

- Multnomah County



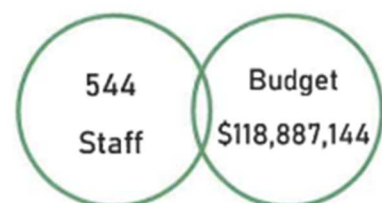
Aging, Disability & Veterans Services Division



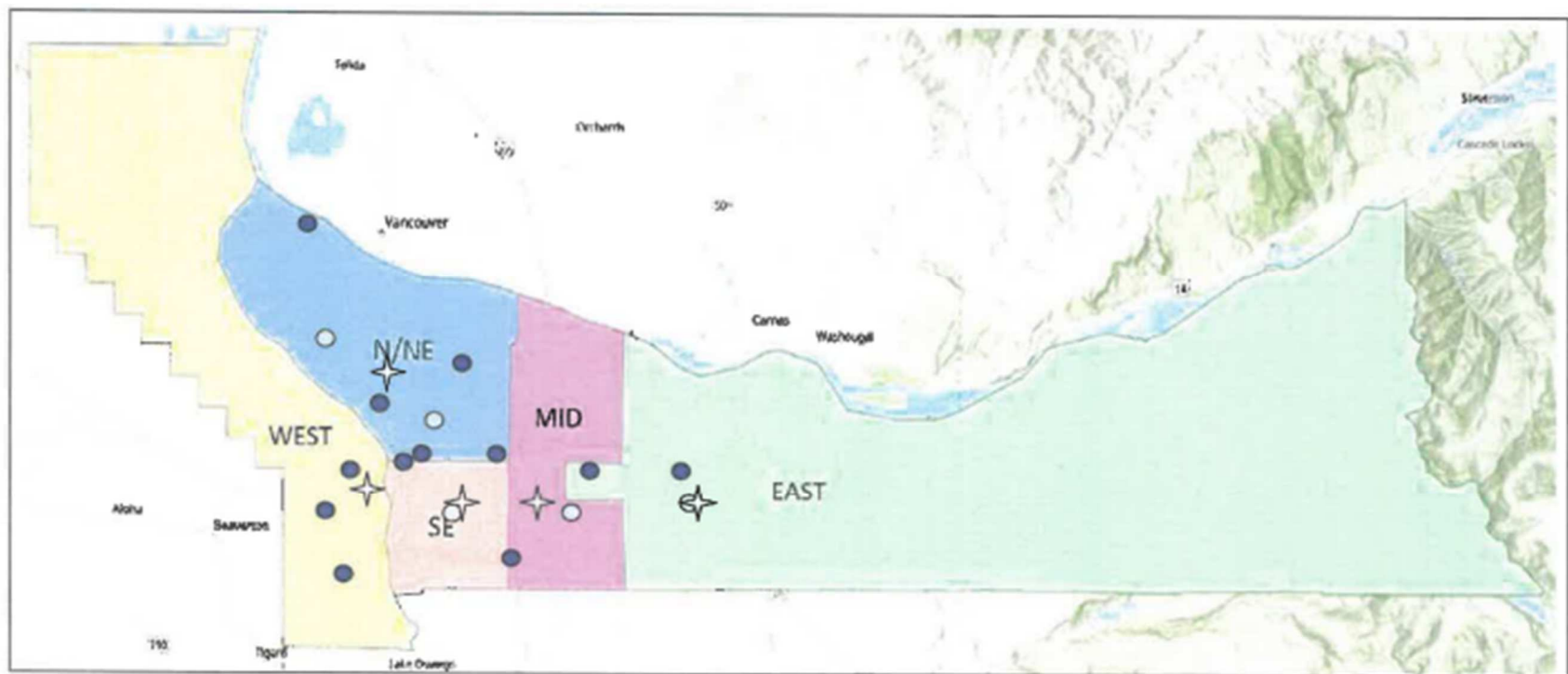
DCHS North Star

Every person—at every stage of life—has equitable opportunities to thrive.

