優化健康促進工作至關重要。

3. 健康飲食及營養

由澳洲國家營養基金會(National Nutrition Foundation)聯合執行長兼執行董事 Aisling Dempsey 分享該國「**全國學校健康餐飲計畫及管理人員訓練(National Healthy School Canteens Project Canteen Manager Training)**」，她表示與該國衛生部及教育部長期合作國家營養計畫的推動，該基金會協助政府製定和執行營養健康促進和教育計劃，並致力於創造有利於健康結果的社區和環境。澳洲有 25% 的學童超重，數據還在增加中，因此對西澳地區 1889 學校計 907,666 位學生，以全校參與健康飲食(whole-of-school approach to healthy eating) 在校園推動「**飲食紅綠燈**」，利用兒童熟悉的交通號誌來教導他們選擇正確食物的遊戲，「紅燈停，綠燈行」表示應多選擇綠燈食物，避開紅燈食物。並分享該國 **FoodChecker 免費的線上工具**，可幫助食品供應商及學校了解他們供應或獲得的食品和飲料是否符合特定政策，無論是零售食品店、外部食品服務提供者、自動販賣機或提供餐飲服務，都可以使用 FoodChecker 來評

估單一產品、食譜或整個菜單。並解釋全校參與健康飲食方法是基於以下四大重要元素來推動，成效卓著

A.政策與領導力： 說服利害關係人將食物視為學校生活不可或缺的一部分

B.食物與永續性： 在學校食堂、課間休息期間以及校外環境中提供健康與永續的食品

C.教育與學習： 擴大課程範圍並參與招聘學校工作人員、廚師、校長和教師

D.社區與夥伴關係： 與學校相關的利害關係人合作，例如學校工作人員和教師、當地商店、餐廳、農民等。

前述與我國健康促進學校的推動極為相似，惟我國目前尚未有類似 Food Checker 官方版免費的線上工具。



What is a whole-of-school approach to healthy eating?







Shared Leadership

Western Australian Department of Education Student Health in Public Schools, Appendix B. Healthy Food and Drink.

Western Australian Department of Health WA School Food and Drink Criteria.






Healthy Food and Drink Policy

School canteen menus must meet the following requirements:

- A minimum 60% **GREEN** food and drinks.
- A maximum 40% **AMBER** food and drinks.
- Only offer **AMBER** savoury commercial products a maximum of twice per week.
- Some **AMBER** products must be served with ½ a serve of salad or vegetables.
- Contain no **RED** food and drinks.






Teaching & Learning





4. 健康體位

這場由以色列希伯來大學 Dr. Ronit Jakobovich 及其團隊執行的研究，主題為「**幼兒園做肥胖防治的健康促進場域適合嗎？(Kindergarten as a Health Promoting Setting for Addressing Obesity: Is It Feasible?)**」，探討幼兒園階段推行健康生活行為介入的效果，強調早期建立健康習慣的重要性。研究團隊設計並實施了一套針對幼兒的健康促進計劃，比較特別是加入**數學的語言和幼兒對自我身體覺知及計量的認知**(mathematical language and cognitive skills)，特別是以引導幼兒自主領導與主動學習，內容涵蓋均衡飲食、身體活動及衛生習慣等，並透過教師指導及家長合作加以推廣。研究結果顯示，接受介入的幼兒在飲食選擇、體能活動參與度及個人衛生習慣上均有顯著改善。尤其是在蔬果攝取量增加、每日活動時間延長以及洗手頻率提升方面，介入組與對照組存在明顯差異。此外，家長及教師的健康意識和支持度也因介入而提升，形成了良好的家庭與學校健康促進環境。結論指出，**幼兒園階段是培養健康生活行為的關鍵期**，早期介入能有效影響兒童的生活習慣，且透過多方合作（幼兒、家長、教師），能夠強化介入成效並促進長期健康行為的持續。研究強調健康教育應融入日常教學活動中，並透過親子互動和社區參與，建立全面且持久的健康促進網絡。建議將此類介入模式擴展至更多幼兒園，並進一步評估其在不同文化和社經背景下的適應性與效果。此外，未來可結合數位工具與互動教學資源，提高健康教育的趣味性與參與度。**政策層面上，推動幼兒園健康促進政策制定，配合教師培訓及資源支持，將有助於形成全國性的健康生活行為培養體系。長遠來看，此類早期健康介入有助於減少兒童肥胖及相關慢性疾病風險，提升整體公共健康水準。**

5. 氣候變遷與高溫熱傷害

印度公衛基金會(Public Health Foundation of India)前主席 Dr. Srinath Reddy 教授在第一場大會演講分享印度「**以城市為基礎的極端高溫調適(Urban Settings Based Adaptation to Extreme Heat)**」，說明該國因熱浪死亡人數攀升，開始推動高溫行動計畫(Heat Action Plans)，所有城市都需要製定高溫調適計劃，在各類居住區設置綠地，為行人和騎行者提供遮陽人行道，在可達地點設置供水站，並為高溫緊急情況下的受害者提供隨叫隨到的交通和醫療服務。建築物（尤其是屋頂）和道路進行設計甚至改造，以減少高溫暴露。提高屋頂和路面的反射率可以將 80% 的入射熱量反射回太空，減少輻射熱。涼爽的屋頂可以減輕城市熱島效應。多孔路面也能減少輻射熱。多孔停車道可以排出雨水，同時降低城市溫度。除了發電之外，也需要探索密集屋頂太陽能在冷卻方面的潛力。當然，地方、州和國家政府必須緊急為此類措施提供政策框架。學校是孩子大部分時間待的地方，必須保持通風良好，並擁有綠色環境。特別分享透過使用屋頂反光建材來減少吸熱及溫度上升，可有效降溫達攝氏 8 度，具科學實證，鼓勵屋頂綠化並透過建築法規多元來改善都市熱島效應的問題。

6. 福祉治理與健康平權

(1)「**創造幸福社會：通往更健康更平等的未來路經**」(Building Well-Being Societies: Pathways to a Healthier and more Equitable Future)：這場主持人為 WHO 健康促進主任 Dr. Rudiger Krech，邀請「**福祉經濟政府聯盟**」(Wellbeing Economy Governments, WEGo)國家的專家分享，包括瑞士 Faten Ben Abdelaziz 教授、冰島 Dora Guorun 教授與加拿大 Josée Bégin 教授及阿聯 Fatima Al Zarooni 教授各自分享該國如何在政府體制創造幸福社會。WEGo 致力於建立一個以人民福祉為核心的**經濟體制**，理念核心從**過去 GDP 增長轉變為以人民生活品質、環境可持續性與社會公平為政府施政的重點**。各國依據該國跨部門協作、長期思維與社會文化價值的共鳴，訂定具體**福祉經濟需要的實踐指標**。以可測量的數據、社會參與及多元價值結合成為福祉治理，創造健康平權。

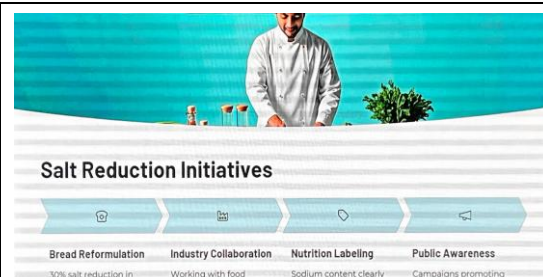
(2)阿拉伯灣聯邦健康的商業決定因素(The Commercial Determinants of Health in the Arab Gulf States- Lessons and Opportunities derived from WHO Europe report on Commercial Determinants of Health)這場由阿聯 Sara El Khadra 博士主持，先闡述世衛組織歐洲區域商業決定因素在非傳染性疾病的重大影響。該區域每天近 7500 人死亡可歸因於商業決定因素，例如菸草、酒精、加工食品、化石燃料和職場中。這些商業產品佔該區域所有死亡人數的 25%，系統性地探討商業利益如何加劇非傳染性疾病的各個面向，以及商業行為者在國家和國際

層面對非傳染性疾病相關政策產生負面影響的關鍵策略。再邀請卡塔公共衛生部高級顧問 Dr Roberto Bertollini 及阿聯 ADPHC 營養科科長 Mariam Al Karbi 各自分享該國在商業健康決定的努力，卡塔 Dr Roberto 主題為「卡達在商業健康決定因素的努力(Qatar's Efforts to Address Commercial Determinants of Health)」，聚焦該國實施全面的"全民健康政策"來應對商業健康決定因素，重點擺在菸草控制、減少含糖飲料消費和促進更健康的食品環境，並提及阿拉伯灣不健康飲食導致 37% 心血管疾病死亡，並播放明星代言各種商業廣告來促銷不健康食品對民眾的傷害，特別是年輕族群的電子菸及不健康飲食偶像從眾行為，並分享全民運動的推動。阿聯 ADPHC 營養科科長 Mariam 主題為「阿布達比飲食環境的轉型：對商業健康決定因素做多元場域的回應(Transforming Food Environments in Abu Dhabi: Multi-Sectoral Response to the Commercial Determinants of Health)」，ADPHC 推出 SEHHI 食品標誌制度，旨在指導阿布達比酋長國的居民食用健康食品，該計畫旨在引導健康食品選擇與消費，作為酋長國打造更健康社區並賦予權力和改善飲食習慣。SEHHI 推動項目涵蓋飯店、餐廳、咖啡廳、醫院、超市、雜貨店、職場等多元場域，菜單要求顯示卡路里及健康菜單提供更好的食物選擇，膳食營養標準符合 Sehhi 標誌的一般餐飲：主菜：≤700 大卡、配菜：≤250 大卡、總脂肪：≤3g/100g（橄欖油或酪梨等健康脂肪可能例外）、飽和脂肪：≤1.5g/100g、加入糖：≤5g/100g、鹽：≤1g/100g 或≤0.4g 鈉/100g、必須提供至少 10% 每日所需有益營養素（纖維、鈣、維生素 D、鐵或蛋白質），確保了每件產品不僅含有較少的不良營養成分，還能提供一些有益於整體健康的營養成分，鼓勵創造真正有價值的均衡飲食。而兒童餐指南的兒童餐標準略微嚴格一些，以反映他們的營養需求：主菜：≤600 大卡、不含非糖甜味劑（如甜菊糖、阿斯巴甜等）、餐點必須至少包含三類健康食品，如水果、蔬菜、瘦蛋白、全穀類或低脂乳製品，有助於確保兒童餐提供有意義的營養，而不僅僅是低卡路里，希望企業能以家庭為中心讓家長對菜單選擇放心。獨立包裝食品標準中穀物、牛奶、麵包或冰沙等物品必須符合以下特定閾值：全麥麵包和穀物必須滿足纖維最低含量；乳製品必須低糖、低鈉、低脂肪；冰沙：< 300 大卡，至少包含一份水果或蔬菜，這些指導方針體現了對營養豐富、功能性食品的追求，這些食品不僅僅提供熱量。使用經過 NutriCal 驗證的食物資料庫，根據申請單位的實際食譜或成分錶計算卡路里、常量營養素和有益營養素。無論您是調整菜單項目還是創建新產品，您都能準確了解其是否符合 Sehhi 的標準。NutriCal 提供清晰的阿拉伯語和英語營養成分標籤，將獲得 Sehhi 計劃考慮的每種營養素的詳

細分析，從而更順利、更快速地完成批准。這些標籤可下載並直接用於列印、包裝或提交。NutriCal 不僅僅是一個標籤工具——它還成為您合規流程每個部分的數位助理。以數位應用程式來招募和支持食品提供單位保持健康，以突出健康選擇，並在商店和數位雜貨店和超市網站上實施有效和可持續的營銷策略。有 SEHHI 標誌的食品比同類食品脂肪含量更低、糖分和鹽分更低，膳食纖維含量更高，並分享該國倡議健康飲食環境需靠群體共享責任而非個人責任的觀念轉移。



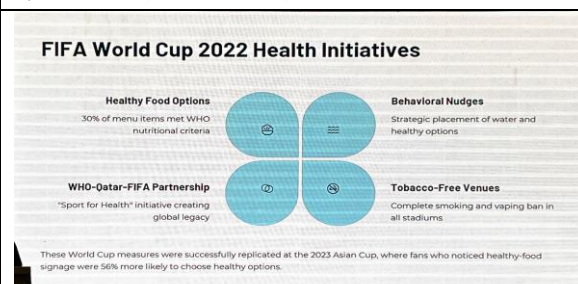
卡達減少含糖飲料消費策略



卡達減鹽倡議及政策作為



年輕族群的電子菸及不健康飲食偶像從眾行為的校園介入



世界衛生組織與卡達在體育賽事(FIFA)健康飲食的合作與倡議



卡達在身體活動、健康飲食與生活型態選擇的多元倡議



卡達在體育賽事強化健康與福祉的倡議



阿布達比 SEHHI 健康飲食環境營造政策



SEHHI 健康飲食環境營造-餐廳、咖啡廳

Implantation of SEHHI vending machines

displaying "SEHHI" logo in the healthy vending machines

Highlighting the healthy options with "SEHHI" logo

"SEHHI" coffee machines

Public | 48

Shifting from Personal Responsibility to Shared Responsibility

Public | 52

SEHHI 健康飲食環境營造-自動販賣機

群體共享責任而非個人責任的觀念轉移

7. 數位與新科技治理

由阿布達比社區研發部資深數據分析專員 Nada Abdellteif Omer Hassan 主講以系統性文獻回顧人工智慧在學生健康促進認知的應用 **The Implications of Artificial Intelligence on School Students' Health Promotion Awareness: A Systematic Review**，「針對 6-18 歲學生進行人工智慧促進健康行為改變的系統性文獻回顧，包括遊戲及聊天機器人等，整理該國、新加坡、中國、芬蘭和美國在人工智慧教學在教導學生科技、健康行為與倫理準則的應用。本次大會在數位與新科技治理有許多歐洲或阿拉伯灣區國家利用 APP 或 AI 來針對身體活動或運動收錄資料，惟多數是博士班小型論文，沒有較具規模的大型數據科研，參考性與應用推廣性較不足。」

The Implications of Artificial Intelligence on School Students' Health Promotion Awareness: A Systematic Review

Introduction:

Artificial intelligence (AI) is transforming education by providing new ways to enhance health awareness for students. Through tailored algorithms, AI creates personalized experiences focused on nutrition, physical activity, hygiene, and mental health. This review evaluates the effectiveness of AI interventions in improving health knowledge and behaviours among students aged 6–18, while also considering ethical and implementation issues.

