

出國報告（出國類別：開會）

出席「第7屆亞洲健康識能國際會議」

服務機關：衛生福利部國民健康署

姓名職稱：劉家秀研究員、張瓊丹科長

派赴國家/地區：越南

出國期間：108年11月9日至108年11月12日

報告日期：109年2月4日

摘要

健康識能(Health Literacy)是使民眾和所有在與健康相關環境中工作的人員都可以獲取、理解、評估、交流和運用健康資訊的能力。這些技能包括閱讀、書寫、聽力、口語、計算能力和批判性分析，以及溝通和互動能力，用以維持個人健康。提升健康識能就是使用各種方式來提高民眾根據適當資訊採取行動，以過更健康生活的能力。

亞洲健康識能學會(Asian Health Literacy Association, AHLA)為亞洲最大推動健康醫療衛生資訊溝通傳播與健康促進效能的國際組織，也是健康識能健康促進與教育平台，持續推動亞洲及世界各國健康識能的提升。該學會自 2013 年起每年舉辦一次國際會議，2019 年第 7 屆亞洲健康識能國際會議於 108 年 11 月 10 日至 11 月 12 日在越南胡志明市舉辦，大會主題為「健康識能在智慧健康照護之運用」(Health Literacy In Smart Universal Healthcare)，強調發展中的科技與數位影響力的重要性。

本屆國際會議集結產、官、學界進行多元深入的健康識能討論，包括非傳染性疾病健康識能、高齡化健康識能、健康識能和共同決策、健康識能和健康促進醫院、醫院和初級照護間整合、如何有效利用健康訊息、以提供更好的服務於越南和東協國家的政策等相關議題，透過會前會工作坊、專題演講、口頭發表、海報及攤位展示、頒獎等方式，吸引了來自東亞、南亞、東南亞、大洋洲、歐洲及美洲等 300 多名相關領域專家學者與會。臺灣衛生福利部國民健康署由劉家秀研究員以口頭發表、張瓊丹科長以海報展示方式，分享推動健康識能及「臺灣健康識能行動綱領」經驗。此外，亞洲健康識能學會並公布 WHO 歐洲署 Measuring Population and Organizational Health Literacy (M-POHL)行動組織同意合作「2020 M-POHL AHLA Survey」。

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壹、目的

- 一、參加第 7 屆亞洲健康識能國際會議，瞭解健康識能專業發展的國際趨勢，以及世界衛生組織歐盟地區 European Health Information Initiative(WHO-EU-EHII)為促進歐洲國際間健康識能合作，組成 Measuring Population and Organization Health Literacy (M-POHL)行動組織之推動情形。
- 二、強化健康促進國際交流及配合新南向政策，透過口頭發表「National Health Literacy Action Plan development in Taiwan」及海報展示「Integration of Synchronous Distance Learning and Team Based Learning to Provide Community Health Professionals with Health Literacy Training」，分享推動健康識能及「臺灣健康識能行動綱領」經驗，展現推動健康識能與預防保健政策成果，提升國際能見度。
- 三、增進與參與國際會議之各國代表建立健康識能專業夥伴關係，提升國際合作機會，並汲取他國推動健康識能經驗，作為日後規劃提升國內健康識能之參考。

貳、過程

一、行程

日期	行程
11月9日(六)	啟程至越南
11月10日(日)	參加「第7屆亞洲健康識能國際會議」會前會工作坊
11月11日(一)	參加「第7屆亞洲健康識能國際會議」開幕典禮、專題演講、平行會議、海報及攤位展示
11月12日(二)	參加「第7屆亞洲健康識能國際會議」平行會議、口頭發表 返程回臺灣

二、內容說明

(一)第7屆亞洲健康識能國際會議概況

亞洲健康識能學會(Asian Health Literacy Association, AHLA)為亞洲最大推動健康醫療衛生資訊溝通傳播與健康促進效能的非政府國際組織，也是健康識能健康促進與教育平台，會員包括40個國家中100個醫療與學術專業團體，以及政府部門等重要機構。在亞洲，以研究、開展、教育，以及制定政策等方式推廣健康識能為宗旨，提倡以健康識能作為提高醫療品質和減少社區、團體和國家間健康差異的有效方法。透過改善患者、醫護人員、衛生服務提供者、行政機構、政策制定者和媒體之間的溝通，可以提高健康識能，並形成共識，造就效率更高的健康照護系統，進而保護民眾免受健康風險。

該學會自2013年起每年舉辦1次國際會議，已於臺灣、越南及馬來西亞等舉辦共6次國際會議，鼓勵世界各地研究人員、政府、健康照護機構、健康與教育專家及大眾媒體等，就推動健康識能政策、趨勢與成果進行國際交流，持續推動亞洲及世界各國健康識能的提升。

第7屆亞洲健康識能國際會議(7th INTERNATIONAL HEALTH LITERACY CONFERENCE IN 2019)於108年11月10日至11月12日在越南胡志明市舉辦，由亞洲健康識能學會與越南首德醫院(Thu Duc District Hospital)共同辦理，大會主題為「健康識能在智慧健康照護之運用」(Health Literacy In Smart Universal Healthcare)，強調發展中的科技與數位影響力的重要性。

本屆會議由亞洲健康識能學會張理事長武修(Prof. Peter WS Chang)、越南首德醫院院長 Dr. Nguyen Minh Quan 共同邀請國際健康識能學會 Kristine Sørensen 理事長、國際健康促進暨教育聯盟(IUHPE) Stephan Van den Broucke 副理事長、奧地利公共衛生研究院健康促進醫院與健康照護認證中心 Jürgen M. Pelikan 主任、美國塔夫茨大學健康識能領袖學院 Sabrina Kurtz-Rossi 主任、英國利物浦大學 John Field 博士及越南胡志明市醫藥大學 Nguyen Hoai Nghia 博士等等集結產、官、學界進行多元深入的健康識能討論，包括非傳染性疾病健康識能、高齡化健康識能、健康識能和共同決策、健康識能和健康促進醫院、醫院和初級照護間整合、如何有效利用健康訊息、以提供更好的服務於越南和東協國家的政策等等相關議題，透過會前會工作坊、專題演講、平行會議、口頭發表、海報及攤位展示、頒獎等方式，吸引了來自東亞、南亞、東南亞、大洋洲、歐洲及美洲等 300 多名相關領域專家學者與會。希望透過這些健康識能相關議題的交流、經驗互動和教育，共同解決健康識能問題，讓大家能夠共同應對新的挑戰，並朝著提升所有人的健康邁進。

(二)會議重點摘述

1. 11 月 10 日會前會工作坊 (Health Literacy Policy and Advocacy 場次)

(1)主題:健康識能國家聲明-採取行動以增強安全和品質

講者: Dr. Kristine Sørensen, President of International Health Literacy Association