Division Totals



Multnomah County Aging, Disability, and Veterans Services 2025 Branches and Community Partner Organizations



District Center ○
 Culturally Specific/Responsive or Enhancing Equity Contract Partner ●
 Long Term Services and Supports Branch ★

- Maybelle center



We are building
a Portland where
we all belong

Who we are

Maybelle Center is the
**Community Health
Organization** working
with neighbors in
downtown Portland to
reverse the root causes
of **social isolation**.

Independent Living

Affordable Housing



Macdonald West

42 affordable studio apartments in downtown Portland

On-site wrap-around services to:

- Prevent eviction
- Connect residents with resources
- Promote health by encouraging participation in our social health programming

Who we serve

Households earning $\leq 60\%$ of
the area median income

Goals & Impact

- ① Housing affordability
- ② Housing stability



● Bridge Meadows

OUR PROGRAM

Three generations, stronger together

Bridge Meadows uses the power of community to help children heal from the trauma of foster care. Our program includes high-quality affordable housing, therapeutic programs, and intergenerational community support.

Elders live in the community, serving as mentors, friends, and caregivers to the children and each other, forming a safety net of care and interdependence.

Our Theory of Change shows how this safety net improves quality of life for all three generations: children, parents, and elders.



OUR RECIPE FOR COMMUNITY: HOUSING, CONNECTION, AND CLINICAL SUPPORT



Housing:

We build affordable housing with independent townhomes and apartments to support permanency. Intentionally designed spaces encourage connection and relationship-building, while providing safety and security. [Learn about our community buildings here.](#)

Connection:

The community connects around the shared social purpose of permanency for youth formerly in foster care. Connection means shared meals, conversations, and games after dinner. A summer evening stroll after tending the community garden, and checking in on a neighbor. [See our community in action in this video!](#)

RELATED CONTENT

Curious about the origins of our model?

Bridge Meadows is based on a model created by Dr. Brenda Eheart. Read more about the theory behind why we do things the way we do in this Generations of Hope Communities White Paper.

[LEARN MORE](#)

"There's always a purpose in life. When the courts asked if my grandkids could come live with me, I knew they were my purpose."

-Reba, Bridge Meadows parent

Follow us
on social
media!



- Oregon Dept. of Human Services

Information to have ready when applying for benefits

Apply for benefits even if you don't have or can't find the below information.

Here is information each program requires when applying for benefits. Some information might be available in our system, but other information might require your help to verify. Having as much information ready before applying will help speed up the application process.



Medical (Includes OHP and Long Term Care)

- ☐ Health Insurance
 - ☐ policy number(s)
 - ☐ plan name(s)
- ☐ Income, tax deductions and expenses
- ☐ Information about financial resources



Food Assistance (SNAP)

- ☐ Income for each person
- ☐ Identity of the head of household
- ☐ Medical or court ordered child support expenses



Child Care (ERDC)

- ☐ Income of the parents/caretakers in the household
- ☐ Identity of the head of household



Cash

- ☐ Income for each person
- ☐ Identity of the head of household

Additional information such as ID, citizenship (U.S. citizens) or immigration status (non-U.S. citizens) might be requested in certain situations. Examples of documents that can be used to provide this information are on the other side.

Remember you can apply for food, medical, cash, and child care assistance online at one.oregon.gov, over the phone at 800-699-9075, or by visiting a local office. To find the closest office use benefits.Oregon.gov.





YMCAs in OREGON

The Y is the leading nonprofit committed to strengthening community by connecting all people to their potential, purpose and each other. We focus on empowering young people, improving health and well-being, and inspiring action in and across communities. By bringing together people from different backgrounds, perspectives and generations, we ensure that we all have access to the opportunities, relationships and resources necessary to learn, grow and thrive.