The Implications of Artificial Intelligence on School Students' Health Promotion Awareness: A Systematic Review

Methodology

A systematic review was performed following PRISMA guidelines. Searches were conducted in PubMed, Scopus, and Web of Science for articles published from January 2018 to March 2025.

Keywords included: artificial intelligence, "school health education," "health promotion," "children," and "digital health tools."

Inclusion criteria were: (1) school-aged individuals (6–18 years), (2) AI-based interventions, (3) measurable health outcomes. Studies were evaluated and summarized by intervention type, health domain, and outcomes.

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UAE GOVERNMENT
MINISTRY OF EDUCATION
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The Implications of Artificial Intelligence on School Students' Health Promotion Awareness: A Systematic Review

Results

1. Gamified Learning
Platforms Several studies demonstrated that AI-powered gamification significantly improved student engagement and knowledge retention. Platforms using AI to adjust difficulty and content pacing showed marked gains in children's understanding of nutrition and hygiene topics.
ScienceDirect, 2024
Gkintoli et al., 2024

2. mHealth Applications
Mobile health (mHealth) apps utilizing AI to track physical activity and dietary habits were effective in promoting behaviour change. Push notifications, personalized feedback, and behaviour analytics contributed to improvements in daily activity levels and healthier eating patterns.
Frontiers in Digital Health, 2023
Journal of Medical Internet Research, 2022

3. Mental Health Support Tools
AI chatbots and virtual counselors provided anonymous support for stress, anxiety, and bullying-related issues. These tools offered coping strategies and referrals, improving mental health literacy among adolescents.
JMIR Mental Health, 2023

4. Ethical and Equity Challenges
Despite positive outcomes, challenges emerged around data privacy, algorithmic bias, and access disparities—especially in underserved schools with limited digital infrastructure.
BMJ Public Health, 2023
Wang & Li, 2024

5. Research Gaps
Most studies were short-term and conducted in high-income contexts. Few assessed long-term behaviour change or explored scalability in low-resource environments.

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"The AI Advantage: Data-Driven Insights on Student Success and School Health Systems"

Insights-stats	Year	Reference
60% of educators have integrated AI into daily teaching	2024	AIPRM
56% of college students utilize AI to complete their assignments.	2025	Open2Study
68% of teachers believe AI has a positive impact on student achievement.	2024	Aquarius AI
AI-based tutoring systems have been shown to improve student learning outcomes by 24%.	2025	ArtSmart
84% of mental health professionals report having used or considered using AI tools in their practice.	2023	Nikola Roz
80% of K-12 teachers use virtual platforms weekly	2024	AIPRM
AI platforms enhance retention by up to 30%	2025	ArtSmart.ai
67% of educators report improved engagement with AI	2023	Sandwich
AI boosts retention rates by 30% via personalization	2025	ArtSmart.ai
79% of UAE educators support teaching AI from early education; 66% report AI positively impacts teaching	2024	Education UAE
55% of parents of children aged (0-8) view digital media as a valuable tool for supporting their child's learning	2024	NYU & ECA

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Global Best Practices in AI-Driven School Health Promotion

Country	AI Integration in Education	Focus Areas	Notable Initiatives
Singapore	Personalized learning via AI	Student engagement, adaptive content	National AI literacy initiative
Finland	Ethical AI education	Critical thinking, societal impact	Curriculum emphasizing digital literacy
China	AI-powered classroom tools	Student monitoring, personalized paths	AI platforms in classrooms
United States	Predictive analytics in education	Early intervention, ethical guidelines	State-level AI use policies
UAE	Comprehensive AI curriculum	Health awareness, technology readiness	K-12 AI lessons, MBZUAI, SAHI program

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Initiatives in AI and School Health Promotion

Discussion

- This review affirms the transformative potential of AI technologies in health education for young learners. Interactive and personalized learning methods foster deeper engagement and more sustainable health behaviours. Gamified tools create a compelling learning environment, while mHealth applications facilitate continuity beyond school hours.
- AI can significantly enhance public health education by providing tailored educational programs, which can be adapted for school settings to promote health awareness among students. Wang & Li, 2024 paper on Artificial Intelligence Empowering Public Health Education: Prospects and Challenges

Conclusion

- Future efforts should prioritize inclusive, culturally adaptive designs and transparent data governance to maximize the benefits of AI in health promotion for all children.
- Ethical and infrastructural issues remain pressing. For instance, the study by Kundu et al. (2024) emphasized the psychological risks and screen dependency associated with prolonged AI use. Additionally, unequal access to technology risks exacerbating health disparities. Addressing these challenges requires designing inclusive, culturally sensitive, and privacy-conscious solutions.

- Future research should prioritize:
- Longitudinal studies assessing lasting behavioural change.
- Tools designed for low-resource settings.
- Greater parental involvement in AI-driven interventions.
- Cross-disciplinary collaboration between technologists, educators, and health professionals

(四)早餐會議與會員大會(General Assembly)摘要

1. 早餐會議

此次早餐會議由 IUHPE 執行長 Liane Comeau 博士發起及安排，旨在傳達 IUHPE 對國民健康署長期支持該聯盟的感謝及發展未來合作的機會。Liane 執行長邀請該聯盟新選出的執委會委員中熟稔台灣健康促進的 Didier Jourdan 教授及邱淑媿教授共同出席，陳富莉教授及蔡旻倩博士(現任 UNESCO Chair Global Health and Education 研究經理)陪同。基於健康促進學校是第 25 屆 IUHPE 世界健康促進研討會的重要議題，台灣 20 多年推動的經驗亦獲得與會者高度肯定，若能藉由與 UNESCO 及 IUHPE 共同合作發展健康促進學校的推動計畫，將是三方多贏的新契機。



左起: 蔡旻倩博士、Didier Jourdan 教授、陳富莉教授、國健署黃巧文研究員、Liane Comeau 博士及邱淑媿教授

2. 會員大會(General Assembly)

大會宣布執委會(2025-2028 IUHPE Executive Board)委員選舉結果，當選 Global Board members 委員名單為 Louise Potvin (Canada)、Marcel Wangraoua (Burkina Faso & Guinea)、Shu-Ti Chiou (Taiwan)、Leanne Eruera (New Zealand)、James Smith (Australia)、Magdalena Wrzesińska (Poland)、Didier Jourdan (France)、Jérôme Foucaud (France)、Paolo Contu (Italy)、Ann Pederson (Canada)、Paola Ardiles (Canada)、Evelyne de Leeuw (Canada)，執委會主席及區域副主席則要等召開執委會會議後才會選出，將於閉幕典禮公布。另今年針對阿布達比宣言草案(如附錄)做較多的分享，後續會完成正式版的阿布達比宣言。

(五)口頭報告(簡報如附錄)

這場口頭報告與輔仁大學陳富莉教授相約提前 1 小時去預作準備，遇到前來參加這場平行論壇的法國國家公共衛生署資助的歐洲健康與教育戰略研究所 (EHESP French School of Public Health) Eric Breton 教授，他曾是歐洲公共衛生協會理事長(President of European Public Health Association)，前兩天的一場發展健康促進研究的介入型研究(Intervention Research as a Tool for Developing Health Promotion Research: Challenges and Perspectives)討論會中，和 IUHPE 新任理事長 Potvin 教授共同與談的健康促進科研方法論，故與其交流台灣與法國推動健康促進學校的實務經驗，特別討論到學童肥胖的議題，Eric 教授分享法國低社經地位的學童肥胖率較高，進一步了解係因下課後多半看電視和沉迷於 3C 產品，久坐不活動且吃的是洋芋片等垃圾食品(Junk Food)，而高社經地位的學童有許多課後的才藝等學習，飲食也

較均衡，所以針對低社經地位的學區學童設計課後輔導課程，提供學童運動及健康飲食，經過介入後因低社經地位的肥胖差異就不明顯，顯著改善低社經地位的學童肥胖問題。台灣偏鄉學童肥胖與法國低社經地位的學童現象相近，所以也有發展課後輔導與餐費募集類似的案例。另，在國際減糖及減重的政策及宣導方面，Eric 教授認為法國雖是全世界營養標示最早推動的國家，但英國的許多肥胖政策的推動更值得各國參考，感謝他的分享，也趁此機會邀請他未來可以來台擔任專家。。

陳富莉教授的演講介紹臺灣於 2002 年由衛生福利部及教育部共同推動「健康促進學校計畫」，並於 2022 年配合世界衛生組織（WHO）及聯合國教科文組織（UNESCO）的全球標準進行修訂，並於 2023 年推出「健康促進特色學校獎勵計畫」，鼓勵各縣市學校導入新一代健康促進標準，並將健康行為內化，進而影響家庭、社區及職場。獲獎學校的學生健康體位比例顯著較高，研究旨在探討這些新策略與學生健康體重之間的關聯性。研究團隊評估 97 所國健署與國教署 2023-2024 這 2 年共同推動「健康促進學校特色獎勵競賽獲獎學校」，並從參賽國小中選出健康體位成效顯著的小學進行深入分析。研究分析這些學校的方案，建構了 GIS 資源地圖，並萃取出關鍵成功要素。結果顯示大多數獲獎學校的健康促進措施皆符合教育部「五正四樂 GO 健康」政策，包含正向情緒(Positive Emotions)、全心投入(Engagement)、正向人際(Positive Relationships)、生命意義(Meaning)以及成就感(Accomplishment)（以上簡稱 PERMA）以及健康飲食、規律運動、快樂生活、優質睡眠，並將生活技能發展融入課程中。成功的教育元素包括沉浸式學習與文化教育、生態教育、飲食與農業教育、以及結合在地特色的虛擬實境（VR）與擴增實境（AR）技術。學校校長是推動學校各項活動與資源的關鍵人物。研究發現，有 3 個縣市（包含離島）的學校未獲得獎勵。研究結論與建議，「五正四樂 GO 健康」政策以及健康促進特色學校的成功教育元素，可應用於其他小學。然而，偏遠地區的學校仍需加強資源挹注。

我國的分享引發與會許多國家參與者的興趣，現場提問包括澳洲、日本學者及阿聯的健促局官方代表等，其中阿聯健促局官方代表提問台灣推動成功的關鍵因素，陳富莉教授表示是中央及地方政府教育單位與衛生單位和學校 20 多年的通力合作，邱淑媿教授(前國健署署長)從架構上回應台灣有〈學校衛生法〉，各級主管機關及全國各級學校依法辦理學校衛生工作，奠定國民健康基礎，國健署黃巧文研究員則補充各校推動以學生為中心，邀請學生共同參與規劃與推動。會後有許多個別討論，包括世界健康識能學會現任理事長 Orkan Okan 與陳富莉教授是舊事，特別提及希望來台灣參訪及未來雙方能有合作。



輔仁大學陳富莉教授口頭發表



與來自法國 Eric Breton, Professor of health promotion, EHESP School of Public Health 合影



這場與會人數超過 60 人，提問熱烈



陳富莉教授回應與會者提問



邱淑媿教授(前國健署署長)回應與會者提問



國民健康署黃巧文研究員回應與會者提問

(六)閉幕典禮

閉幕典禮由 ADPHC 主任 H.E. Dr. Rashed Al Suwaidi 開場，放映這 4 天會議的精華片段，接著由 IUHPE 主席 Dr. Sione Tu'itahi 致詞，針對 2024 年《日內瓦兒童權利宣言》說明過去 100 年來在兒童權利和福祉方面許多的努力，儘管如此，我們仍然對全球數億兒童受到貧困、暴力和氣候變遷的影響以及他們一生中面臨的許多其他挑戰影響其身心健康和心理韌性感到震驚，關注應採取緊急、全面和集體的行動來保護和促進當代兒童和後代兒童的權利。接著交棒給新任主席 Dr. Potvin，由其介紹 2025-2028 年區域副主席 NARO: Nikita Boston-Fisher (Canada)、EURO: Stephan van den Broucke

(Belgium)、ORLA: Martin Zemel (Argentina)及 NWP (interim): Hiroshi Fukuda (Japan)及執委會(Executive Board)成員。



左起第 1 為 IUHPE 現任主席 Dr. Sione Tu'itahi 及第 6 為新任主席 Dr. Louise Potvin 及執委會其他成員(第 4 為邱淑嫻教授)



閉幕典禮大合照

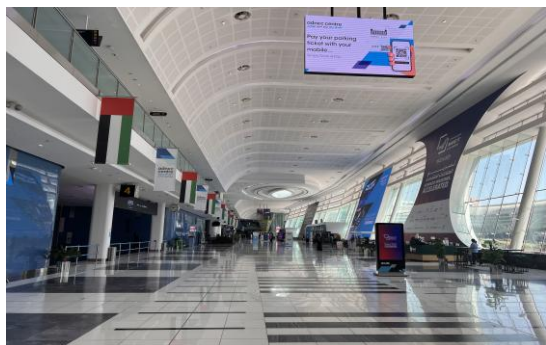


本次台灣代表團合照。座位正中起：慈濟大學王英偉教授、輔仁大學陳富莉教授、陽明交通大學邱淑嫻教授、臺灣師範大學林佳嫻副教授。後排左起：臺灣師範大學張晏蓉教授、國民健康署黃巧文研究員、其餘為臺灣師範大學博士班學生或畢業生。