摘要:簡介健康識能相關的認知，並以澳洲為例。健康識能是指關於人們理解健康和健康照護，以及如何在生活中運用這些資訊，去做決定並行動。健康識能造就了人們的健康、安全以及健康照護的品質。個人的低健康識能導致健康缺乏的結果，增加不幸事件的風險和提高健康照護的成本。以澳洲為例，2014 年 8 月澳洲同意將「健康識能國家聲明」作為國家解決健康識能的方法。在國家聲明中，健康識能委員會建議協調健康識能策略的方法，應建立在以下 3 點：(1)將健康識能導入系統、(2)確保有效溝通、(3)將健康識能融入教育。而這份國家聲明得以被支持是因為背景資料提供了健康識能在澳洲的綜觀，並討論策略和行動以解決協調健康識能的方法。

2012 年健康識能委員會在整個澳洲進行健康識能評估。2013 年健康識能委員會起草關於健康識能的背景資料，並對該主題進行廣泛的磋商。健康識能委員會收到有關該主題的 100 多份意見書，準備了一份諮詢報告，描述意見書中確定的關鍵問題和主題。2014 年 8 月發布「健康識能:對安全和品質採取行動」，在此基礎上研擬之「健康識能國家聲明」，獲得衛生部長接受作為國家的健康識能方針。

何謂健康識能?你的健康、健康和健康照護資訊(例如：網路、手機或電視)、你為健康做的決定、和醫護人員共同做決定、健康行為、對

自身的健康感到滿意等。而健康識能的提升是兩面的，除從個人做起，擁有健康識能環境也很重要，如健康資訊、政策和流程、提供健康照護者和場所。低健康識能會增加疾病、緊急照護、用藥安全、老人健康、流感疫苗、無法分辨疾病和狀況、住院等方面的風險。在澳洲有 60%的人健康識能不足，在歐洲也有 30%-60%的人健康識能不足，而在美國只有 10%-12%的人擁有良好健康識能。消費者可以透過尋求資訊、自我學習、確保自己了解相關問題、如實面對自己用藥病史等訊息，讓自己更了解自身健康；管理者可以透過以下 3 點建置良好的健康識能環境：(1)當個領導者：專注在重點上、引用案例及清楚的溝通、(2)將系統帶入地方：教育和訓練、流程、語言及消費者的支持、(3)和消費者做朋友：共同設計資訊、共同設計服務。

以澳洲案例總結：澳洲認知到健康識能的挑戰、定義健康識能、有實證、投入資金和時間、讓最高層的利益相關者參與及主持諮詢過程，並將健康識能列為國家優先事項。

(2)主題：藉由倡議建立健康識能能力和政策(BUILDING HEALTH LITERACY CAPACITY AND POLICY THROUGH ADVOCACY)

講者：A.Prof. Paras K Pokharel, BP Koirala Institute of Health Sciences, Nepal

摘要：首先提到建立健康識能面臨的挑戰，包括：疾病(新興傳染病/重新出現的傳染病、非傳染性疾病)、傷害(道路交通事故等)及不平等因素等，挑戰背後的主因是社會結構和經濟因素。大部分的人口，因經濟貧困導致無法獲得醫療照護，低教育程度亦導致缺乏衛生服務，並增加本可避免的風險因素。而幾乎每個地方，貧窮人的健康狀況都很

差，貧富之間的健康差距仍然很大，這也是健康照護不平等的原因。因此，在國際間和國內解決這一問題，成了新世紀的最大挑戰之一。但不解決這一問題，將給全球經濟、社會秩序和正義，以及整個文明帶來可怕的後果。所以公共衛生的教育，包括所有學習經驗，而不僅是進修培訓，並與廣泛的能力有關，不僅是知識，還將反映社區的健康需求，最終改善社區的健康。

對於健康識能的倡議，應確定健康識能可以發揮作用的架構，並應尋找增強和利用健康識能的方法，使利益相關者瞭解健康識能方法對改善公共衛生的重要性。另外，公共政策的分析、流行病學的發展、經濟和衛生的籌資、技術發展的過程，以及健康服務系統等，應為健康識能倡議的主要領域。利益相關者應將公眾理解為主要利益相關者，但不能僅關注他們，重要的是與決策者接觸並集中精力於健康識能方法，以解決現代公共衛生挑戰。在倡議中常見的問題，包括：計畫不能滿足需求、最需要幫助的人很難獲得幫助機會、計畫沒有連續性、缺乏足夠的財務和技術資源等。

總結：面對公共衛生挑戰的能力，將取決於我們增強健康識能的能力；健康識能方針是指採提升健康識能做為解決方法的相關研究與介入；倡議在適當的觸及立法者及民眾，並使之接受健康識能前，要有所準備，運用過往之經驗來使公共衛生現代化。引用墨西哥偉大詩人 Octavio Paz 在 1990 年獲頒諾貝爾文學獎時的文字「在傳統與現代間有一座橋樑。若孤立兩者，傳統將變得僵化，現代則是變得不穩定；唯有兩者並存，使其彼此擦出火花，使兩者踏實」。

(3)主題:歐洲的健康識能政策和能力建構(Health literacy policy and capacity building in Europe)

講者:Prof. Stephan Van den Broucke, University of Catholic Louvain, Belgium

摘要:解決低健康識能問題是衛生部門、民間社會及政策制定者的共同責任，並且需要足夠的能力；包括公共衛生系統能力(適應變化、革新和解決問題)、提升健康識能的能力(利用衛生系統提升健康識能和面對低健康識能的能力)。同時也需要透過國家或是國際組織的合作，例如：國際健康促進暨教育聯盟(IUHPE)。在歐洲的健康識能專業訓練方面，愛爾蘭、義大利及荷蘭等對各衛生專業人員進行全面健康識能溝通訓練，包括:健康識能教育、整合及提供資訊、共同決策、支持自我管理和支持行為改變等 5 種訓練，在歐洲被廣泛的應用於教育和實務上。

在歐洲，透過 Measuring Population and Organization Health Literacy (M-POHL)進行健康識能監測，將歐洲範圍的人口進行定期的國際比較調查，以支持收集健康識能的數據，並提供數據以支持決策來提升健康識能。而提升健康識能政策，在 WHO 歐洲地區 53 個國家中，有 19 個國家已現有並正在發展的健康識能政策，而這些健康識能政策著重於許多相互聯繫的部門和社會層面，包括廣泛的活動。

最後，對於政策計畫提出相關建議，包括:如果設定了健康目標，必須至少有一個是著重於健康識能方面；集結涉及健康識能各部門的專家建立平台或工作團隊，以制定計畫、協調政策；為健康識能行