Ashland Family YMCA
Athena-Weston YMCA Afterschool Programs
Baker County YMCA
YMCA of Columbia-Willamette
YMCA of Douglas County
Eugene Family YMCA
Grants Pass YMCA
The YMCA of Klamath Falls
Family YMCA of Marion and Polk Counties
Mid-Willamette Family YMCA
Milton-Freewater YMCA Child Care Center
Rogue Valley Family YMCA
Tillamook County Family YMCA

STRENGTHENING OUR YMCAs

The Alliance advocates and educates on behalf of the Y and its mission and serves as a resource for YMCA staff.

Advocacy in Oregon and US government
Strategic Planning
Collaborative opportunities
Operational and board support
Statewide funding opportunities
Negotiations with third-party payers
Voice for childcare and out-of-schooltime
Shared services
Training and professional development
Staff support and peer networks

BETTER TOGETHER.....>

Oregon Alliance of YMCAs Summer 2024 Newsletter



OREGON YMCA LEGISLATIVE PRIORITIES

Advocated for the highest level of funding possible for the Child Care and Development Block Grant (CCDBG) – Oregon YMCAs serve over 50,000 youth ages 0 – 18. More than two-thirds of our 12 YMCA Associations have waiting lists for their childcare and afterschool programs. YMCAs support 15% to 58% of their low income families with financial assistance for childcare and afterschool.

Supported the Oregon 2024 Childcare Infrastructure Fund (HB 4098A) – Business Oregon is working with the Department of Early Learning and Care, other state agencies, and private and non-profit entities to implement this grant and loan program. The first round of funding will award a total of \$10 million in grants to selected applicants. YMCAs are preparing their applications due August 15. Projects eligible under this program are restricted to fixed, immovable assets including new construction, repairs, renovations, modernizations, retrofitting, property acquisition and planning projects.

Championed legislation for Oregon HB 4082 in the 2024 short session that was passed to provide \$30 million in state funding for summer learning and to create a workgroup to develop recommendations for sustainable long-term funding for summer learning in the future. Alliance Director Marisa Fink was appointed to this workgroup and will moderate a panel of successful state programs across the country at the Summer & Afterschool Summit for Oregon Student Success on August 15.

National Advocacy for the Youth Workforce Readiness Act (H.R. 3416/S.454) – This legislation seeks to create federal investments and partnerships that will increase opportunities for youth to build knowledge and skills in critical real life work experiences. More than 80% of Oregon YMCAs are still struggling to fill childcare and afterschool staff positions. Thanks to a two-year state grant, we are currently recruiting, training, and placing young people ages 14 – 24 in a Future Ready Youth Development workforce training program for childcare and youth workers across the Alliance.

ALLIANCE LEADERSHIP

Tim Sinatra, Alliance Chair

Brad Russell, Public Policy Chair

Tyler Wright, YMCA-CW, Alliance Fiscal Sponsor

Derek Smith, Pacific Alliance CEO

Marisa Fink, Executive Director, Oregon Alliance

FINDING FUNDING for OREGON Ys

\$174,101 secured in a 2023-25 Oregon Future Ready Grant to recruit, train, certify, and hire lifeguards and swim instructors ages 16-24. Eighty-one were certified as lifeguards 34 as swim instructors, resulting in 90 new hires at six YMCAs and YMCA Camp Collins.

\$64,666 secured in an additional 2023-25 Oregon Future Ready Grant to recruit, train, certify, and hire lifeguards and swim instructors ages 16-24 statewide.

\$250,000 secured in a 2023-25 Oregon Future Ready Grant to recruit, train, certify, and hire childcare and youth workers ages 14-24.

\$1,600 Grant from the Pacific Power Foundation to support the statewide Oregon YMCA Youth and Government program.

\$20,000 Grant from the Y-USA/Mission Square Foundation to support the statewide Oregon YMCA Youth and Government program.

2024 Proposals Submitted

\$2 million FY25 Congressionally Directed Spending (CDS) request to Senators Wyden and Merkley to provide statewide support for behavior and mental health services at Oregon YMCAs to support youth, families, and Y staff.