肆、心得與建議

一、借鏡國際經驗與交流，培育公衛後進：透過參加本次年會發表，除提升臺灣在健康促進學校推動的國際知名度外，亦藉此機會與國外優秀學者交流。特別是本次會議世界健康識能學會現任理事長 Orkan Okan 帶領眾多碩博士學生前來發表，只要是健康識能的場次幾乎都有他指導的學生，並在現場支持鼓勵學生，他在健康識能的研究、實踐和政策方面擁有豐富的經驗，尤其關注兒童、青少年和學校。此次我國以臺灣師範大學博士班學生或畢業生參與最多，亦多聚焦在學生各類健康識能的研究、實踐和政策，建議我國的公衛界與教育界未來可以邀請他、新任 IUHPE 理事長 Potvin 教授及 Eric 教授等專家來台合作。

- 二、推動健康的商業決定因素及福祉經濟政府：這次大會討論議題多數我國已發展臻於完備，惟健康的商業決定因素及福祉經濟政府是我國目前在政策推動上尚不足處，這兩議題是 WHO 這幾年熱門議題，已發布相關報告和指引，我們可以借鏡歐洲、加拿大與紐澳國家的經驗。健康的商業決定因素及健康飲食標示可學習英國、法國、卡達與阿布達比應用於健康飲食、減糖、減鹽與企業和多元場域的合作上。在福祉經濟政府的建置上，台灣目前尚未如前述國家推出完整名為「福祉經濟」的整體政策或報告，但已有多項政府與民間推動的政策與研究，具備福祉經濟所強調的「跨部門、多指標、整合式」特徵，為具體實作奠定基礎，如衛生福利部永續發展目標（SDGs）針對聯合國 2030 SDGs 展開部門內部整合，強調全民健康、性別平權、社會弱勢照顧等面向雖偏健康領域福祉目標，已具備「全政策面向健康」的治理思維，並與福祉經濟的「整合、多指標衡量」具對應性。
- 三、AI 多國翻譯的應用：阿聯總人口約 1,000 萬，外來人口佔 88%，該國引進各國人才協助將其他國家優良的制度與做法發展成阿聯本土的政策與制度。第一次進入阿聯境內，原以為需要用到阿拉伯語，並準備了多國語言的 AI 翻譯 APP，入境後才對這個英語才是該國重要的溝通語言，大會語言包括英語、法語與西班牙語，AI 翻譯 APP 最後應用到大會演講的法語翻譯，深刻感受到這個世代在國際交流場域與使用 AI 多國翻譯 APP 的重要。
- 四、國家級的展覽中心的經營與管理：阿布達比國家展覽中心場館寬敞具高科技現代感，現場的服務人員清一色是外來的移工，運用充沛人力將場館維持得很乾淨，特別是資源回收的環保做得完備，除常見垃圾分類外，還包括手機、平板電腦等 3C 電子產品，大會提供的瓶水，全部是植物性塑膠飲料瓶，整個環境的清潔維護及管理非常到位，感覺有這樣國家級的展覽中心做為場館對推動國際交流非常重要。
- 五、主辦國展現獨特的文化與引領健康促進的企圖：這次比較驚豔的是 ADPHC 在整個會議議程、流程與午餐及晚宴交流活動的掌控，幾乎每個大會會議(Plenary)、子會議(SubPlenary)、討論會(Symposium)都排了該國的各相關單位的講者來分享該國的做法，若沒有具體做法就做系統性文獻回顧，展現該國在健康促進議題未來強烈的企圖，並爭取到該酋長國的皇宮飯店作為晚宴場地，午餐及晚宴的設計融入該國飲食文化及傳統藝術文化，晚宴現場讓與會者以名字自己國家的拼音轉譯為阿拉伯文拼音的書法(Arabic Calligraphy)，是與會者熱門排隊的文化體驗，並創造一個美麗的紀念品。建議我國的書法也可以作為未來類似國際會議的文化活動體驗。



寬敞現代感的阿布達比國家展覽中心場館



除常見垃圾分類外，還包括手機、平板電腦等 3C 電子產品回收



植物性塑膠飲料瓶



標示玉米製作的植物性塑膠飲料瓶




阿拉伯文書法(Arabic Calligraphy)







現場與會者排隊寫成名字的阿拉伯文書法

附錄

1.議程



**25TH IUHPE WORLD CONFERENCE
ON HEALTH PROMOTION**
 SETTINGS FOR PLANETARY HEALTH & WELL-BEING
 13 – 16 MAY 2025 | ADNEC CENTRE ABU DHABI

DEPARTMENT OF HEALTH
 MINISTRY OF HEALTH
 AD PHC
 IUHPE
 13-16 MAY 2025
 www.iuhpe.org

DAY 1 (TUESDAY, 13TH MAY 2025)





TIME	TOPIC					
08:00 – 10:00	Registration					
10:00 – 11:15	Opening Ceremony: Setting the Health Promotion Agenda for the Future					
11:15 – 11:30	Movement to rooms					
PLENARY SESSION 1						
11:30 – 12:30	Settings for Health (Cities, Market Places, Universities, Workplaces, Schools, Islands, Airports) and Innovations					
	Dr. Vidya Velagapudi M42 - UAE Dr. Aliou Abdourahmane, DIA Ministry of Education - Senegal Dr. Srinath Reddy Public Health Foundation of India Moderator: Dr. Munitaz Meeraan ADPHC - UAE					
12:30 – 13:30	Lunch Break / Poster Presentations					
SUB-PLENARY						
13:30 – 15:00	Building Cohesion and Resilience within and between Diverse Communities through Health Literate Settings Presenters: Stephan Van den Brouck Belgium Diane Levin-Zamir Israel Kristine Sørensen Denmark Orkan Okan Germany Don Nutbeam Australia Conference Hall A - A	Building Healthier Futures: Advancing Health Promotion for Non-Communicable Diseases Novartis Presenter: Karim Farhaly Therapeutic Area Medical Head Medical Gulf Speakers: Dr. Ronney Shantout Staff Physician at the Heart, Vascular & Thoracic Institute at Cleveland Clinic Abu Dhabi Dr. Farhana Bin Lootah Head of Cardio, Renal Metabolic Clinic, Consultant Internal Medicine and Diabetes, ICIDC Conference Hall A - B	Transform CKD Care by AstraZeneca Speakers: Dr. Mariam Ahmed Al Wahedi (Guest) Prof Stephen Holt UAE Conference Hall A - C	Health Promotion includes all our relations: Ecosystems as Settings for Health Promotion Presenters: Sione Tu'itahi New Zealand Leanne Eruera New Zealand Carlos Ernesto Sanchez Pimienta Canada Lyana Patrick Canada Moderator: Villiam Pullioha New Zealand Conference Hall A - D	Health Promotion from an Early Age: Insights from the UAE Research and Practice Landscape Presenters: Prof Syed Shah Prof Michael Grivna Dr Rami AlRifai Dr Mohammed Khogali Dr Javadi Neuman Dr Ifat Elbarazi Dr Balazs Adam UAE Moderator: Dr Amal Alzahrani UAE Conference Hall B - B	Advancing Life Course Immunization in the UAE by GSK Moderator: Onur Ozudegru Therapy Area Lead – GSK Gulf Panelists: Dr. Faical Al Ahbabi Executive Director of communicable disease Dr. Omar Najim Executive Director of Healthcare and Life Science Conference Hall B - C

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**25TH IUHPE WORLD CONFERENCE
ON HEALTH PROMOTION**
 SETTINGS FOR PLANETARY HEALTH & WELL-BEING
 13 – 16 MAY 2025 | ADNEC CENTRE ABU DHABI







DEPARTMENT OF HEALTH
 MINISTRY OF HEALTH
 AD PHC
 IUHPE
 13-16 MAY 2025
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DAY 1 (TUESDAY, 13TH MAY 2025)

TIME	TOPIC				
	PARALLEL SESSIONS				
15:30 – 16:45	Health Promoting Settings: Universities (1) Conference Hall A - A Building Health Literacy Responsiveness for Medical Students: Integrating the COM-B Model in Community Medicine Curriculum Tse Chyang Wang Ying Wei Wang Teresa Cheng-Chieh Chu Taiwan Health promotion in Italian State Universities: an assessment by the "Health promotion" group of the Italian Society of Hygiene Claudia Sardu Italy Health Literacy among Higher education Youths Pre and Post Covid-19 (HEALTHY – Pre and Post Covid-19) Bibi Sabeena DOWLUT TOOFANEE Mauritius Mental health challenges and the behaviour prevention of COVID-19 among university students in Indonesia Supriyati Supriyati Indonesia Moderator: Orkan Okan Germany	New settings for Health (Promotion) Innovation & Equity Conference Hall A - C Population Level Body Fatness & Fat-Based Overweight Prevalence Trajectories Among Primary School Children in Kazakhstan Altyn Aringazina Kazakhstan Leveraging behavioral insights to promote healthier eating habits at mega sporting events: Insights from the AFC Asian Cup Qatar 2023, and a toolkit for sustainable legacy replication Raghad Saeed Qatar Using diverse participatory methods to develop context-specific local government actions to address childhood overweight and obesity: A case study in Flanders Jessie Van Kerckhove Belgium Lessons learnt in preparing community stakeholders in the use of AI- enabled Portable ultrasounds: A case of the Piloting Integration and Acceptability of Baby Ultrasounds (PIKABU) Study in Zambia Modesta Zulu Chileshe Nelly Mwansa Mandona Zambia Moderator: Angelique Reweti New Zealand	Health Literate Settings: Healthcare Systems Conference Hall A - D Strategic Implementation of Health Education and Promotion in a Healthcare System in Abu Dhabi, UAE Souheila Ali Hassan UAE Creating collaborations for healthy settings in planning and public health Jane Willis UK Empowering Community Health Champions and Addressing Knowledge Gaps: Introducing the Community Drug Distributor Passport Initiative to Enhance Neglected Tropical Disease Control in Chad Sohaibou Diane Senegal Moderator: Rajeh Rafiq Al Fahet UAE	Health Promoting Schools Conference Hall B - A Presentation Enhancing Health Promotion in Schools: A Training Intervention for Early Childhood and Primary School Teachers Adil Mansouri Sarah Michaud Morocco A guide for health promoting schools in low and middle-income countries : Strategies and tools for teachers Sarah Michaud Adil Mansouri Morocco Support the implementation of Health Promoting Schools to enhance the health and well-being of teachers and students Teresa Cheng-Chieh, Chu Taiwan Retro Dance Breaks as an Innovative Health Promotion Strategy for Nursing -Midwifery Professional Development: A Qualitative Research Method Efreyn A. Iellano Philippines Moderator: Basema Saddik UAE	Health Promotion in School and Work Settings Across the Life Course Conference Hall B - B Exploring Barriers and Opportunities for Integrating Disability-Inclusive Health Promotion Programs in Ghana: A Landscape Review Patience Ofosuhemaa Ghana Health Promotion in Sports Settings: Adaptations of the Australian Fans in Training (Aussie-FIT) Program for Men in the Northern Territory of Australia Bryce Brickley Australia Promoting health at work throughout life: How work centrality shapes healthy ageing at work Min-Chien Tsai UK Didier Jourdan France Enhancing pre-adolescent girls' sport participation through parental support: Development of an evidence-based knowledge toolkit for improved engagement. Caroline Barakat Canada Moderator: Laura Holland Finland




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
DAY 1 (TUESDAY, 13TH MAY 2025)

TIME	TOPIC						
16:45 – 17:00	Break						
WORKSHOP / SYMPOSIUMS / ROUNDTABLE							
17:00 – 18:30	<p>Health Literacy as a Tool to Improve Health and Well-being and Reduce Health Inequalities (SYMP)</p> <p>Diane Levin-Zamir Israel</p> <p>Kristine Sørensen Denmark</p> <p>Orkan Orkan Germany</p> <p>Alexandra Fretian Germany</p> <p>Gillian Rowlands UK</p>	<p>Who is in the classroom? Promoting the health and well-being of students & teachers (WS)</p> <p>Min-Chien Tsai UK</p> <p>Geof Buijs Didier Jourdan France</p>	<p>Building Well-Being Societies: Pathways to a Healthier and more Equitable Future (SYMP)</p> <p>Moderator: Ruediger Krech</p> <p>Speakers: Faten Ben Abdelaziz Switzerland</p> <p>Fatima Al Zarooni UAE</p> <p>Josée Bégin Canada</p> <p>Dora Guorun Iceland</p>	<p>Management of CVS, Diabetes and Obesity in the UAE; A Health in all Policies Approach (SYMP)</p> <p>Md Hafizur Rahman Zulfislan Alam Kanika Sinha UAE</p> <p>Moderator: Dr. Nazik Suleiman University - Hamdan Bin MOhamed Smart University UAE</p>	<p>Children Leading Quality of Life from an Early Age – How Do We Achieve It? (WS)</p> <p>Ronit Jakobovich Israel</p>	<p>Empowering the Health of Tomorrow's Citizens - Utilizing Participatory Learning and Action (PLA) for Health Promotion in Schools (RT)</p> <p>Dr Chinnu Sara Varughese India</p>	<p>Food & Alcohol-EPI: Tools for Working with Local Government to Create Healthy and Sustainable Food and Alcohol Environments (WS)</p> <p>Louise Nadine Signal New Zealand</p>
	Conference Hall A - A	Conference Hall A - B	Conference Hall A - C	Conference Hall A - D	Conference Hall B - A	Conference Hall B - B	
	<p>Catalysing Health Promotion in Multimorbidity: A "Community of Practice" for Healthy Longevity (SYPM)</p> <p>Sanghamitra Pati Krushna Chandra Sahoo Pranab Mahapatra Jeetendra Yadav Arohi Chauhan India</p>	<p>Youth Circles: Nourishing Communities & Shaping Sustainable Futures</p> <p>ADPHC</p>	<p>The Role of Yogo Teachers and School Health Activities to Solve Health Problems of Children in Japan (WS)</p> <p>Yuko Uchiyama Japan</p>	<p>Salutogenesis: A new perspective or Health Promotion (WS)</p> <p>Sarah Michaud Adil Mansouri Morocco</p>		Conference Hall B - C	
	Conference Hall B - D	Capital Suite 5	Capital Suite 6	Capital Suite 10			