動計畫設定一個有質性及量性的目標；對比利時健康識能較低的族群進行原因和結果分析，或是建構大型的協議組織等等。



國民健康署劉家秀研究員、張瓊丹科長於工作坊分享臺灣經驗及合影

2. 11月11日開幕致詞

- (1)越南前衛生部長 Tran Thi Trung Chien:越南是亞洲經濟快速增長的國家，改善了人民的健康，工作也得到了改善。但是，越南在健康照護和改善民眾健康方面仍然面臨許多的困難。
- (2)越南首德醫院院長 Dr. Nguyen Minh Quan:在全球健康智慧化的背景下，不僅是民眾的健康識能，醫療衛生工作者的健康識能也需要改善，並且必須不斷地更新知識，以提供正確的知識及改善治療的品質。
- (3)亞洲健康識能學會張理事長武修:健康識能是一個相對較新的概念，為任何公共衛生系統不可或缺的一部分。健康識能是學習、分析訊息並讓每個人選擇適當健康服務的能力。實際上，許多已開發國家，人民的健康識能有所提高，但是在絕大多數開發中國家，健康識能仍然很低。因此，提高人們的健康識能是亞洲健康識能學會的首要目標之一，並期提升學會成員國之民眾醫療保健能力、意識和獲得醫療服務的機會，從而改善其生活品質。
- (4)其他致詞者，包括:國際健康識能學會 Kristine Sørensen 理事長、國際健康促進暨教育聯盟 Stephan Van den Broucke 副理事長、義大醫院杜元坤院長。

3. 11月11日開幕頒獎

(1)表揚亞洲健康識能學會國家辦事處和青年學者:蒙古新公共衛生學會

Dulmasuren Samdan、孟加拉國(Somadder Welfare Foundation)Dr. Natasha Khurshid、菲律賓大學 Ma. Carmen C. Tolabing、香港理工大學 Dr. Angela Yeeman Leung & Adwoa Owusuaa Koduah。

(2)2019 Yufong International Health Literacy Award(2019年玉鳳全球健康識能獎)

Enny Rachmani (Universitas Dian Nuswantoro Semarang, Indonesia)



亞洲健康識能學會張理事長武修與獲獎者合影



第7屆亞洲健康識能國際會議與會代表合影

4. 11 月 11 日專題演講

(1)主題:癌症健康識能(CANCER LITERACY)

講者:Dr. Kristine Sørensen, President of International Health Literacy Association

摘要:癌症健康識能及病人需求的國家癌症計畫，目標在於癌症的健康識能如何應用於歐洲的國家癌症控制計畫。癌症健康識能是改善個人在癌症期程中結果的中間者；而健康識能在國家的健康議程中更可能偏向在他們的國家癌症控制計畫中整合健康識能。

(2)主題:肺癌健康識能和篩檢-該開始實施的時機到了(Health literacy and screening in lung cancer – time to start implementation)

講者:Dr. John Field, Director of Research- The University of Liverpool, UK

摘要:34%的肺癌患者被診斷為緊急情況，這一事實令許多在急診科的醫生感到驚訝。在英國癌症的斷層掃描早期檢測計畫仍在持續進行，而斷層掃描降低了 26%的成人死亡率。

(3)主題:在歐洲及其他地區使用 HLS-EU 對一般族群進行健康識能研究的結果概述(An overview on results of health literacy studies of general population using HLS-EU instruments in Europe and beyond)

講者:Prof. Jürgen Pelikan, Austrian Public Health Institute & University of Vienna, Austria

摘要:原始 HLS-EU 的結果和後續研究，除了對 HLS-EU 進行驗證外，6 種結果被進行分析並證明了健康識能對公共衛生至關重要，包括:(1)健康識能一般和特定方面的分布(2)其它與測量健康識能相關的組織(協會)(3)透過社會決定因素確定健康識能(4)健康識能對健康生活方式

的影響(5)健康識能對自我健康報告指標的影響(6)健康識能在使用專業健康服務方面的影響。

HLS-EU 摘要：(1)基於理論的綜合健康識能測評，具有良好的心理計量學性能、(2)數據的收集可以透過個人訪談、電話訪談、自我管理或基於網路的方式來應用、(3)已可用於多種歐洲和亞洲語言，且經過了驗證、(4)測量顯示預期與健康識能的相關決定因素和結果之間的關聯，但因國家而異、(5)通過測量證明健康識能是決定因素，部分還是健康的中介或調節者，比其它大多數社會對健康的決定因素影響更大、(6)健康識能的結果可用於與 8 個以上的歐盟國家和一些亞洲國家進行基準比較。

結論：(1)為提升健康識能在健康方面的研究、實踐和政策，定期測量一般民眾的健康識能是必要的、(2)為全面性的定義，概念和通用模型及工具是必要的，以獲取健康識能的不同面、(3)最好在許多國家使用國際標準化工具進行測量，以實現國家間標準化、(4)世界衛生組織歐洲通過 M-POHL 行動網絡發起的倡議及其首次將研究與政策結合起來的 HLS 19 研究，是實現這一目標的好方法、(5)如果 WHO 其他區域或這些區域的國家也採用這種模式，那將會很有意義！



利物浦大學 John Field 博士演講



奧地利 Jürgen M. Pelikan 主任演講

5. 11 月 11 日平行會議

(1)主題:當健康識能結合新創以減少全球健康照護系統之差異;從數位鴻溝至數位發展(When Health Literacy meets innovation for reducing disparities in a universal healthcare system ; from digital divide to digital development)

講者: Prof. Diane Levin-Zamir, University of Haifa, Israel

摘要:智慧健康識能定義為能夠從電子資源中尋找、發現、理解和評估健康訊息，並將獲得的知識應用於解決健康問題的能力。智慧健康識能測量方面，其工具包含 10 個問題(自我評估)，要能夠查找、使用和評估線上的數位資訊，以及使用網路資訊的信心程度。

在實踐和介入方面，對應用研究的未來需求：(1)智慧健康識能:我們如何在個人和社區層面上促進智慧健康識能，不讓任何人落後？(2)批判性健康識能:我們如何從小就盡可能發展成為“生產者”(相對於消費者)(3)跨 M-POHL 生命週期的智慧健康識能:啟動縱向研究，以了解該挑戰是橫向之世代相傳或縱向的延伸。

(2)主題:透過媒體提升健康識能(Improving Health Literacy through Media:An initiative)

講者:A.Prof. Natasha Khurshid, National Bulletin of Public Health, Bangladesh

摘要:健康識能在公共衛生領域是一個很重要的概念。在這個現代數位的世界，包括報紙、電視、網路和行動 App 在內的媒體，是可以建立個人技能的重要因子，以發展或改善健康狀況。為增加傳播和基於實證的健康識能實踐，除了媒體沒有比它更好的方法。了解到這事實後，孟加拉的公共衛生人員開始以多種方式參與媒體的活動。