WHAT'S AHEAD FOR OUR ALLIANCE

- Alliance Strategic Plan implementation
- YMCA Youth & Government - forming new delegations in Beaverton and Medford
- Multi-year negotiations for third-party payers for membership

STRENGTH IN PARTNERSHIPS

- Alliance of Oregon Camps
- Age+Oregon
- Boys & Girls Clubs of Oregon
- OregonASK
- Our Children Oregon
- Nonprofit Association of Oregon
- UPLIFT Leadership



SPOTLIGHT ON OREGON YMCA TEENS



Cash Yount, Dayton High School Junior, was elected Oregon YMCA Youth and Government program's 78th Youth Governor. He attended the YMCA Governor's Conference in Washington, DC in June and the Conference on National Affairs at Blue Ridge Assembly in North Carolina in July.



In February 2024, National Youth Advocates Noah Wines of West Albany, and Lauren Huber of West Salem represented Oregon in Washington, DC, met with staff and members of Congress. They presented Rep. Suzanne Bonamici with the YMCA of the USA Congressional Champion Award, recognizing her work passing the Child Tax Credit, advocating for a strong public education system, ending child hunger, supporting youth experiencing homelessness, and protecting food programs such as SNAP and WIC.



15 Oregon youth attended the Conference on National Affairs at Blue Ridge Assembly YMCA in North Carolina in July to share their proposals on national concerns and issues.

OREGON ALLIANCE OF YMCAs
www.oregonymcas.org
Find us on Facebook: OregonYMCAs



Community Care of North Carolina

Committed to Improving the Health of Our Communities

The New CCNC

We've streamlined our operations, adapted our program to serve new populations, developed new cost structures to meet marketplace needs, and expanded our capabilities to serve multiple payers and their members.

Our long-term mission remains the same, but our new approach is state of the art. We are committed to improving the health and quality of life of all North Carolinians through person-centered care and community collaboration.

Who We Are

Community Care of North Carolina is the nation's largest and longest-running medical home system.

Care teams led by physicians, focused on local patients across 100 counties

We're your family's doctor and your child's pediatrician. We're partners with North Carolina's largest independent physician network, Community Care Physician Network. We're the care manager who stays connected to you. We're your home-town pharmacist. We're paramedics and public health workers and community health workers. CCNC is embedded in hospitals, both large and small, across all 100 counties in North Carolina.

Our physician-led, multi-disciplinary care teams coordinate care across settings and over time.

CCNC is nationally accredited by the NCQA and is one of the first to earn this credential in complex care management.

Together we know North Carolina's communities from the mountains to the coast in ways that are unmatched and that produce better patient outcomes, higher patient and physician satisfaction, and lower health care costs.

What We Do

We build on decades of experience working collaboratively with physicians to develop best practices.



Inpatient needs
ER utilization
Readmissions
Costs

Outcomes
HEDIS scores
Compliance
Quality
Reporting

CCNC transforms quality reporting and patient data into actionable strategies to raise HEDIS scores, improve health outcomes, and lower costs for the patient, the payer, and the community.

Accountability

Collaboration

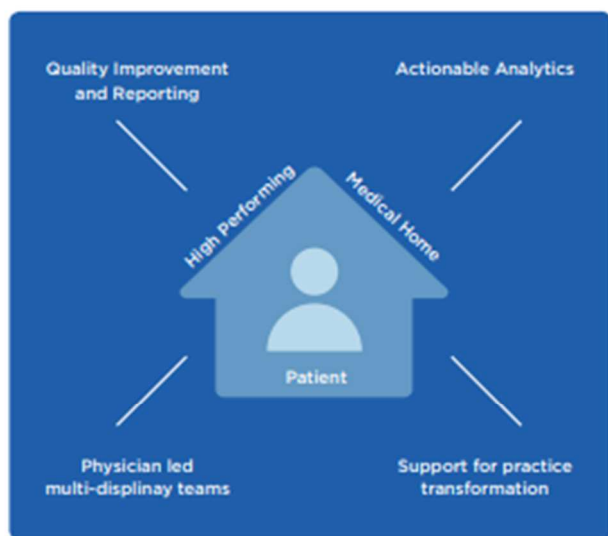
Excellence

Innovation

CCNC identifies complex patients having multiple doctors and taking many medications for timely, appropriate care management.