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DAY 2 (WEDNESDAY, 14TH MAY 2025)

TIME	TOPIC
08:00 – 09:00	Registration
	PLENARY SESSION 2 Hall 4
09:00 – 10:00	Beyond Settings: Systems, Networks and Connections Joseph Keawe'aimoku Kaholokula University of Hawai'i - USA Tanguy BOGNON Health Access Initiative (HAI) - Benin Dr. Hend Ahmed Alawadhi Consultant, Public Health, Specialist in Health Promotion and Policy Strategy - UAE Moderator : Pr Diane Levin Zamir Dept. of Health Education and Promotion, Clalit Health Services, School of Public Health, University of Haifa, Israel
10:00 – 10:10	Break / Movement to Rooms
10:10 – 11:10	ABU DHABI CHAPTER Hall 4 Dr. Rahat Ghazanfar Sheikh Shakhboub Medical City - UAE Needa Qureshi Institute for Healthier Living Abu Dhabi Moderator: Dr. Aysha Al Dhaheer ADPHC - UAE
11:10 – 11:30	SPECIAL OLYMPICS AWARDING CEREMONY Special Olympics Ceremony
11:30 – 11:45	Coffee Break / Poster Sessions

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DAY 2 (WEDNESDAY, 14TH MAY 2025)

TIME	TOPIC						
PARALLEL SESSIONS							
11:45 – 13:15	Digital Health Transformation (AI, big data, digital equity, tools and stewardship (1)) 📍 Conference Hall A - A Kids Online – Where Commercial & Digital Determinants of Health Intersect: Objective Research from Aotearoa Louise Nadine Signal New Zealand The Impact of Problematic Social Media use on Substance Consumption and Psychological Distress in Children and Adolescents Kevin Chang Taiwan Effect of SMS-based Gain-Versus Loss-Framed Message on promoting Newborn Care Practices Among Mothers: A three-arm cluster randomized trial Hordofa Gutema Abdissa Ethiopia Effects of social media sponsorship disclosure on adolescents' advertising literacy and purchase intention Ya-En Lin Taiwan Exposome: An opportunity to health promotion in urban populations for a Sustainable Healthy Lifestyle Hitakshi Sehgal India	Health Literate Settings: Community and Empowerment 📍 Conference Hall A - B Use of Photovoice to Explore the Roles of Community Health Workers in Wakiso District, Uganda Allan Ssemuusi Uganda Empowering Practitioners to Engage Communities: Development of a Guide for Citizen Participation in Health Promotion Ursula Griebler Austria Evaluating the Impact of SEHA-Led Community Health Campaigns Tahreer Altal Souheila Ali Hassan UAE Empowering Local Populations and Strengthening Health Promotion in Rural and Conflict-Affected Communities in Cameroon Mundih Noelar Njoham Cameroon Moderator: Don Nutbeam Australia	Health Equity and Access to Healthcare 📍 Conference Hall A - C Hearing the Unheard: Addressing Hidden Healthcare Barriers in Aotearoa Angelique Reweti New Zealand National Hospital Health Challenge for Healthcare Workers Dr Zuzuza Rakosy-Voko Nora Bese Gyorgy Velkey Hungary Enhancing Health Equity Through Workplace Health Promotion: Insights on Healthcare Utilization Among Laborers in the UAE Nafeesa Abdul Kareem UAE International students' perceptions of access to primary healthcare in Morocco Samira Essoli Keba Ciri TOURE Majda Sebbani Morocco Assessing health literacy among tuberculosis patients: A cross-sectional study from India Arohi Chauhan India Moderator: Michal Grivna UAE	Health Equity and its determinants: HIV-related Experiences in Various Countries 📍 Conference Hall A - D An Evaluation of Factors Associated with Completing an HIV Testing Linkage Amongst Adolescent Girls at Risk of HIV Acquisition in Eswatini. Themba Matsebula Eswatini Trends in viral load suppression among HIV patients on antiretroviral therapy in the Asante Mampong Municipal Hospital, Ghana: 2019-2023 Gideon Amankwah Kyere Ghana HIV-related Stigma among Health care workers in the Lower Many Krobo Municipality, Ghana: A Social Cognitive perspective Faustina Akosua Atongo Ghana Moderator: Joseph Keawe'aimoku Kaholokula USA	Health Equity & Its Determinants: Access to Healthcare in Various Contexts 📍 Conference Hall B - A Understanding the Impact Commissioning has on Indigenous Evaluations an Australian Perspective James Smith Australia The Equity Paradox in Health Promotion Volunteering: A Qualitative Study of Australian Practitioners' Perspectives on Supporting Graduate Employment Ruth Wallace Australia Elizabeth J. Cook Australia Facilitators and Barriers to Integration of Services: A Qualitative Case Study of HIV/NCD Integration into Zambia's National HIV Program Tulani Francis L. Matenga Zambia The Equity Equation: Linking Education and Health Outcomes in Diverse New Zealand Populations Cadence Kaumoana New Zealand Perceived level of support, competence, and access to information about caregiving: findings from a Portuguese study Ana Rita Pedro Portugal	Precision Health Promotion 📍 Conference Hall B - B Scoping Review to Understand the Conceptualization, Implementation and Practices of Health Promotion within the Context of Primary Healthcare in Africa Arnel Tassegning Mekountchou Cameroon Process Evaluation of a Tailored Intervention Based on Behaviour Change Theory to Improve Self-care Practices Among People Living with Type 2 Diabetes Mellitus: A Qualitative Exploratory Study Dr Saurabh Kumar Gupta Manmeet Kaur India The role of artificial intelligence in personalizing health promotion interventions: A narrative review of effectiveness, implementation challenges, and ethical considerations Progress Agboola Nigeria Advancing Precision Health Promotion through Pharmacogenomics: A Case Study of Cardiovascular Disease in India Ishita Goyal India	Health Literate Settings: Schools 📍 Conference Hall B - C Empowering Primary School Teachers for Health Promotion: Insights from a Cross-Sectional Pilot Study in Marrakech, Morocco Sarah Michaud Adil Mansouri Morocco Case Study: A Health Promoting School Built from a Conceptual Framework in Northeastern Italy. Lamia Channoufi Italy Bridging knowledge to action: Examining school management's implementation of WHO and UNESCO's Health Promoting School initiative in Abiekuma Central Municipality Muniratu Sackey Ghana
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DAY 2 (WEDNESDAY, 14TH MAY 2025)

TIME	TOPIC						
PARALLEL SESSIONS							
	Using artificial intelligence for the design, implementation, and evaluation of chronic disease prevention interventions: a scoping review James Kite Australia Moderator: Priya Balasubramaniam Singapore				Influence of subjective norm and perceived behavioural control on the intention to practice HIV post-exposure prophylaxis among frontline healthcare workers in the Volta region of Ghana Mabel Worlasi Dzenu Ghana Moderator: James Smith Australia	Advanced-Stage Presentation of Breast Cancer, Breast Self-examination, and Screening Uptake in Arab Countries: A Call to Action. Yasir Ahmed Mohamed Elhadi Ifhat Elbarazi UAE Moderator: Shu-Ti Chiou China	Health Promoting school: Impact of collective work on the quality of implementation and educational practices Marion Monier Didier Jourdan France Moderator: Diane Levin-Zamir Israel
PARALLEL SESSIONS							
11:45 – 13:15	Health and Wellbeing in all Policies: Workforce and Capacity Building Conference Hall B - D	Health Equity and Innovations in Access to Healthcare and Mental Health in Various Settings Capital Suite 5	Digital Health Innovations: Approaches and Tools Capital Suite 6	Integrating Adult Vaccination into Routine Care: Global & Local insights Capital Suite 7	Alternative Showing: New Technology Capital Suite 10	French Session Promotion de la santé et Communautés Capital Suite 12	French Session Equité en santé et ses Déterminants: Santé Sexuelle et Reproductive Capital Suite 13
	Workforce Capacity Building: Professional Identity Formation in Health Promotion Students Verena Biehl Karin Nordström Switzerland Enhancing nurses' Professional Quality of Life: Strategies for Addressing Nurse Burnout and Retention Zahra Mohamed A Mohamed UAE Strategic communication in health promotion - Reciprocal knowledge transfer in the development of real communication projects for public health practice Karin Nordström Switzerland	Silent Storms: The Unseen Impact of witnessing Domestic Violence on Children's Expressions of Anger in Limpopo Province. Cashline Nkdimeng South Africa Social determinants of Suicide in Rural South Asian Adolescents and Adults Prof. Syed Shah Dr. Bushra Ali UAE War, Displacement, and Mental Health: Striving for Health Equity Among Young IDPs in Sudan Fatima Elbasri Abuelgasim Mohammed UAE	A new paradigm for digital health capacity building: A case study from India Rukmani Keshav Himanshu Burad India The contribution of participatory actor mapping to understanding of whole systems Jane Wills UK BornFyne-PNMS Digital Approach for Health Promotion Arnel Tassegning Mekountchou Cameroon	Speaker: By ADPFC - GSK	The Big Food Map: A Citizen Science Project in Flanders Mapping the Subjective Food Environment using a Co-Created Mobile Application Suzannah D'Hooghe Jessie Van Kerckhove Belgium Transforming Nutrition Education: The Vegemil Method's Ecosystem Approach to Health Promotion and Literacy in Children Laura Holland Finland The power of Hip-hop: Revolutionizing planetary health and well-being Angela Valentine Oya Gilbert USA	Promotion du bien-être à l'école, « un temps suspendu » en situation de crise. Etude de cas en Nouvelle-Calédonie après les émeutes de mai 2024 Carmella Rebouillat (née Fernandes Da Rocha) France Mise en place du label école en santé sur le territoire des îles de Wallis et Futuna Dinh olivier Wallis and Futuna MOVE Ô : études du mode de vie des enfants océaniques Solène Bertrand-Protat New Caledonia 3 min pacific break: promouvoir l'activité physique en milieu professionnel Solène Bertrand-Protat New Caledonia	Evaluation de L'estime de Soi Chez Les Femmes Marocaines Ménopausées Oumaima Bounar Morocco Facteurs influençant le non respect du calendrier vaccinal dans la commune de Mananara Nord Madagascar Nantenaina Pierre Michael Madagascar Facteurs associés à la non-utilisation de contraception moderne chez les femmes en âge de procréer dans le 2ème arrondissement d'Antananarivo Nantenaina Pierre Michael Madagascar

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DAY 2 (WEDNESDAY, 14TH MAY 2025)

TIME	TOPIC						
PARALLEL SESSIONS							
11:45 – 13:15	<p>Exploring Key Factors Contributing to Physician Burnout in Portugal's National Health Service (SNS) and Interventions to Prevent and Mitigate it: A Delphi Study</p> <p>Catarina Raquel Ribeiro Simões Ana Rita pedro Portugal</p> <p>Faith-Based Spaces as Public Health Hubs: Integrating Age-Friendly Design and Vaccination Promotion in Muslim Communities</p> <p>Inon Schenker Israel</p> <p>Moderator: Marco Akerman Brazil</p>	<p>Migration and mental health: perspectives of women from Gilgit-Baltistan</p> <p>Shirien Yunus UAE</p> <p>Prospective acceptability of using mHealth interventions for oral health promotion in a sample of Egyptian women</p> <p>Mariam Ayman Amin Sharaf Reham Ibrahim Egypt</p> <p>Moderator: Bryce Brickley Australia</p>	<p>Pregnant women mapping and monitoring tool using SRHR-voucher referral systems for better sexual and reproductive health services applying Results Based Financing.</p> <p>Sam Labu Uganda</p> <p>The Effect of mHealth Interventions on Reducing Risk Factors for Metabolic Syndrome in Community Health Centers</p> <p>Hyekyeong Kim Jiwoo Chae Mijeong Kwon South Korea</p> <p>Moderator: Paolo Contu Italy</p>	<p>The Comprehensive Strategy for Healthy Living 2024-2030, Andalusia, Spain</p> <p>Pablo García Cubillana de la Cruz Spain</p> <p>The Climatic Dragon, a way to sensitize the individual and the collective.</p> <p>Marco Akerman Brazil</p> <p>Moderator: Dr. Aysha Al Dhaheri UAE</p>	<p>La création d'un réseau des écoles en santé du Pacifique : une innovation porteuse de promotion de santé et de renforcement de compétences entre les communautés des pays insulaires du Pacifique.</p> <p>Philippe Blarez French Polynesia</p> <p>Inclusion des personnes en situation de handicap dans les services de santé sexuelle et reproductive, défis pour une économie et une santé durables: Une revue de littérature.</p> <p>Zekauil Firdaus Morocco</p> <p>Moderator: Genevieve Vachon Canada</p>	<p>Mammographie de dépistage au Bénin : facteurs associés à l'adhésion des femmes de 40 à 75 ans de la ville de Tanguéta en 2024.</p> <p>KAKI Sotiré Ezéchiel Benin</p> <p>Moderator: Majda Sebbani Morocco</p>	
13:15 – 14:15	Break / Lunch & Poster Sessions		<p>Lunch with Author Changing the Game: Strengthening Health and Well-Being through Sport Event Roberto Bertollini Hatoun Saeb</p> <p>📍 Lunch Area</p>		<p>Qatar New frontiers in public health pedagogy: Exposing the political determinants of health. Manguerite Sendall UAE</p>		<p>Health Literacy in a Nutshell Don Nutbeam Australia</p>
SUB-PLenary							
14:15 – 15:45	<p>Unlocking Health Equity: The Power of Digital Innovation" Insights from the UAE for regional collaboration and convergence</p> <p>Chair: Priya Balasubramaniam, Cntr for Sustainable Health Innovations, Public Health Foundation of India Singapore</p> <p>Dr Muntaz Meeran Abu Dhabi Public Health Centre, UAE</p>	<p>Health Equity in the year of community</p> <p>Sponsored by MSD</p> <p>Theme 1</p> <p>Role of Patients Organizations in advancing Health equity within Cancer care. Time: 14:15 - 14:45</p> <p>Rashid Al Amiri Head of Communications, Friends of Cancer Patients UAE</p>	<p>Intervention Research as a Tool for Developing Health Promotion Research: Challenges and Perspectives</p> <p>Louise Potvin Canada</p> <p>Eric Breton Jérôme Foucaud Anne-Fleur Guillemin France</p>	<p>La Equidad: Una Necesidad Urgente En Iberoamerica. Abordaje Desde Los Determinantes Sociales De La Salud</p> <p>Paola Ardiles Chile Canada</p> <p>Marco Akerman Brazil</p> <p>Carmen Gallardo Pino Spain</p> <p>Moderator: Martin Zemel Argentina</p>	<p>Corporate Wellbeing: The New business ROI</p> <p>Mansoor Habib Aysha Ibrahim Al Dhaheri Souheila Ali Hassan UAE</p> <p>Moderator: Sehr Barakat UAE</p>	<p>Towards Healthy Dry Cities: Insights and Strategies</p> <p>Roberto Bertollini Lynne Kennedy Qatar</p> <p>Ruediger Krech WHO</p> <p>Moderator: Hatoun Saeb Qatar</p>	<p>Sponsor's Symposium</p> <p>Health Transformed: How Early Diagnosis, Access and Innovation Shape the Future</p> <p>by PHRMAG</p> <p>Speaker: Pedros Matos Rosa</p>
<div>● Conference Hall A - A</div> <div>● Conference Hall A - B</div> <div>● Conference Hall A - C</div> <div>● Conference Hall A - D</div> <div>● Conference Hall B - A</div> <div>● Conference Hall B - B</div> <div>● Conference Hall B - C</div> <div>● Conference Hall B - C</div>							
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DAY 2 (WEDNESDAY, 14TH MAY 2025)