使大眾媒體以各種方式參與方式，包括：(1)與新聞學院合作、(2)培訓醫療衛生記者、(3)鼓勵公開討論、(4)提供訊息給電視台健康節目。

(3)主題:SDG 時代全民健康覆蓋之路：健康識能方針(The Road to Universal Health Coverage in SDG Era:The Health Literacy Approach)

講者:A.Prof. Paras K Pokharel, BP Koirala Institute of Health Sciences, Nepal

摘要:用健康識能來解決問題，在可近性管道議題方面，包括:為什麼有些人

人不參加免費的癌症篩檢？為什麼有部分結核病/愛滋病患者有延遲治療的情形？某些不信任健康服務的人如何參與？在治療議題方面，

包括:某些糖尿病患者為什麼不像其他病人一樣進行自我管理？我們如何鼓勵更多結核病患者完成治療？在複雜性問題方面，包括:為什麼

人們繼續返回急診接受初級預防照護？失去唯一家庭醫學科醫師的社區，如何照護民眾的健康和健康照護需求？患有非傳染性疾病的

老年人需要哪些自我管理？人們需要哪些能力應付緊急情況？提供服務者的健康識能:如何使學校教師作為最佳的健康教育者？

監測健康識能的介入，包括:重要的追蹤容易被忽略的人口、不遺漏(可持續發展目標，上海宣言等)、界定哪些是最容易被遺漏的族群(農村人口 83%、貧困線以下最下層的 1/4 人口、125 個民族使用 123 種

語言、識字率 66%，其中女性 57%)、使用 HLQ / ISHA-Q 進行健康識能研究可以確定人群及其特定的健康識能需求、持續追蹤不應被

遺漏的那些低健康識能的人。

跨地區的健康識能領域(Areas of health literacy work across settings):

1.國家層級:跨國性比較，倡議將健康素養作為國家優先重點。

- 2.政策制定者:包括跨部門之政策決策者健康識能。
- 3.一般大眾:大眾傳播的健康識能。
- 4.青年時期:學校、兒童和青少年的健康識能。
- 5.相關服務之使用者:具有健康識能以實踐特定的服務提供模式(例如:以患者為中心的照護、智慧醫療);將健康識能作為使消費者具備選擇和自我導向能力的一種方法。
- 6.醫護人員:醫護人員的健康識能和行為改變能力。
- 7.接受服務不足族群:針對和解決難以接觸到族群之健康識能問題。
- 8.一般大眾/社區層級:使社區採取健康行動;健康識能和社區對健康信念和態度的形成。



Prof. Diane Levin-Zamir



A.Prof. Natasha Khurshid

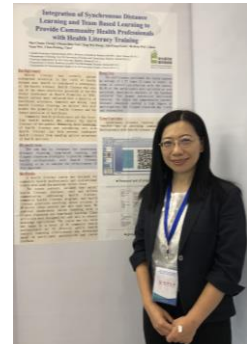


與參與平行會議者合影



Dr. Kristine Sørensen(左)、A.Prof. Paras K Pokharel(中)、A.Prof. Sabrina Kurtz-Rossi(右)

6.11 月 11 日海報展示



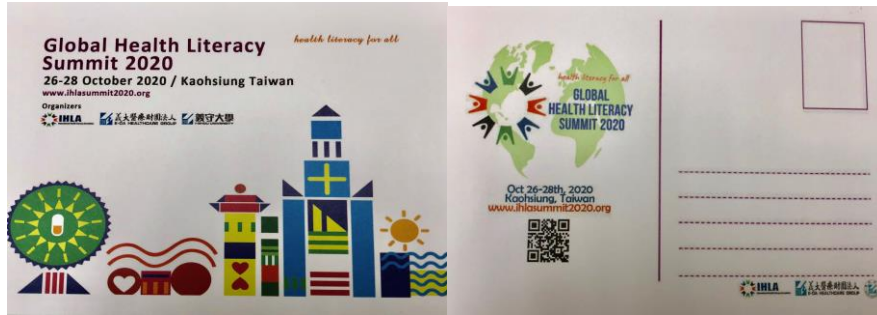
與香港 Dr. Angela Leung(右)合影 國民健康署劉家秀研究員、張瓊丹科長於會場海報展示

7.11 月 11 日攤位展示

臺灣義大醫院獲得「2020年全球健康識能高峰會」主辦權，與國際健康識能學會Kristine Sørensen理事長等於會場宣傳，我國將於2020年10月26日至28日在高雄萬豪酒店舉行此盛會，期盼共同帶領新的國際衛生合作潮流。



Kristine Sørensen 理事長(右 3)



「2020 年全球健康識能高峰會」宣傳品

8. 11 月 12 日平行會議

- (1) 主題: 臺灣國家健康識能行動計畫 (National Health Literacy Action Plan Development in Taiwan)

講者: 衛生福利部國民健康署劉家秀研究員

摘要: 在臺灣約有 30.2% 的成人健康識能不足，低癌症篩檢率、高住院率導致較差的健康狀態，為提升國人健康識能，推行了許多計畫及策略，如：發展國內健康識能調查工具，提供「中文多面向健康識能量表」，作為健康識能政策擬定與計畫推動之參考；發展「健康識能友善素材審查指標」及使用指引，除擴大健康傳播效益外，亦辦理全國性健康素材徵選活動，將符合健康識能作品上架至「健康九九」衛生教育資源平台，供全民下載，以達資源共享。並從不同健康領域進行資訊交流，以提升健康識能友善環境等。

「臺灣健康識能國家行動綱領」架構以衛生系統為主軸，教育系統與社會文化系統為合作夥伴。衛生系統的組織架構由上而下為中央衛生主管機關、地方衛生主管機關以及基層的執行場域，包括：醫療場域、社區基層醫療保健單位、衛生所以及職場。本行動綱領規劃健康識能的推動策略，可從健康資訊品質、數位科技、生活場域、醫療場域

、專業人力、焦點群體與健康議題、研究與發展等7大方向啟動。

另「臺灣健康識能國家行動綱領」策略目標，包括:(1)改善健康資訊品質，提供可信賴、易獲取、易理解且可執行的健康資訊。(2)發展數位科技，強化健康資訊傳播與運用，建立民眾自我健康管理自主權。(3)強化生活場域健康識能的培育環境，提升民眾健康識能。(4)促進醫療衛生場域的改變，以達健康識能友善。(5)培育健康識能人力，提供健康識能服務。(6)提升民眾健康識能，尤其是特別需關注的群體與健康議題，使民眾能自我管理健康與進行合適的醫療決策。(7)擴展健康識能的研究與發展，作為推動健康識能實務的依據。