We help keep people out of the emergency department, and post-discharge, CCNC reduces chances of hospital readmission.

We provide home visits to patients needing special assistance, watch out for drug interactions, and help remove barriers to better outcomes such as transportation, lack of secure housing, or poor nutrition.



We identify behavioral health issues and integrate a mental health component into primary care practices.

CCNC's Pregnancy Medical Home program, the only statewide pregnancy medical home program in the nation, reduces pre-term births and the need for neonatal care.

Our proven approach to population health management delivers better health outcomes at lower costs with higher physician and patient satisfaction ratings.

Problems We Solve

Targeted interventions: Focusing care management on high-cost/high-need patients isn't enough; we focus on impactable patients.

Infrastructure and Relationships: We're ready to introduce you to the communities we serve so you can develop the relationships you need for success. CCNC is the largest system of medical homes and we've been doing this work longer than anyone else. In fact, more than 6,000 providers, 1.7 million patients, and 9 million taxpayers benefit from CCNC's work today.

Statewide Coverage: Participating physicians, pharmacists, and care managers serve all 100 counties. CCNC core program standards are consistent across the state with modifications tailored to meet specific community resources and needs.

"The return on investment from care management intervention is 2- to 3- fold higher with (CCNC's) impactability-based targeting..."

—Population Health Management, 2017

Reputation and Experience: Decades of innovation, collaboration, and experience count. CCNC will help your company control its costs, boost patient and physician satisfaction scores, and improve patient outcomes.

For more information, please contact:

ccnccommunications@communitycarenc.org

Accountability

Collaboration

Excellence

Innovation

- TROSA

TROSA
2023-2024
IMPACT REPORT



I am honored to present the 2024 Impact Report, which highlights the incredible accomplishments at TROSA made possible by the unwavering dedication of our friends, supporters, residents, graduates, and staff.



The determination and commitment of TROSA residents inspire us all, and together, we have made a profound difference in North Carolina and beyond.

At TROSA, we empower people with substance use disorders to become productive, recovering individuals through licensed comprehensive treatment, vocational training, education, and continuing care. With your support this past year, we provided our residents with the highest level of care to rebuild their lives and sustain recovery.

The ongoing transformation of our Durham campuses, including the construction of McDonald Hall—named after TROSA founder Kevin McDonald—and the opening of Guilford House Community Center on our women's campus, have been significant milestones in providing our residents with a safe and supportive environment. Our Winston-Salem campus is also experiencing growth, with plans to accommodate more residents in the upcoming year. Through our team, supporters, and residents' efforts, TROSA continues to impact our community positively.

As TROSA celebrates its 30th year, we remain committed to our mission and serving those in need. We recognize the immense and rising demand for accessible and comprehensive treatment options and will continue to rely on your generosity to meet this need. Every donation, volunteer hour, and means of support directly impacts the lives of our residents.

We are deeply grateful for your recognition that individuals with substance use disorder deserve a second chance. Together, we can rebuild individuals, families, and communities. Thank you for believing in us and our residents.

Pierre Bynum
TROSA Men's Program and TROSA Triad Director

TROSA served 801 residents during fiscal year 2023-2024, providing essential resources, comprehensive services, and evidence-based practices to support recovery.