TIME	TOPIC							
SUB-PLenary								
14:15 – 15:45	<p>H.E. Dr. Ibrahim Al Jallaf, Executive Director of Digital Health at the Department of Health, Abu Dhabi, UAE</p> <p>Dr. Sanghmitra Pati Additional Director General, (In Charge) The Indian Council of Medical Research (ICMR), GoI, India.</p> <p>Mr. Omar Najim Founder and Chairman, BeehiveX, Abu Dhabi</p> <p>Dr. Vidya Velgipudi Senior Vice President - M42</p> <p>Dr. Ashoo Grover Director General Senior Grade, ICMR</p> <p>Conference Hall A - A</p>	<p>Theme 2 Towards Leading Role in Advancing the Cancer Care. Time: 14:45 - 15:45</p> <p>Panelist: Dr. Mariam Al Wahedi Director of the Community Health Department, ADPHC, Abu Dhabi</p> <p>Dr. Aydah Al Awadhi Consultant Medical Oncologist at Sheikh Shakhboub Medical City, Abu Dhabi, UAE</p> <p>Majed Mohamed Head of Community Engagement & Advocacy Department, Friend of Cancer Patients UAE</p> <p>Conference Hall A - B</p>	Conference Hall A - C	Conference Hall A - D	Conference Hall B - A	Conference Hall B - B	Conference Hall B - C	Conference Hall B - C
15:45 – 16:00	Coffee Break & Poster Sessions							
WORKSHOP / SYMPOSIUMS / ROUNDTABLE								
16:00 – 17:30	<p>Recognizing the Potential of Promoting Health and Well-Being through Health Literacy: Think Globally, Act Locally. (RT)</p> <p>Orkan Okan Germany</p> <p>Faten Ben Abdelaziz Switzerland</p> <p>Samar Elfeiky Egypt</p> <p>Kristin Sørensen Denmark</p> <p>Diane Levin-Zamir Israel</p> <p>Conference Hall A - A</p>	<p>The Commercial Determinants of Health in the Arab Gulf States- Lessons and Opportunities derived from WHO Europe report on Commercial Determinants of Health (WS)</p> <p>Dr. Sara El Khadra UAE</p> <p>Mariam Al Karbi UAE</p> <p>Dr Roberto Bertollini Qatar</p> <p>Conference Hall A - B</p>	<p>Health Literacy in Settings & Groups: Culture, Demographics, and Inequities (SYMP)</p> <p>Thomas Abel Switzerland</p> <p>Carmel Bouclaous Lebanon</p> <p>Don Nutbeam Australia</p> <p>Stephan Van den Broucke Belgium</p> <p>Conference Hall A - C</p>	<p>Health Promoting Schools in Fiji: Transforming Local Food Systems through School Food and Nutrition Activities (RT)</p> <p>Ateca Soleinalaca Vucago Kama Fiji</p> <p>Conference Hall A - D</p>	<p>Outil sur la production des effets de l'action intersectorielle régionale destinée à ses gestionnaires et praticiens : Exemple du financement des actions de COSMOSS (WS)</p> <p>Kossi Eden Andrews Adandjesso Louise Potvin Canada</p> <p>Conference Hall B - A</p>	<p>The Impact of Climate Change on NTDs: Lessons from Africa on Advancing Health for Youth and Women in Crisis Zones (RT)</p> <p>Fatima Elbasri Abuelgasim Mohammed UAE</p> <p>Conference Hall B - B</p>	<p>Research With, Not On: Co-Creating Knowledge with Children and Adolescents (WS)</p> <p>Ursula Griebler Austria</p> <p>Research With, Not On: Co-Creating Knowledge with Children and Adolescents</p> <p>Jessie van Kerckhove Belgium</p> <p>Conference Hall B - C</p>	
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DAY 2 (WEDNESDAY, 14TH MAY 2025)

TIME	TOPIC					
16:00 – 17:30	Human-Centered Learning: Empathy-Driven Exploration, Metacognitive Skill-Building, and Persuasive Psychological Principles Integration (WS) Wafaa El Zaarani Iffat El Barazi UAE	Health Literacy Without Borders: Universal Solutions for Global Health (WS) Stan Hudson USA	Promotion de la Santé: Renforcer les Capacités Pédagogiques des écoles pour Promouvoir la Santé et le bien-être des élèves. (WS) Didier Jourdan France	Using Join-in-Circuit on HIV, Love and Sexuality as an Interactive Method to Influence Positive Behavioural Change Among People in Different Settings. (WS) Priscilla Choolwe Muzumba Mulanda Joseph Mulawa Zambia	Redes de promoción de la salud en diferentes entornos vinculados con la Oficina Regional para América Latina (ORLA) de la UIPES (RT) Martín Zemel Argentina	Creating Common Ground in a Fragmented Educational Landscape - Health Promotion Capacity Building in Switzerland (SYMP) Verena Biehl Switzerland
	Conference Hall B - D	Capital Suite 5	Capital Suite 6	Capital Suite 10	Capital Suite 12	Capital Suite 13
18:30 – 22:00	Gala Dinner					

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DAY 3 (THURSDAY, 15TH MAY 2025)

TIME	TOPIC						
08:00 – 09:00	Registration						
PLENARY SESSION							
09:00 – 10:00	Planetary Settings for Health Promotion						
Dr. Nawal Al Kaabi HayatBiotech							
Haik Nikogosian Graduate Institute Geneva - Switzerland							
Tara Chen University of Waterloo, Department of Geography and Environmental Management - Canada							
Albarah ElKhani Senior Vice President of Operations - M42 - UAE							
Moderator: Dr Sione Tu'itahi Health Promotion Forum of New Zealand (HPF) - New Zealand							
10:00 – 10:10	Break / Movement to Rooms						
PARALLEL SESSIONS							
10:10 – 11:25	Planetary Health: Water, Climate and Systems Changes (1) Conference Hall A - A Development of a Planetary Health Online Course based on an Online Survey of Students in Health-, Environment-, and Sustainability-Related Programs. Mirna Al Masri Germany Assessment of Workers' Perception Towards Hazards in Zambia Anthony Phiri Zambia	Health and wellbeing in all policies (3) Conference Hall A - B Protecting Public Health Using TRIPS Flexibilities: Indonesia's Approach to Compulsory Licensing Amid Policy Constraints Robiatul Adawiyah Australia Tracking Progress in NCD Policy, Legislation, and Program Implementation: A Follow-Up Study in Pacific Island Countries. Si Thu Win Tin Fiji Making sense of the rise in violence against doctors in India Mayuri Samant India	Health Literate Settings, Schools, Healthcare, Communities and beyond Conference Hall A - C Evaluating dimensional structure and validity of a shortened Italian version of HLS-EU-Q47 through network analysis Sara Maria Pani Italy Children and adolescents as co-researchers to develop a conceptual model of health literacy Ursula Griebler Austria Orkan Okan Lisa Stauch Germany	Health Equity, Community and Prevention (approaches) Conference Hall A - D Safe Community Approach to Injury Prevention Michal Grivna UAE Exploring wellbeing and sense of coherence in French-speaking women with breast cancer: An international cross-sectional study Adil Mansouri Sarah Michaud Morocco Impact of generalization of compulsory health insurance "AMO" on continuity of care for breast cancer patients treated at the Oncology Center of the CHU Mohammed VI-Tangier between September 2022 /2023 Bouzini Ghizlan Morocco	Health Equity and Wellbeing Conference Hall B - A Let's talk evaluation: how commissioning shapes Indigenous health & wellbeing evaluations and broader implications for funding an Australian perspective. James Smith Australia Validation of the Polish Sense of Coherence Scale and its associations with socio-demographic, health and well-being outcomes Magdalena Wrzesińska Poland Enough Talk, Time for Action: Co-design of a Social and Emotional Wellbeing Program for Aboriginal and Torres Strait Islander Males in a Very Remote Community of the Northern Territory, Australia Bryce Brickley Cameron Strokes Australia	Health Literate Settings: Drug, Alcohol, Tobacco Use and Education Conference Hall B - B Neighborhood environment: Analysis of the physical availability and affordability of alcoholic beverages, tobacco and tobacco products in three regions Antsiferova Aleksandra Russia Cultural practice or public health threat? Tackling midweek dependency and promoting tobacco cessation among young males in the UAE Basema Saddik UAE Controlling hazardous content on social media: Australian e-cigarette case study Justine Leavy Australia	One Health: Ecohealth, Human and Animal Health (1) Conference Hall B - C Frequency And Antifungal Susceptibility Pattern Of Candida Species In Different Clinical Isolates Muhammad Ali Malik Pakistan Integrating One Health Approach: A Multifaceted Approach to Combat Antimicrobial Resistance and Priority zoonotic diseases Through a Multimedia SBC Campaign. Mwanaisha Simba Tanzania Potential and challenges of using Ecohealth approach in opisthorchiasis prevention education in schools in Lao PDR Sachi Tomokawa Lao People's Democratic Republic

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DAY 3 (THURSDAY, 15TH MAY 2025)