CONFERENCE-DAY 2: 12 th November 2019 (TUESDAY)	
8:30-11:00	Registration
8:00-10:45	Session 11
	ROOM 401
	Health Literacy in health promotion
	Moderators: Prof. Nguyen Thanh Hiep Prof. Tin Tin Su
	Keynote: National Health Literacy Action Plan Development in Taiwan. Ying-Wei Wang Health Promotion Administration, Ministry of Health and Welfare, Taiwan
	Keynote: Promoting Health Equity at the Intersection of Health Literacy, Culture and Language. Sabrina Kurtz-Rossi Department of Public Health and Community Medicine, Tufts University, USA



國民健康署劉家秀研究員口頭發表與 Sabrina Kurtz-Rossi 交流

(2)主題:健康識能、語言和文化的交互關係，以提升健康平等(Promoting Health Equity at the Intersection of Health Literacy, Culture and Language)

講者: Sabrina Kurtz-Rossi, Department of Public Health and Community Medicine, Tufts University, USA

摘要:在健康識能方面，健康識能受限的成人中，有 45%來自少數種族群體；在語言方面，英文能力受限的人可能會缺乏語言識能；在文化方面，如果採用西方的制度，則來自不同文化背景的人們可能無法找到有用的方法。在文化能力介入方面，分為：文化能力培訓、翻譯服務、翻譯素材及僱用社區衛生工作者。健康識能介入分為：健康識能培訓、簡單的語言、傳授技術及在成人教育計畫中教授健康。文化中合適的內容：使用能反映民眾的內容和圖像，圖像能以正面的方式反映你的受眾、範例適合用於目標民眾的文化、在整個方法開發過程中讓民眾也一同參與。

總結:(1)認識健康識能和文化、語言間的交互性和連結性、(2)整合健康識能和文化能力的介入措施，以產生最大效益、(3)認識內在偏見、挑戰權力失衡，並努力實現系統性改變。

(3)主題:比利時的健康識能情形(HLS19 for Belgium)

講者: Stephan van den Broucke, University of Catholic Louvain, Belgium

摘要:比利時的目前狀況:(1)不在 HLS-EU 的調查範圍、(2)今有各種健康識能相關的倡議、(3)日益增長的政治興趣、(4)參與國際專案項目：糖尿病識能(研究健康識能在提高糖尿病自我管理教育效力之作用及 IC-HEALTH(促進歐洲公民之數位健康識能)、(5)人口健康識能調查：

全國線上調查由健康保險基金會在 2014 年至 2016 年執行，以及 2018 年全國性 HLS-Q6 訪查。

(4)亞洲健康識能學會公布 WHO 歐洲署 Measuring Population and Organization Health Literacy(M-POHL)行動組織同意合作亞洲 M-POHL 研究委員會，組成亞洲研究聯盟稱為 M-POHL-AHLA Lite，已有馬來西亞、尼泊爾、印度、越南、哈薩克、以色列、印尼，及臺灣義大醫院提出申請，未來亞洲健康識能學會將協調各國與 M-POHL 進行各國民眾與組織的健康識能資料收集，與政策接軌，將研究結果進行有效推廣與發展，並促進國際合作。

參、心得與建議

- 一、各國與會者提及健康識能是如何預防、解決其醫療問題，以及提出幾個可能面臨的醫療困境，如拒絕醫療人員的照護、偏遠地區的醫療資源及所該具備的醫療知識...等，有助於回頭檢視國內醫療體系之相關策略與其實踐。
- 二、推動健康識能有助於提升全民之醫療識能，以減少醫療資源的濫用。本會議亦有提出立法者、老師乃至於全民所該具備之醫療知識，且特化前二者結合多媒體資源成為健康識能最主要的傳播方式，如制定相關法案與中小學基本教育之重要性……等，以達成全民的健康識能。
- 三、此次會議大家對於運用適當量表做為評量健康識能的工具都非常有興趣，目前 HLS-EU 量表已在歐洲 23 個國家及數個亞洲國家以研究的方式使用過，惟各國的國情與文化各有差異，臺灣應可研發符合自己需要的健康識能量表，做為策定政策參考之用。
- 四、今(2020)年臺灣為辦理全球健康識能高峰會之主辦國，應可利用此機會邀請國際此領域重要專家學者與本署及國內相關產學位做深入交流，以擴大我國在健康識能領域之影響力。

BỆNH VIỆN QUẬN THỦ ĐỨC

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Glance Program

PRE-CONFERENCE DAY: 10th November 2019 (SUNDAY)

	Room 404	Room 406	Room 408
9:00 – 12:00	Pre-conference workshop 1	Pre-conference workshop 2	Pre-conference workshop 3
	Health Literate Healthcare Organizations: application in research and practice	Health Literacy Policy and Advocacy	Digital Health Literacy, Health Literacy and Innovation in the Healthcare system
12:00 – 14:00	General Assembly Meeting (Room 403)		
14:00 – 17:00	City Tour		
17:00 – 20:00	Welcome dinner (Invited only)		

CONFERENCE DAY 1: 11th November 2019 (MONDAY)

8:00–17:00	Registration					
8:45–9:00	Opening Cultural Performances					
9:00–9:30	Opening remarks					
9:30–9:45	Award ceremony					
9:45–10:15	Group photo - Coffee break					
10:15–12:15	Plenary session					
12:15–13:30	LUNCH			Poster Presentations (P1-P44)		
13:30–15:15	Session 1 ROOM 404 Health literacy in media & communication	Session 2 ROOM 406 Health literacy in aging care	Session 3 ROOM 408 Health literacy in Asia	Session 4 ROOM 410 Health literacy in NCDs	Session 5 (I) LOTUS 1 Carlo Urbani, SARS (2003), and Health Literacy	Session 6 (I) LOTUS 4 Health Literacy in Nursing Practice
15:15–15:45	Coffee Break			Poster Presentations (P45-P87)		
15:45–17:30	Session 7 ROOM 404 Health literacy in health services, delivery, outcomes	Session 8 ROOM 406 Health literacy in maternal & child health	Session 9 ROOM 408 Health Literacy in CIS Countries	Session 10 ROOM 410 Health literacy and CRC	Session 5 (II) LOTUS 1 Carlo Urbani, SARS (2003), and Health Literacy	Session 6 (II) LOTUS 4 Health Literacy in Nursing Practice
18:00–20:00	GALA Dinner + Culture Night (Ground Floor)					

CONFERENCE DAY 2: 12th November 2019 (TUESDAY)