Over 151,400 service nights of safe, stable, and sober housing



More than 454,000 meals served



Nearly 400 residents received counseling or psychiatric appointments to complement daily therapeutic care



More than 10,500 medical appointments coordinated (including 1,918 dental appointments)



159 residents completed their two-year program

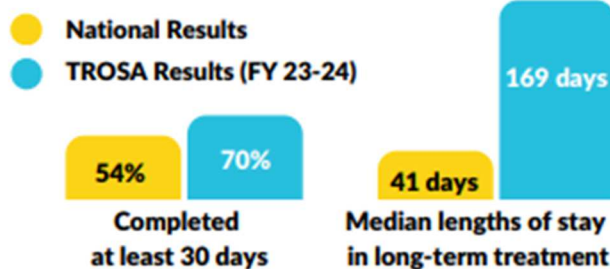


100% of program graduates seeking employment secured job offers

One year after their prior year graduation (2022-2023), our most recent grad outcomes show:

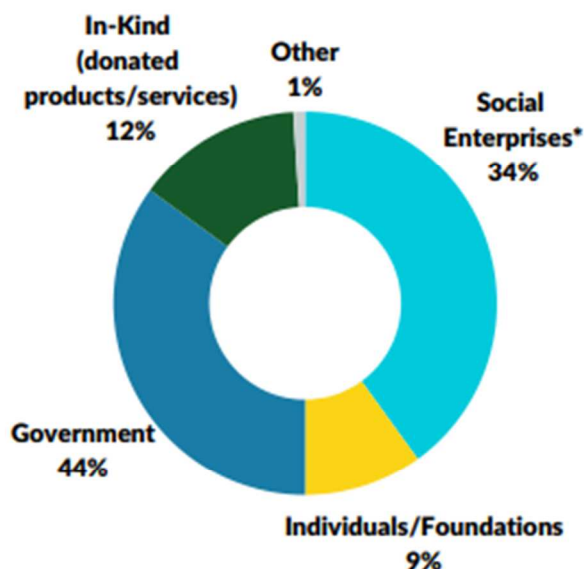
- 96% Sober one year after graduating**
- 96% Remained employed or continued as Senior Residents one year after graduating**
- 98% Received no new criminal convictions one year after graduating**

TROSA residents exceeded national lengths of stay and treatment stage completion rates:



Length of Stay / Completion Source: SAMHSA, Center for Behavioral Health Statistics and Quality. Treatment Episode Data Set (TEDS): 2019. Admissions to and Discharges From Publicly Funded Substance Use Treatment. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2021.

TROSA FUNDING IN FY 2024



*Social Enterprises are our community-supported TROSA Moving & Storage, TROSA Thrift & Frame Stores, TROSA Lawn Care, and TROSA Tree Lots



TROSA is expanding to increase access to treatment, reaching more North Carolinians in need.

TROSA marked this past year with continued campus expansion and operations.

Expansion highlights included a new residential building and community center for our Women's Program, a community garden at our TROSA Triad campus in Winston-Salem, and significant construction milestones on our new cafeteria and residential building for our Men's Program in Durham.



Thirty years strong, we are proud to be an essential community resource. Today, we continue the legacy of empowering individuals to change their lives by upholding our program's values of **Honesty, Courage, Commitment, and Community**. Thank you!



Carol Ann's Journey: "It's a beautiful thing"

Carol Ann is a 2023 TROSA Graduate now training to become a staff member in TROSA's Women's Program

"I came to TROSA because I wanted my life back. I had lost my family and my sense of self. I knew I needed help regaining control. I needed to focus on getting 'me' back."

Ready to change her life, Carol Ann took advantage of TROSA's counseling and life skills classes.

"TROSA's Healthy Relationships class was beneficial. This class helped me get to know myself and get in touch with my emotions. It helped me establish strong boundaries and reflect. I learned how to interact with others and develop relationships that last."

Forming healthy relationships across our campus was key to Carol Ann's recovery. "The most valuable part of TROSA is the connections. This is vital in recovery. You can't do this alone."

Carol Ann grew through experiences and opportunities in her community assignments, including TROSA's Moving and Storage and TROSA Tree Lots social enterprises. She thrived mentoring TROSA's newest residents as an Intern Crew Leader, where she realized how much she loved helping others.

With a focus on her long-term goals, Carol Ann regained her confidence and successfully applied to TROSA's competitive Staff-in-Training Program.

"I'm finally being responsible and leading an independent lifestyle. I want to inspire others and offer hope by showing just how fun recovery truly is. It's a beautiful thing."