TIME	TOPIC						
	PARALLEL SESSIONS						
10:10 – 11:25	<p>The Contribution of the Qatar Healthy Cities Programme to Advancing the Sustainable Development Goals in Qatar</p> <p>Rayan Sheik Hatoun Saeb Qatar</p> <p>Moderator: Dr. Mahesh Bhatt</p>	<p>Vietnamese early career doctors: Alcohol-related perceptions and behaviour changes after graduation.</p> <p>Marguerite Sendall UAE</p> <p>Moderator: Faten Ben Abdel Aziz UAE</p>	<p>The use of Digital Health Resources and Digital Health Literacy among Older Adults</p> <p>Diane Levin-Zamir Israel</p> <p>Moderator: Orkan Okan Germany</p>	<p>The 'Community of Practice' Approach: What does it Add to Community-Centred Health Promotion?</p> <p>Dr Thomas Mills UK</p> <p>Moderator: William Datema USA</p>	<p>Predictors of Well-Being Among Adults in Germany – Results from a representative Cross-Sectional Panel Survey</p> <p>Fretian Maria Alexandra Orkan Okan Germany</p> <p>Moderator: Karin Nordström Switzerland</p>	<p>Prevalence, Drug Education and Associated Factors of Current Illicit Drug Use Among a Nationally Representative Sample of School-Aged Adolescents in the Philippines in 2019</p> <p>Karl Peltzer South Africa</p> <p>Moderator: Dr Amal Alzahrani UAE</p>	<p>Investigating the Risk of Zoonotic Pathogen Spillover at the Human-Animal Interface in a Biodiversity Hotspot in Ibarapa District of South-Western Nigeria: A Mixed-Method Study</p> <p>Yusuf Habeeb Oladipo Nigeria</p> <p>Moderator: Gala Bertarelli Italy</p>
10:10 – 11:25	<p>Health Emergency Responses: Pandemics, Crisis and Health Promotion</p> <p>● Conference Hall B - D</p> <p>Health System Response to Health Emergencies in Low-and Middle-Income Countries: A Systematic Review</p> <p>Sally Baaba Owusu-Addo Ghana</p> <p>Cholera outbreak and its transmission risk factors in northwestern Tanzania during flooding: Lessons from a matched case-control study</p> <p>James Chrispin Tanzania</p>	<p>Alternative Showing: Art</p> <p>● Capital Suite 5</p> <p>Digital artistry in practice: A multimedia journey through relational employability for health promotion</p> <p>Dr Elizabeth J. Cook Ruth Wallace Australia</p> <p>Mana Whānau: Empowering families through Indigenous knowledge and belonging</p> <p>Angelique Reweti New Zealand</p>	<p>Health and Wellbeing in all policies (1) / Innovations</p> <p>● Capital Suite 6</p> <p>Health literacy is a human right concern</p> <p>Kristine Sørensen Denmark</p> <p>Contractor Well-Bing, Revealing new insights with advanced technology</p> <p>Fatima Turki Saudi Arabia</p> <p>Exploring potential for physical activity promotion through professional volunteering in Australian physiotherapists: a national survey</p>	<p>French Session: Innovations en santé et nutrition</p> <p>● Capital Suite 10</p> <p>IrecaLL24 : une application numérique pour évaluer les consommations alimentaires des populations des îles du Pacifique</p> <p>Solène Bertrand-Protat New Caledonia</p> <p>Au-delà des étoiles : un programme digital pour promouvoir une alimentation saine chez les enfants de 10-12 ans</p> <p>Solène Bertrand-Protat New Caledonia</p>	<p>Policies, Innovations and Healthcare Systems</p> <p>● Capital Suite 12</p> <p>Health Equity in India for Socially disadvantaged groups: Role of Healthcare Innovation and Government Initiatives.</p> <p>Ritika Kapoor India</p> <p>Bridging Evidence and Community Voice: Applying Causal Process Tracing Theories of Change for Sustainable Policy, Systems, and Environment Strategies in Public Health</p> <p>Cherylee Sherry USA</p>	<p>French Session Actions et gouvernance intersectorielle et interorganisationnelle</p> <p>● Capital Suite 13</p> <p>La pérennisation de l'innovation en matière de financement des actions intersectorielles favorables à la promotion de la santé au Québec : Cas du COMOSS dans la région Bas-Saint-Laurent</p> <p>Kossi Eden Andrews Adandjesso Canada</p> <p>Freins et leviers pour la gouvernance de la transition socioécologique des systèmes alimentaires territoriaux : Le cas de la Mauricie, Québec</p>	

DAY 3 (THURSDAY, 15TH MAY 2025)

TIME	TOPIC					
PARALLEL SESSIONS						
11:45 – 13:00	Health Literate Settings, Schools, Healthcare, Communities and Beyond	School Settings: Innovations and Transformations	Climate Change and Health Promotion in Various Settings	Health literacy and Mental Health	Sponsor Session	Spanish Session
	● Conference Hall B - C	● Conference Hall B - D	● Capital Suite 5	● Capital Suite 6	● Capital Suite 7	● Capital Suite 10
	Medical Misinformation during consultations Jane Willis UK Factors associated with self-reported healthy lifestyle among Indonesian adults with diagnosed diabetes: Analysis of the National Health Survey Siti Isfandari Indonesia The Role of the Perceived Peri-Urban Environment in Physical Activity and Healthy Eating Among Adults in Socioeconomically Disadvantaged Situations Suzannah D'Hooghe Belgium Moderator: Stephan Van den Brouck Belgium	"Implications of Artificial Intelligence on Health Promotion Awareness Among School Students: A Systematic Review" Nada Hassan UAE Advancing the Role of School Nurses: Addressing Challenges in Supporting Children with Complex Medical Care Needs Ikuko Tomomatsu Japan InfoSuraksha: Promoting Social Media Literacy Among School Communities in India Bhavna B. Mukhopadhyay India Effect of Disclosing Influencer Marketing on High School Students' Digital Marketing Literacy, Resistance, Brand Preference, and Intention of Purchase and Use in Taiwan Tzu-Fu Huang Taiwan Moderator: Caroline Barakat Canada	Reinventing School Yards in the Era of Climate Change: Challenges and Opportunities through Teachers' Perspectives and Practices from a Tokyo-wide Elementary School Survey Mitsunari Terada Ryo Tanaka Akiko Shikano Shingo Noi Japan Mental Health at the Intersection of Climate Change and Conflict: Lessons from Sudan Fatima Elbasri Abuegasim Mohammed UAE Study of conceptual synergies of climate change solutions and spirituality in health promotion to solve health consequences of climate change. Mahesh Bhatt India Women's Health Implications of Food Security and Climate Change Yusuf Tajudeen Nigeria Moderator: Paolo Contu Italy	The relationship between mental health knowledge, attitudes, and student participation in peer education activities Ira Nurmala Indonesia Mental health literacy and practices among perinatal healthcare professionals in the United Arab Emirates: A Qualitative study Rouwida Elkhalil UAE Unveiling the Links Between Preschoolers' Temperament, Parenting Styles, and Mental Health Cheng-Chieh, Chu Taiwan Effect of Nature Exposure Activities on Mental Health Outcomes among Adolescents in Kuching, Sarawak: A Quasi-Experimental Study Rosalina Saimon Malaysia Moderator: Ruba Tabari UAE	Driving Innovation in Lung Cancer: A Precision Medicine Approach in EGFRm NSCLC Dr. Dalia Elshourbagy UAE Dr. Hassan Jaafar UAE	Fortalezas de la articulación intersectorial en las políticas y prácticas de promoción de la salud en entornos escolares vulnerables Martin Zemel Argentina Sumak Kawsay y salud: una revisión narrativa sobre bienestar integral y sostenibilidad Grace Elizabeth Revelo Motta Colombia Equidad en salud bucal: caracterización de determinantes sociales en los entornos de pacientes que asisten a un centro odontológico universitario argentino Martin Zemel Argentina Formación de enfermeras en educación sexual para adolescentes Livis Keismanas de Ávila Brazil Moderator: Martin Zemel Argentina

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DAY 3 (THURSDAY, 15TH MAY 2025)

TIME	TOPIC						
13:00 – 14:00	Lunch With Author/Blogs (Others)	Lunch with Author Promouvoir la santé des jeunes générations à travers la littérature : une série de livres pour enfants adaptés au contexte du Pacifique Solène Bertrand New Caledonia	Salubriam: Utopías sobre la promoción de la salud Nelson Enrique Rodriguez Sanchez Colombia Meet the Editors of the Journal Global Health Promotion Ana Gherghel Canada	Diane Levin-Zamir Israel Marguerite Sendall UAE			
SUB-PLENARY							
14:00 – 15:30	Advancing Health and Development in the Pacific: Addressing NCDs, Health Security, and Climate Resilience Presenters: Collin Tukuitonga New Zealand Reynold Ofanoa Tonga Jemesa Tudravu Fiji Moderators: Viliami Puloka New Zealand Si Thu Win Tin Fiji	Sponsor's Symposium	The political determinants of health: Progressing the global agenda. (WS) Marguerite Sendall UAE	Health Promotion Through Collaborative Initiatives in Healthy Settings: Perspectives from the Gulf Region Ali Hasan Alaradi Nouf Khames Mohammad Tariq Mousa Saudi Arabia	Sponsor's Symposium		
	📍 Conference Hall A - A	📍 Conference Hall A - B	📍 Conference Hall A - D	📍 Conference Hall B - A	📍 Conference Hall A - C		
15:30 – 16:00 Coffee break & Poster Sessions							
WORKSHOP / SYMPOSIUMS / ROUNDTABLE							
16:00 – 17:30	Young Covid Warriors and the Future – Lessons from Contributions of Health Care Professional Students During Covid-19 Pandemic and Way Forward (RT) Dr Chinnu Sara Varughese India	A call to action from Asia for the Promotion and for Future Co-Innovation of Planetary Health in Schools and Communities (SYPM) Sachi Tomokawa Japan	Harnessing Digital Platforms for Health Promotion, Emergency Preparedness and Response in Tanzania Simon M. Nzilibili Tanzania	To Discuss Intersectoral Management of Public Policies in African Countries: Any Special Messages from Portuguese-Speaking Countries? (WS) Marco Akermam Brazil	School Health Literacy Perspectives: Personal, Professional, and Organizational Health Literacy in Educational Settings – New Evidence for Precision Health Promotion (SYPM) Orkan Okan Lisa Stauch Marlene Meyer Cara Krudewig Germany	Strengthening Global Community Health Practice through Online Learning (WS) Goof Buijs Silvia de Ruiter France	Building Salutogenic, Climate Resilient and Equitable Neighborhoods in the Middle East and Mediterranean Region (WS) Lynne Alexandra Kennedy Qatar Paolo Contu Italy
	📍 Conference Hall A - A	📍 Conference Hall A - B	📍 Conference Hall B - A	📍 Conference Hall A - D	📍 Conference Hall A - C	📍 Conference Hall B - B	📍 Conference Hall B - C

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DAY 3 (THURSDAY, 15TH MAY 2025)

TIME	TOPIC			PARALLEL SESSIONS	
	WORKSHOP / SYMPOSIUMS / ROUNDTABLE				
16:00 – 17:30	<p>What Competencies does AI Mobilize or Develop in Higher Education in an Innovative and Sustainable Way (WS)</p> <p>Jihane Labib Morocco</p>	<p>Transformative Health Incentivisation for Planetary Wellbeing (WS)</p> <p>Ushma Issar Netherlands</p>	<p>The Marriage of Emotional Regulation Psychology with its Physiology: A Perspective of the Human Mind and Body from Outside In and Inside Out (WS)</p> <p>Dr Sahira Mahmood Ruba Tabari UAE</p>	<p>One Health: Ecohealth, Human and Animal Health (2)</p> <p>Four case studies translating science into policy and practice to address environmental degradation and climate change impacts on One health – the PLANET4HEALTH project.</p> <p>Gaia Bertarelli Italy</p> <p>Health and environmental literacy, pro-environmental behaviour and the well-being of French students</p> <p>Fleur Delebarre France</p> <p>Multivariate Statistics of Infectious Disease - Examples from COVID-19 pandemic of Nepal</p> <p>Jyoti U. Devkota Nepal</p> <p>Moderator: Dr. Aysha Al Dhaheri</p>	<p>Health Literate Settings and Prevention</p> <p>Promoting Cancer Prevention in the UAE: An Integrated Assessment of Cancer Health Literacy, Screening Practices, and Barriers to Health-Seeking Behaviors</p> <p>Zufishan Alam Jiffat Elbarazi UAE</p> <p>Harnessing Lifestyle Coaching and Technology: A Workplace-Based Approach to Diabetes Prevention</p> <p>Teresa Cheng-Chieh, Chu Ying-Wei Wang Tse-Chyang Wang Taiwan</p> <p>Risk factors for cardiovascular diseases in people of working age: results of a survey of employees on the Atria platform</p> <p>Antsiferova Aleksandra Russia</p> <p>Adapting Patient Navigation for People with Mental Ill-Health in Primary Cancer Prevention: A participatory approach in the EU CO-CAPTAIN Horizon Project.</p> <p>Aneta Andrzejczak Poland</p> <p>Employees' and managers' views on health promotion interventions to prevent overweight and obesity among Polish healthcare and industrial shift workers - findings from the EU Shift2Health project.</p> <p>Magdalena Wrzesińska Poland</p> <p>Moderator: Ana Gherghel Canada</p>
	Conference Hall B - D	Capital Suite 5	Capital Suite 6	Capital Suite 10	Capital Suite 13

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DAY 4 (FRIDAY, 16TH MAY 2025)

TIME	TOPIC			
08:00 – 09:00	Registration			
	PARALLEL SESSIONS			
09:00 – 10:30	<p>Health Promoting Settings: Universities (2)</p> <p>Conference Hall A - A</p> <p>Designing a Collaborative Postgraduate Programme in Health Promotion and Communication at an African University</p> <p>Allan Ssemuusi Uganda</p> <p>The Development of Health Promoting Universities in More than Fifty Campuses in Indonesia</p> <p>Yayi Suryo Prabandar Indonesia</p> <p>Analysis of the Relationship between Independent Learning- Campus Independence Activities and Family Problem on the Level of Depression for Student College</p> <p>Kurnia Dwi Artanti Indonesia</p> <p>Health and Wellbeing in the Context of Health-Promoting University Initiatives: Qatar University as A Case Study</p> <p>Lynne Kennedy Qatar</p> <p>Moderator: Ursula Griebler Urula</p>	<p>Health and Wellbeing in all Policies (4)</p> <p>Conference Hall A – B + C</p> <p>Illusion of Safety: Reduced Injury Risk Perception Among Emirati Quad Bikers</p> <p>Preetha Menon Karuveetil UAE</p> <p>Establishing a Regional Framework to Strengthen Non-Communicable Disease Legislation in the Pacific: From Framework to Action.</p> <p>Amerita Ravuvu Fiji</p> <p>Gambling regulation in Ghana – a public health perspective</p> <p>Emmanuel Badu Australia</p> <p>IUHPE Course Accreditation and Practitioner Registration: Progressing workforce regulation for professionalisation.</p> <p>Marguerite Sendall UAE</p> <p>Moderator: Marguerite Sandall UAE</p>	<p>New Settings for Health (Promotion) Innovation & Equity</p> <p>Conference Hall A - D</p> <p>Gender differences in sociocultural determinants of inappropriate antibiotic use in Southwestern Nigeria: Implications for health promotion strategies in antimicrobial stewardship interventions</p> <p>Oluwafemi J. Adewusi UK</p> <p>Exploring health literacy levels in informal caregivers: findings from the Portuguese reality</p> <p>Ana Rita Pedro Portugal</p> <p>Depression among Outpatients with Diabetic Peripheral Neuropathy: Prevalence and Associated Factors</p> <p>Besher Gharaibeh Jordan</p> <p>Knowledge, Attitude, and Practice on NCD Prevention and Control at the Primary Level in Fiji.</p> <p>Helen Maria Tawakilai Fiji</p>	<p>Health Promoting Schools</p> <p>Capital Suite 5</p> <p>Creating a Whole of School Approach to Healthy Eating and Drinking: Implementing the Council of Australian Governments (COAG) Health Council's Good Practice Guide in Western Australian Schools</p> <p>Aialing Dempsey Australia</p> <p>Developing Healthy Weight Promoting Strategies for Elementary Schools in Taiwan: Practice Experiences from Health Promoting Award Schools</p> <p>Fu-Li Chen Chiao-Wen Huang Taiwan</p> <p>Mapping Health Promoting Schools in the African Region: Towards a Comprehensive Approach for Planetary Health and Wellbeing</p> <p>Aminata Grace Kobia Congo</p> <p>School-Based Intervention for Raising Awareness of Air Pollution and Its Health Consequences: A Curriculum Development</p> <p>Merita Berisha Zana Shabani Isenaj Kosovo</p> <p>Holistic and integrated health promotion approach in schools: ongoing pilot case in Lithuania</p> <p>Kastytis Šmigelskas Lithuania</p> <p>Moderator: Mirna Al Masri UAE</p>
10:30 – 10:45	Coffee Break			