8:30–11:00	Registration			
8:00–10:45	Session 11 ROOM 404 Health Literacy in health promotion	Session 12 ROOM 406 Integrated care in hospitals & publics	Session 13 ROOM 408 Health literacy and translational research in MCH	Session 14 LOTUS 4 Initiative on WHO M-POL and Beyond
10:45–11:00	Coffee Break			
11:00–12:00	IHLA Open Forum and 2020 Health Literacy Summit (LOTUS 4)			
12:00–12:30	Best Oral and Poster Awards Closing Ceremony Prof. Peter Chang; Dr. Nguyen Minh Quan			

Full Program

PRE-CONFERENCE DAY: 10th November 2019 (SUNDAY)

	Room 404	Room 406	Room 408
9:00 – 12:00	Pre-conference workshop 1	Pre-conference workshop 2	Pre-conference workshop 3
	Health Literate Healthcare Organizations: application in research and practice. Prof. Terence Ming-Che Tsai Prof. Sabrina Kurtz-Rossi	Health Literacy Policy and Advocacy. Prof. Stephen Van den Broucke Dr. Kristine Sorensen Prof. Paras K Pokharel	Digital Health Literacy, Health Literacy and Innovation in the Healthcare system. Prof. Diane Levin-Zamir Prof. Jurgen Pelikan
12:00 – 14:00	General Assembly Meeting (Room 403)		
14:00 – 17:00	City Tour		
17:00 – 20:00	Welcome dinner (Invited only)		

CONFERENCE-DAY 1: 11th November 2019 (MONDAY)

8:00–17:00	Registration	
8:45–9:00	Opening Cultural Performances	
	Dance with Vietnam palm-leaf conical hat - Dance with lullaby Au Lac	
9:00–9:30	Opening Remarks	
	A/Prof. Tran Thi Trung Chien Honorary President of 7 th HALA, former Minister of Health Dr. Nguyen Minh Quan President, the 7 th AHLA Conference Prof. Peter Chang President, AHLA Dr. Kristine Sorensen President, International Health Literacy Association Dr. Stephan Van de Broucke Vice President, International Union for Health Promotion and Education Dr. Yuan-Kun Tu President, E-Dah Hospital (host of the 2020 Global Health Literacy Summit Conference) Dr. Ying-Wei Wang Director-General, Health Promotion Administration	
9:30-9:45	Award Ceremony	
	Global Health Literacy Awards AHLA Network Achievements Awards Yufong International Health Literacy Awards	
9:45–10:15	Group photo - Coffee break	
10:15–12:15	Plenary session (Main Conference Hall, 1F)	
	Moderators: Prof. Terence Ming – Che Tsai; Dr. Diane Levin - Zamir	
	Integration of Cancer Literacy in National Cancer Control Plans – a policy analysis. <i>Dr. Kristine Sorensen Global Health Literacy Academy, Denmark.</i>	
	Health literacy and screening in lung cancer – time to start implementation. <i>Dr. John Field Director of Research- The University of Liverpool, UK.</i>	
	Ultra-deep massive parallel sequencing for detecting and quantifying plasma circulating-tumor DNA: clinical utility and limitation. <i>Dr. Nguyen Hoa Nghia University of Medicine And Pharmacy, HCMC, Vietnam.</i>	
	An overview on results of health literacy studies of general population using HLS-EU instruments in Europe and beyond. <i>Prof. Jurgen Pelikan Austrian Public Health Institute & University of Vienna, Austria.</i>	
12:15–13:30	LUNCH	Poster Presentations (P1-P44)

>> Parallel Session<<

13:30-13:45	Session 1 ROOM 404 Health literacy in media & communication	Session 2 ROOM 406 Health literacy in aging care	Session 3 ROOM 408 Health literacy in Asia	Session 4 ROOM 410 Health literacy in NCDs	Session 5 (I) LOTUS 1 Carlo Urbani, SARS (2003) and Health Literacy	Session 6 (I) LOTUS 4 Health Literacy in Nursing Practice
	<p>Moderators: Prof. Carmen C. Tolabing Prof. Jingen Fellkam</p> <p>Keynote: When Health Literacy meets Innovation for reducing disparities in a universal healthcare system: from digital divide to digital development. Diane Levin-Zamar University of Haifa and Clalit Health Services, Israel</p> <p>Keynote: Improving Health Literacy through Media: An Initiative. Maha Kharshid National Bureau of Public Health, Bangladesh</p> <p>Youtube channel as an opportunity to improve health literacy among patient through hospital television: The case of InaHealth TV. Fataw Sari Tetra Dewi, Universitas Gadjah Mada, Indonesia</p> <p>Media Literacy and Smoking Prevention on Children. Nurqanah Universitas Gadjah Mada, Indonesia</p>	<p>Moderators: Prof. Diane Levin-Zamar, Prof. Vo Van Thang</p> <p>Keynote: Workforce development to improve quality health and social care services for older adults in ASEAN countries. Makamura Keiko TMDFU, Japan</p> <p>Keynote: How to Improve Health Literacy and Homecare for Elderly People in Vietnam Lau Ngoc Hoa Hanoi Medical University, Vietnam</p>	<p>Moderators: Prof. Le Vu Anhly Dr. Kristine Soromon</p> <p>Keynote: Health literacy, healthcare accessibility, utility, and health outcomes among people living in suburban rural areas. Tuyen Van Duong Taipei Medical University, Taiwan</p> <p>Keynote: Prevalence of limited health literacy in the Philippines. Ma. Carmen C. Tolabing University of the Philippines</p> <p>Comparing the accuracy and the composition between an Indonesia's Health Literacy Survey Questionnaire Sort Form (HLS-EU-SQI(0-IDN) and the others shortform. Enny Rachmanti Universitas Dian Nuswantoro, Indonesia</p> <p>Validating the HLS-EU-Q47 for the Indian context. Jyeshtha Dsouza Université catholique de Louvain, Belgium</p>	<p>Moderators: Prof. Stephen Van den Broeckle Prof. Nguyen Duc Chinh</p> <p>Keynote: Advocating dementia literacy in society: The stakeholders involved and the actions needed. Angela Y.M. Leung The Hong Kong Polytechnic University, Hong Kong</p> <p>Health Literacy Intervention on Uncontrolled Hypertension Patients. Sudiree Visanuyapichit Maharat Nakhon Ratchasima Hospital, Thailand</p> <p>Knowledge, attitudes, practices on cervical cancer prevention and some related factors among women aged 18-60 in Thua Thien Hue province Huy Tu Uyen Le Hue University of Medicine and Pharmacy, Vietnam</p> <p>Protocol on health literacy for management and control of hypertension: a participatory action intervention in a village of Chandigarh, India Renu Passi Post Graduate Institution of Medical Education and Research, India</p>	<p>Moderators: Dr. Min-Shi Lee; Dr. Nguyen Thanh Hung</p> <p>Keynote: Control and prevention of SARS in Vietnam. Nguyen Van Kinh National Hospital for Tropical Diseases, Vietnam</p> <p>Lessons learnt from SARS outbreaks and preparing for future epidemics. Mel-Shang Ho Academia Sinica, Taipei, Taiwan</p> <p>Prevention and Control of Emerging Infectious Diseases in Vietnam. Le Van Tan Oxford University Clinical Research Unit, Vietnam</p> <p>Panel Discussion</p>	<p>Moderators: Prof. Terence Tsai Dr. Tran Quang Huy; Ms. Vuong Thi Nhat Le</p> <p>Keynote: Effectiveness of training programmes on Nurses' wound care competencies after one-year implementation at Viet Duc University Hospital. Pham Thi Dung Vietnam Surgical Nursing Branch, Vietnam</p> <p>The Effectiveness of an education program for patients about Ostomy self-care. Le Ngoc Tuyet University of Medicine and Pharmacy, HCMC, Vietnam</p> <p>Adherence of treatment and Quality of life of Gouty patients in Rheumatology department at E Hospital 2019 Nguyen Thi Thao E Hospital, Vietnam</p> <p>Factors related to quality of life of patients with advanced cancer. Duy Thi Thu Mai Da Nang Oncology Hospital, Vietnam</p>

1330-1345	Session 1 ROOM 404 Health literacy in media & communication	Session 2 ROOM 406 Health literacy in aging care	Session 3 ROOM 408 Health literacy in Asia	Session 4 ROOM 410 Health literacy in NCDs	Session 5 (I) LOTUS 1 Carlo Urbani, SARS (2003) and Health Literacy	Session 6 (I) LOTUS 4 Health Literacy in Nursing Practice
	Effect of the health behavior development program by applying media health literacy skill to prevent type 2 diabetes mellitus among at-risk population at Pan Charoen sub-district health promoting hospital, Wanon Niwat district, Sakon Nakhon province. Saksit Khamkor Khon Kaen University, Thailand.	Stroke prevention in non-valvular atrial fibrillation patients: choosing the right OACs for right patients? Nguyen Van Thi, President of Geriatric Association of Ho Chi Minh City.	Health Literacy on Influenza and Influenza Vaccination among High Risk Groups in Thailand. Pakurat Kongmuang Ministry of Public Health, Thailand.	The 14-item health literacy scale for diabetes: Translation and preliminary validation study of the Vietnamese version. Vo Tuan Khoa Department of Endocrinology Hospital 115, Vietnam.	Quality of life and related Factors on patients with deep venous thrombosis. Nguyen Thi Thanh Truc University Medical Center, HCMC, Vietnam.	Assessment the wound care of nurses in Intensive Care Unit and some Surgical Department of E Hospital, 2016. Do Thi Ngoc E Hospital, Vietnam.
	Association between internet using and health information seeking behavior among adults in the central region of Vietnam. Quynh Anh Nguyen Duc Hue University of Medicine and Pharmacy, Vietnam.	A social epidemiological perspective to the relationship between health literacy and oral health of older persons in Ghana. Palmore Adusei Amoah Centre for Social Policy and Social Change, Ghana.	E-Health Literacy of Medical Students at a University in Central Vietnam. Thuy Le Thi Bich Hue University of Medicine and Pharmacy, Hue, Vietnam.	Effects of Health Literacy Program with Social Media for Obesity Prevention Among Overweight Personnel in Health Promoting Center. Aichana Namuang Graduate School, Khon Kaen University, Thailand.	Nutritional status of preoperative cardiovascular patients at Viet Duc hospital in 2018. Trinh Thi Thanh Binh Viet Duc University Hospital, Vietnam.	Effective respiratory support group at Cho Ray hospital. Dang Hoang Vu Cho Ray Hospital, Vietnam.
	Reliability and validity of the internet gaming disorder-20 test among Vietnamese teenager. Thu Uyen Hoang Hanoi Medical University, Vietnam.	Association of nutritional supplements usage and information sources with gestational diabetes mellitus among pregnant women. Nguyen Hoang Minh Haiphong University of Medicine and Pharmacy, Vietnam.	Health literacy and associated factors among inpatients in Lien Chieu District medical center, Danang, Vietnam. Linh Huynh Ba Phuong Lien Chieu District medical center, Vietnam.	Endoscopic Removal of Upper GI Foreign Body Dr. Dang Vu Ngoc Giang Thu Duc District hospital	The journey of changing diabetes in Vietnam Hoang Thi Xuan Thanh Product Manager – New generation insulin Novo Nordisk AIS Vietnam	
	Relationship between health information seeking sources and eHealth literacy among adults in China. May O. Lwin Wee Kim Wee School of Communication and Information, Singapore.	TAMSULOSIN OCAS (HARNAL OCAS) Lower urinary tract symptoms/ Benign Prostatic Obstruction (LUTS/BPO) Mem Dang Medical Advisor – Astellas Pharma	Comprehensive healthcare solutions Phar. Nguyen Thi Hanh Thu Abbott laboratories Ph. Ltd	Presentus Kabi caring for life My Tran Product Manager		
1345-1348	Coffee Break					
1345-1348	Poster Presentations (P45-P90)					