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DAY 4 (FRIDAY, 16TH MAY 2025)

TIME	TOPIC		
	PARALLEL SESSIONS		
10:45 – 12:15	Sexual and reproductive health and education in school settings Conference Hall A - A Improving Sexual and Reproductive Health Knowledge in Moroccan Primary Schools: Outcomes of an Educational Proactive Workshop Sarah Michaud Morocco Determinants of risky sexual behaviours among tertiary students in the Hohoe Municipality, Ghana. Dennis Kwaku Mawuli Ghana Adolescent boys' sociocultural beliefs and attitudes toward menstruation in selected high schools in Ghana: Mediation and moderation effect of knowledge Israel Wuresah Ghana Parents' perceptions of children's health threats: Changes from 2015 to 2023 and the impact of recent crises' impacts at home and school Hanna Putkonen Finland Moderator: Fretian Maria Alexandra Germany	Health Literate Setting for Children and Youth Conference Hall A - B + C A Tool for Embedding Health Promotion in Complex University Settings Dr Patricia Taylor Australia Initiating Georgian Universities' Commitment to the Okanagan Charter George Bakhturidze Georgia Kindergarten as a Health Promoting Setting for Addressing Obesity: Is It Feasible? Dr. Ronit Jakobovich Israel Raising Awareness, Developing Competence: A Mixed-Methods Evaluation of a Pharmacy Student-Led Breast Cancer Campaign Targeting Secondary Schoolgirls in the UAE Maram Abbas UAE Moderator: Souheila Ali Hassan	Digital Health Transformation (AI, big data, digital equity, tools and stewardship) (2) Conference Hall A - D Artificial Intelligence in Surgery. Is it all Sunshine and Roses? A Quantitative Analysis of the Perceived Ethical Issues within the World Society of Emergency Surgery Francesca Dal Mas Stefano Camprostrini Italy Exploring Older Adults' Perspectives and Acceptance of AI-Driven Health Technologies: A Qualitative Study Wong Kwan Ching Arkers Hong Kong Scaling-Evidence-based strategies for tackling chronic conditions through dietary changes: A case study from Fiji Gade Waqa Fiji Deep Learning for Depression Detection: A Comprehensive Scoping Review of Techniques, Challenges, and Opportunities Sahil Na India
12:15 – 13:00	Closing Ceremony		
13:00 – 14:00	Lunch		
	End of Conference		

2. 發表簡報

25th IUHPE WORLD CONFERENCE
ON HEALTH PROMOTION
11-15 MAY 2023, DUBAI, UNITED ARAB EMIRATES

Developing Healthy Weight Promoting Strategies
for Elementary Schools in Taiwan: Practice Experiences
from Health Promoting Award Schools

Presenter: **Fu-Li Chen**
Professor, Fu-Jen Catholic University, Taiwan
Project host: Health Promoting School Featured Award Program
E-mail: 200444@mail.fju.edu.tw



25th IUHPE WORLD CONFERENCE
ON HEALTH PROMOTION
11-15 MAY 2023, DUBAI, UNITED ARAB EMIRATES

RESEARCH TEAM

- **Fu-Li Chen** (Project host)
Professor, Department of Public Health, Fu-Jen Catholic University, Taiwan, R.O.C.
 - **Chao-Chun Wu**
The Director-General, Health Promotion Administration, Ministry of Health and Welfare, Taiwan, R.O.C.
 - **Shu-Li Chia**
The Deputy Director-General, Health Promotion Administration, Ministry of Health and Welfare, Taiwan, R.O.C.
 - **Chiao-Wen Huang**
Researcher, Health Promotion Administration, Ministry of Health and Welfare, Taiwan, R.O.C.
 - **Ya-Fang Hsu**
Associate Technical Specialist, Health Promotion Administration, Ministry of Health and Welfare, Taiwan, R.O.C.
- The Health Promoting Schools Featured Award Program is funded by the Health Promotion Administration, Ministry of Health and Welfare, Taiwan, R.O.C. from the tobacco Health and Welfare surcharge



01.INTRODUCTION



History of Taiwan Health Promoting School Policy

HPS 1.0 (2002 - 2009)

- Health Promoting School Plan was launched by Health Promotion Administration, Ministry of Health and Welfare (HPA, former Bureau of Health Promotion, Department of Health) and Ministry of Education(MoE) in 2002.
- Established a supportive network and social marketing strategies were adopted to enhance schools' participation.

HPS 2.0 (2010 - 2019)

- Evidence-based HPS practice was evolved.
- Oral care, vision care, healthy weight, tobacco control and the outcome indicators have been established
- Taiwan HPA established the accreditation of health promotion school standards and monitor mechanism .

Resource: 1. <https://www.hpb.hsa.gov.tw/> ; 2. <https://hea.hpb.hsa.gov.tw/edu/ta/ta/en/taiwan>



Obstacles in Taiwan's promotion of HPS

- The local government provided schools with insufficient resources.
- Lack of effective training strategies to enhance human resource.
- The school principal support is insufficient
- Insufficient communication on health promotion among teachers and parents.
- Insufficient of monitoring and evaluating effectiveness for HPS program.

5



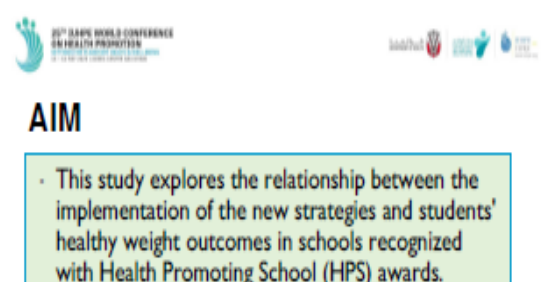
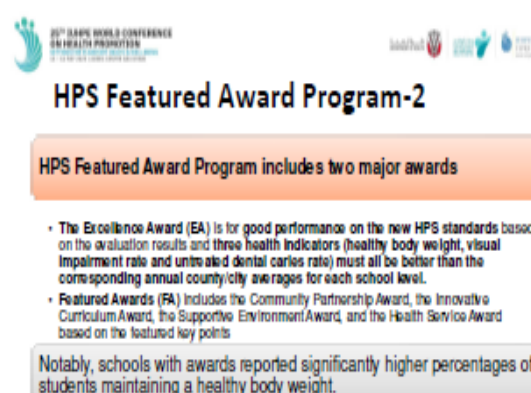
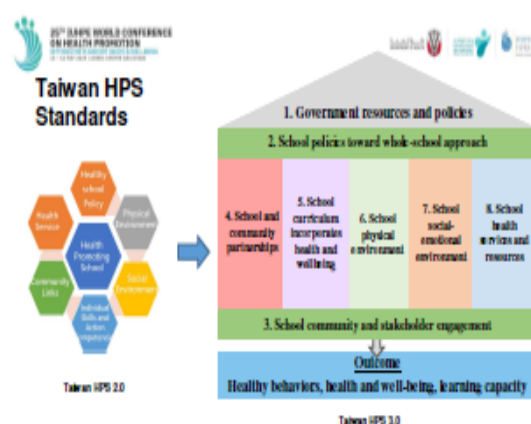
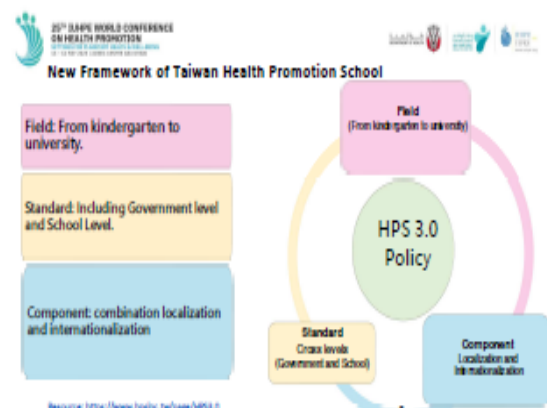
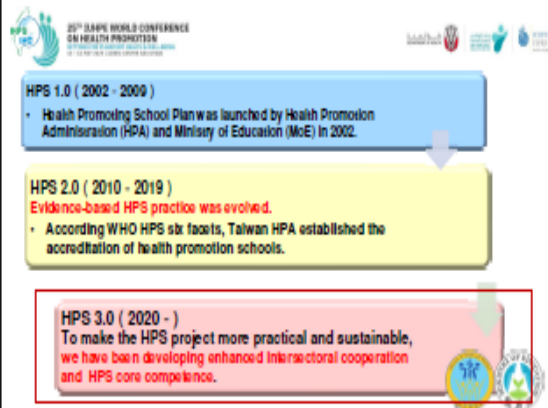
Revised standards for Taiwan HPS-based on HPS Global Standards of WHO

2021, WHO and UNESCO launched a new initiative-"Making Every School a Health Promoting School"

Reference basis for Taiwan HPS2.0

Fig. 3. Relations among global standards for health promoting schools





02. INTERVENTION

Initial participants & Procedure

A total of 200 participating schools in 2023 and 2024.

This program organized a review committee to evaluate the participating schools performance.



Participants

- 84 elementary schools received awards
 - The Excellence Award (EA) : 48 schools
 - The Featured Award (FA) : 36 schools
- 64 high-performing healthy body weight schools were selected for strategy analysis.

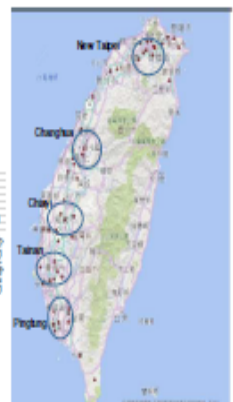
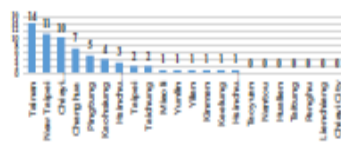
Data analysis

- Geographic Information System (GIS) was used to map the distribution of awarded schools across counties and cities.
- Content analysis was conducted to examine and categorize the strategies documented in award-winning schools' reports.
- Findings were presented as percentage distributions to illustrate the prevalence of identified strategies.

03. RESULTS

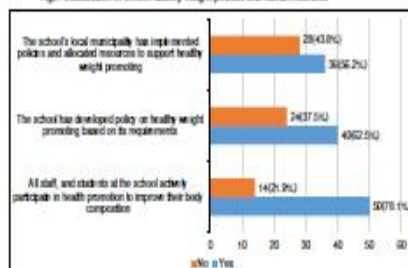
BASIC INFORMATION

Fig1. Distribution of Awarded Schools by county and city



STRATEGIES-I. School policies and human resource input in healthy weight program

Fig 2. Distribution of School healthy weight policies and human resource



STRATEGIES-II. The Principal's Role in Empowering the Whole School Community to Promote Healthy Weight

Table 2. School Principal Leadership in the promotion of healthy weight program

Award Schools	Yes (%)	No (%)
Excellence Award	27 (69.2)	12 (30.8)
Featured Award	3 (12.0)	22 (88.0)
Total	30 (46.9)	34 (53.1)



Fig 3. Principal leads faculty and staff in implementing HPS program

STRATEGIES-III. Healthy Weight Program Aligned with the MOE's "PERMA PLUS" Mental Health Policy

Figure 4. The results of Healthy Weight Program aligned with the "PERMA PLUS" program

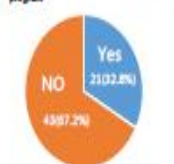
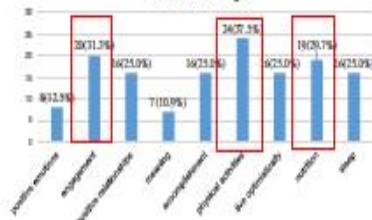


Figure 5. The distribution of awarded schools' application of the "PERMA PLUS" various strategies



Eg. Promoting students' physical activities



Fig 6. Designing outdoor education using the natural environment to promote physical activity



Fig 7. Students regularly conduct running activities

STRATEGIES-IV. School-community Resource Integration

Table 3. Engagement of parents and community resources in promoting students' healthy weight

Item	N (%)
The school collaborates with parents	
Yes	54 (84.4)
No	10 (15.6)
The school collaborates with local community enterprises	
Yes	24 (37.5)
No	40 (62.5)



Fig 8. School involve parents to advocate for sugar reduction and healthy eating



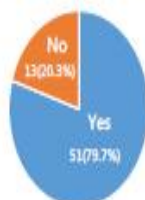
Fig 9. School collaborates with breakfast shops to promote sugar reduction and advocate healthy food choices for children

STRATEGIES-V. Integration of health issues into related educational activities

Figure 10. Incorporating healthy weight issue into formal course



Figure 11. Incorporating healthy weight issue into informal course



STRATEGIES-V-1 Integration of innovative strategies into health education curricula

Table 4. School health education integrates innovative teaching strategies

Innovative teaching strategies	N(%)
Yes	41 (64.1)
No	23 (35.9)



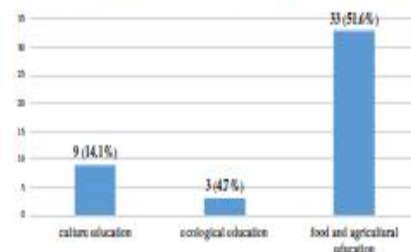
Fig.10 Using AI in the curriculum to enhance learning motivation



Fig.11 An alternative outdoor teaching space for teachers—mobile classrooms in the corridor

STRATEGIES-V-2 Embedding healthy weight issues in interdisciplinary education

Figure 12. Integrate healthy weight issue into culture education, ecological education, food and agricultural education



STRATEGIES-VI. Building a supportive environment

Table 6. The schools establish a supportive environment

Supporting Environment	N(%)
Yes	47 (73.4)
No	17 (26.6)



Fig.13 Local farming professionals to promote school food and agriculture education initiatives



Fig.14 Students utilized their learning from food and agriculture education to prepare meals for their teachers



Fig.15 Integrating natural ecology education



Fig.16 A garden in their schoolyard for local schools to increase their ability for outdoor learning



Fig.17 Children and parents growing vegetables in a school garden to encourage outdoor learning

Conclusion

The majority of healthy weight promotion strategies implemented in schools

1. Strong principal leadership
(whole-school approach and strategic resource management)
2. Aligned with K-12EA's "PERMA PLUS" policy
(focus on mental and physical well-being)
3. Integrated immersive and culturally relevant education
(e.g., ecological, food and agricultural education)
4. Use of innovative tools
(e.g., VR and AR technologies)
5. Active parent and community engagement

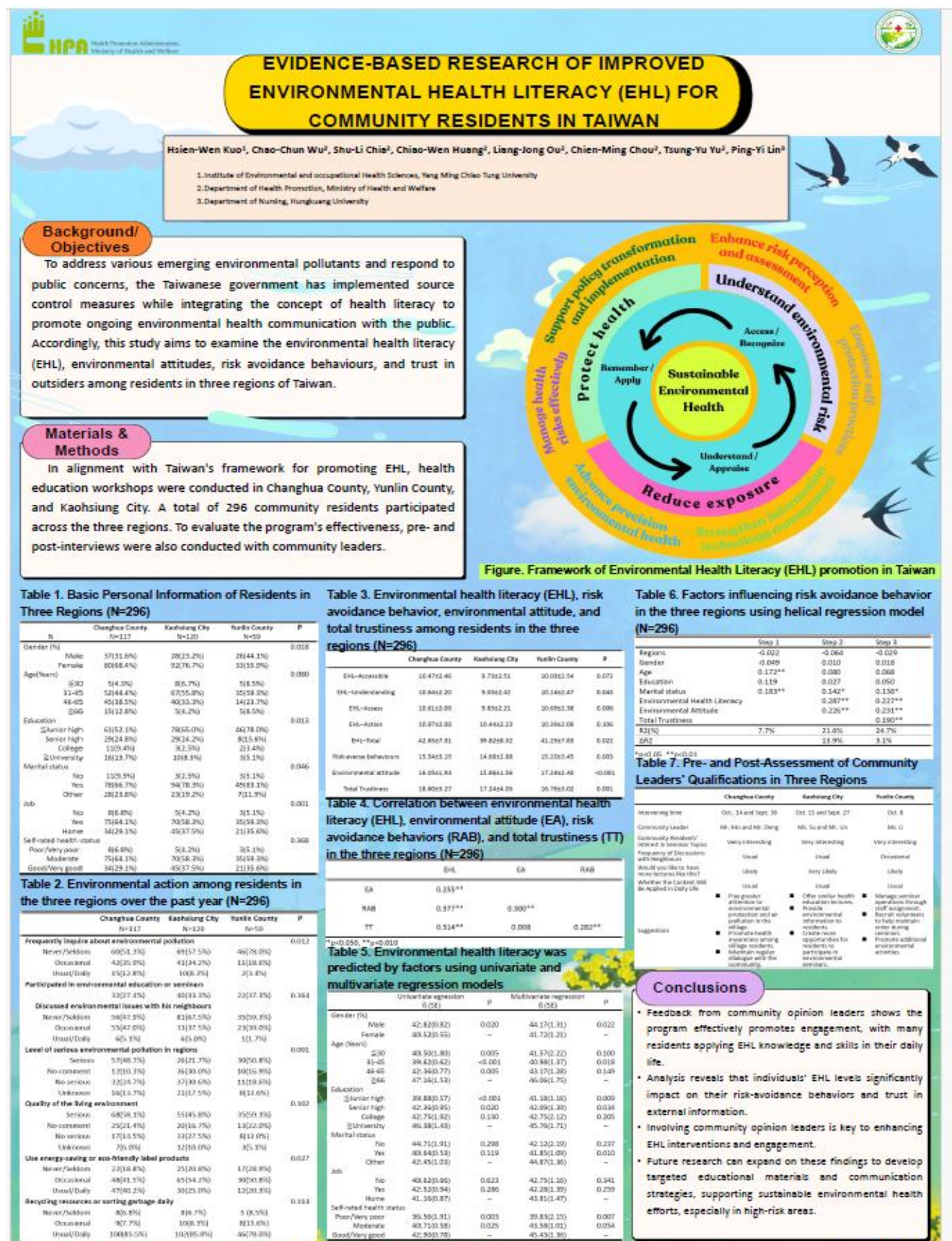
Implications

1. Schools could continue to support the integration of the PERMA PLUS framework into school healthy weight-related courses and activities.
2. School principal should be empowered to adopt whole-school strategies and engage teachers, parents and communities to build strong partnerships.
3. Investment in educational technology (e.g., VR/AR) and local cultural and ecological resources can enhance motivation for healthy living.
4. Teacher training should prioritize experiential and context-specific

THANK YOU !




3. 發表海報

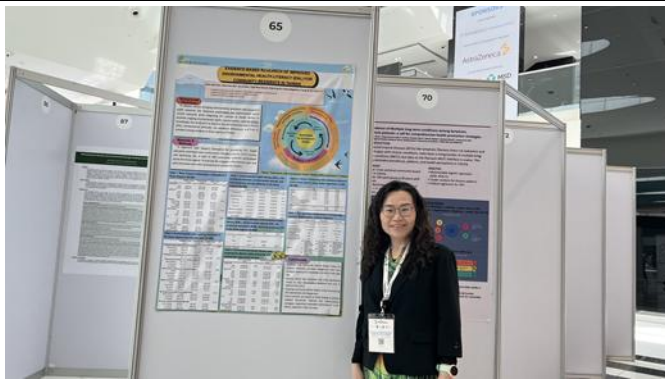


4. 阿布達比宣言(草案)

<p>DRAFT 4</p> <p>May 7, 2025</p> <p>The Abu Dhabi Legacy Statement of the IUHPE 25a</p> <p>World Conference on Health promotion</p> <p>CONTEXT</p> <p>We, the participants of the IUHPE 2025 World Conference on Health Promotion have gathered in Abu Dhabi from May 13-16, 2025 to reaffirm our commitment to addressing the health of our planet and the wellbeing of our human family, through health promotion.</p> <p>'Settings for Planetary Health and Well-Being' is the theme of our Conference. It is held for the first time in the region of the 'cradle of civilisation' and Abrahamic faiths that carries the idea of humanity as stewards of the planet. We acknowledge the multifaceted and complex challenge humanity is facing, and call for actions from our global community and in particular our world health promotion community to transform our planet into a peaceful, prosperous and sustainable world for all.</p> <p>It is our imperative duty to mobilize institutional and community assets to transform and change reality to preserve our Planet!</p> <p>1</p>	<p>MESSAGE FROM IUHPE</p> <p>Echoing the call of the United Nations 17 SDGs, its Pact for the Future, and the World Health Organisation (WHO) Geneva Charter for Well-being, this Abu Dhabi Statement builds on the vision of IUHPE on equity, participation and human dignity and the legacy of its world conferences as reflected in the 2019 Rotorua Legacy Statements, the 2022 Tlohtliá-ke Statement, and the IUHPE Position Statements on Planetary Health Promotion and Indigenous World Views and Knowledges and on the IUHPE Vision for a Health Literate World.</p> <p>MESSAGE FROM ADBPHC</p> <p>It also reflects the aspirations of the Abu Dhabi Public Health Centre, which hosted the IUHPE 25th World Conference on Health Promotion in line with the principles, and values of the global health promotion community.</p> <p>KEY MESSAGES FROM THE CONFERENCE</p> <p>Natural ecosystems are the foundational settings of planetary and human wellbeing, offering essential assets such as biodiversity conservation, climate regulation, and sustenance for all life forms. Along with science, Indigenous knowledge systems, refined over millennia, provide deep insights into the sustainable management of these ecosystems. It is essential that health promotion must work to protect and restore natural ecosystems at local, national and global levels.</p> <p>2</p>
<p>Governance and geo-politics that dominate disempower and divide our human family, accompanying unsustainable economic systems that result in environmental calamities and global health challenges such as pandemics and poverty must be mitigated and replaced.</p> <p>Communities—neighbourhoods, faith groups, voluntary associations—are foundational settings for health promotion, mobilizing social bonds to drive behaviour change and resilience.</p> <p>The themes of the Conference lead us to the following reflections:</p> <ul style="list-style-type: none"> • Beyond settings: systems & networks We must highlight cross-sectoral networks: Systems-level collaborations (e.g., health, education, environment, finance) multiply impact when they co-create policies for planetary health. • Digital health transformation AI, big data and digital equity tools allow us to tailor interventions, monitor ecological and human health in real time, and bridge urban–rural divides. • Equity, inclusion & Indigenous knowledges We must entering Indigenous world views and ensuring participation across ages, genders and beliefs is essential for just, sustainable health promotion. • Global health diplomacy & partnerships Health diplomacy should be reinforced to forge multilateral alliances that protect ecosystems, share resources equitably, and prepare together for future crises. <p>3</p>	<p>(More key messages from the conference, at least five paragraphs, can be inserted here)</p> <p>CALL FOR ACTION</p> <p>Given the interdependence and unity in diversity of humanity and the planet, and to counter the unprecedented convergence of global challenges, our human family is facing, this charter calls on:</p> <ul style="list-style-type: none"> • All nations of our world community to adopt governance and economic systems that will bring about sustainable peace, prosperity, and equity for all. • UN organisations and member states, to strengthen their health promotion systems and collaborate as components of one eco-system to counter the converging crises humanity and the planet are facing. • WHO to continue its leadership on building wellbeing societies with planetary health and human wellbeing at the centre. • Leaders of scientific, Indigenous, and other knowledge systems to collaborate on coping with these challenges to create solutions. • Leaders of civic society, citizens of all nations, faiths, ages and genders, communities, Indigenous nations, to join this shared movement. • Acknowledge and promote health promotion action for well-being and planetary health in community, organizational and online settings to reach people throughout the life course where they naturally conduct their daily lives. <p>4</p>

<ul style="list-style-type: none"> • In light of ongoing global geopolitical challenges and the continued decline in funding for health promotion programmes, we call upon all partners and stakeholders to reaffirm their commitment to Sustainable Development Goal 17. This Goal highlights the critical importance of international cooperation and multi-sectoral collaboration in the pursuit of the Sustainable Development Goals. We emphasise the urgent need to strengthen efforts to promote equitable access to primary health care and to accelerate progress towards the achievement of universal health coverage • National governments, local authorities, IUHPE and ADBPHC to align with the UAE's 2025 Year of Community by empowering and resourcing community-led health promotion networks—building a living global community of practice for planetary health and well-being - The Online Learning Platform. • This both anchors the Statement in the Year of Community and echoes the conference's emphasis on "Beyond settings: systems, networks and connection. <p>LOOKING TO THE FUTURE</p> <p>As we embark on the UAE's Year of Community, let us harness collective wisdom and shared responsibility across local neighbourhoods and global networks to secure planetary health and human well-being for all.</p> <p>Beyond the dark days ahead, we see a bright future of a sustainable planet with peace, prosperity, and well-being for our human family and all living creatures. We have the means to overcome our challenges. All we need is the collective wisdom and will. Let this statement</p> <p>5</p>	<p>serve as both a testament to our shared aspirations and a roadmap for transformative action, one that harmonises human progress with the enduring health of our planet.</p> <p>6</p>
<p>References</p> <p>https://planetaryhealthalliance.org/</p> <p>https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(21)002181-4/fulltext</p> <p>IUHPE Position Statement Planetary Health Promotion and Indigenous World Views and Knowledges - file:///C:/Users/HSP/Downloads/IUHPE-Position-Statement-on-Planetary-Health-Promotion_Oct2023.pdf</p> <p> Health_Literacy_Pos ition Statement IUH</p> <p>Akerman M, Mercer R, Franceschini MC, Peñaherrera E, Rocha D, Prado Alexandre Weiss V, Moysés ST. Curitiba Statement on Health Promotion and Equity: voices from people concerned with global inequities. Health Promot Int. 2019 Mar 1;34(Supplement_1):i4-i10. doi: 10.1093/heapro/daz009. PMID: 30900726.</p> <p>7</p>	

5.活動照片



國民健康署黃巧文研究員攝於海報發表區



與王英偉教授、陳富莉教授及曾為國健署研替人員臺灣師範大學博士班畢業生黃資富合影



後排左起世界健康識能學會現任理事長 Orkan Okan(德國)、邱淑媿教授、前任理事長 Kristine Sørensen(丹麥)



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