15:45-17:30	Session 7 ROOM 404 Health literacy in health services, delivery, outcomes	Session 8 ROOM 406 Health literacy in maternal & child health	Session 9 ROOM 408 Health Literacy in CIS Countries	Session 10 ROOM 410 Health Literacy and CRC	Session 5 (III) LOTUS 1 Carlo Urbani SARS (2003) and Health Literacy	Session 6 (II) LOTUS 4 Health Literacy in Nursing Practice
	Moderators: Prof. Sabrina Kurze-Bossi; Dr. Kristine Sorensen	Moderators: Prof. Michael P Dianne; Prof. Vo Van Thang	Moderators: Prof. Natsaba Khurshid; Prof. Jitgen Palkan	Moderators: Prof. Terrence Tsai Prof. Tran Quoc Kham Prof. Lau Ngoc Hoa	Moderators: Dr. Le Van Tam; Dr. Wen-Chiung Chang	Moderators: Prof. Angela Y.M. Leung; Dr. Tuyen Van Duong; Dr. Phan Thi Dung
	Keynote: Global health literacy plans and actions by the governments. Peter WS Chung Tufts University Medical School of Medicine, USA	Keynote: Informational research to improve maternal and child health literacy: The Evidence for Better Lives Study. Manuel Eisner University of Cambridge, UK	Keynote: The Psychology of Health Literacy. Stephan Van den Broeck Université catholique de Louvain, Belgium.	Keynote: Precision medicine in population-based colorectal cancer screening. Hsiu-Hsi Chen National Taiwan University, Taiwan.	Keynote: Updates on Asia-Pacific Network for Enterovirus Surveillance (APNES). Min-Shi Lee APNES, Taiwan	Keynote: Team Based Care: A selected work model to satisfy effective patient centered care. Tran Quang Huy Vietnamese Nursing Association, Vietnam.
	Keynote: Health Literacy and Universal Health Care. Paras K Pokharel B P Koirala Institute of Health Sciences, Nepal	Keynote: Understanding the health and social service needs of pregnant women in Vietnam: A method to compare the perceptions of health professionals and new mothers. Huyen Phuc Do Queensland University of Technology, Australia.	Keynote: The place of parental nutrition literacy in prevention of NCDs. Alym Aringazira Kazakhstan School of Public Health, Medical University, Almaty, Kazakhstan.	Keynote: Taiwan Colorectal Cancer Screening Program. Sam Li-Sheng Chen Taipei Medical University, Taiwan.	Keynote: Multi-Target Zika Virus Pathogenesis. Eliisa Virezzi San Raffaele Scientific Institute, Italy	Keynote: Knowledge and self-mobility behaviors to prevent deep vein thrombosis in patients with femoral neck fracture. Le Thi Cam Thu University of Medicine and Pharmacy, HCMC, Vietnam.
	Nurses' Knowledge of and Experience with Health Literacy in Clinical Practice: A Meta-Ethnography. Asha C. Kodiah The Hong Kong Polytechnic University, Hong Kong	The effect of health literacy and social support development program on pregnant behavioral prevention for early adolescent. Perwop Chaiyachai Khon Kaen University, Thailand.	CIS countries group initiative within the WHO European Action Network on Health Literacy for Implementation of Prevention and Control of NCDs. Marin Lopatnik Ministry of Health of the Russian Federation, Russia.	A population-based randomized controlled trial for colorectal cancer screening in Khon Kaen, Thailand: Implementation and current situation. Pongdech Sunkam Khon Kaen University, Thailand.	Prevention and control of dengue fever in Vietnam. Luong Chan Quang, Pasteur Institute in Ho Chi Minh City, Vietnam.	Factors related innovation behavior among nurses in general hospital in central of Vietnam. Le Van Tung Ranh Hoa Provincial Department of Health, Vietnam.
	The Role of Health Literacy in Predicting Patient-provider Communication in Beijing Secondary Students Shoujun(Jun) Guo Royal Children's Hospital, Australia	Diversity in using the internet to find health information among mothers with children under five years old at Vietnam National Children's hospital in 2019 Thai Son Dinh Hanoi Medical University, Vietnam.	Health literacy among former Soviet Union immigrants. Liliana Kostareva University of Hawaii at Manoa USA.	Disease Burden and Screening Policy for CRC in Vietnam. Le Dinh Duong Hue University of Medicine and Pharmacy, Vietnam.	Panel discussion: William Harn, TUP, Taiwan Min-Shi Lee, APNES, Taiwan.	A survey on the Knowledge and Attitudes of medical staff toward medical incidents reporting in Quang Ninh Obstetrics & Pediatrics Hospital in 2018. Le Thi Thu Tung Quang Ninh Obstetrics and Pediatrics Hospital, Vietnam.

15:45-17:30	Session 7 ROOM 404 Health literacy in health services, delivery, outcomes	Session 8 ROOM 406 Health literacy in maternal & child health	Session 9 ROOM 408 Health Literacy in CIS Countries	Session 10 ROOM 410 Health Literacy and CRC	Session 5 (II) LOTUS1 Carlo Urbani SARS (2003) and Health Literacy	Session 6 (II) LOTUS4 Health Literacy in Nursing Practice
	Strengthening the prevention of occupational diseases at surgical hospital through survey in VietDuc hospitals for ergonomic. <i>Luong Mai Anh Ministry of Health, Vietnam.</i>	Pregnancy health literacy among teenagers in Kaysoone district, Savannakhet province, Lao PDR. <i>Phouvilai Santisouk University of Health Sciences, Laos.</i>	The issues regarding early rehabilitation of children with Down Syndrome. <i>Arunda Yeldenkova Medical University, Kazakhstan.</i>	Laparoscopic surgery for colorectal cancer in Thu Duc District Hospital: 2016-2019 result <i>Chu Minh Tuan Thu Duc district hospital</i>		Assessment the Knowledge, Attitude and Practice on Ostomates at hospital in Southern Vietnam. <i>Vo Thi Thanh Tuyen University Medical Center, HCMC, Vietnam.</i>
	A school-based nutritional program on the management of childhood obesity. <i>Hsiang Ju Pan Kaohsiung Veterans General Hospital, Taiwan.</i>	The effectiveness of health education program with utilizing line application for enhancing health literacy in motorcyclist accident prevention among non-formal education adolescents. <i>Nethawat Panysai Khon Kaen University, Thailand.</i>	Ethnic differences of hypercholesterolemia prevalence and awareness among rural residents of two countries: Russia and Kyrgyz Republic. <i>Konisevaya Anna Ministry of Health of the Russian Federation, Russia.</i>			A study of management competency on chief nurses <i>Truong Hoa Nam Kien Giang General Hospital, Vietnam.</i>
						Assessing Symptom distress among patients with Bronchopulmonary cancer treated at Thai Nguyen Oncology Center <i>Nguyen Duc Thanh Thai Nguyen National Hospital, Vietnam</i>
						Nurses' working engagement at general hospital of Agriculture. <i>Le Thi Trang Danang University of Medical Technology and Pharmacy, Vietnam.</i>
18:00-2:00	GALA Dinner + Culture Night (Ground Floor)					

CONFERENCE-DAY 2: 12th November 2019 (TUESDAY)

8:30-11:00

Registration

	Session 11	Session 12	Session 13	Session 14
8:00-10:45	ROOM 404 Health Literacy in health promotion	ROOM 406 Integrated care in hospitals & publics	ROOM 408 Health Literacy and Translational Research in MCH	LOTUS 4 Initiative on WHO M-POL and Beyond
	<p>Moderators: Prof. Nguyen Thanh Hiep Prof. Tin Tin Su</p> <p>Keynote: National Health Literacy Action Plan Development in Taiwan. Ying-Wei Wang Ying-Wei Wang Health Promotion Administration, Ministry of Health and Welfare, Taiwan.</p> <p>Keynote: Promoting Health Equity at the Intersection of Health Literacy, Culture and Language. Sabrina Kurts-Ross Sabrina Kurts-Ross Department of Public Health and Community Medicine, Tufts University, USA.</p> <p>Effects of Mental Health Literacy Promotion Program with Positive Psychology Concepts for Promoting Stress Management Behavior among Village Health Volunteers. Watcharin sukhorn Watcharin sukhorn Khon Kaen University, Thailand.</p> <p>Effects of oral health literacy program on promoting oral health behaviors and oral health status among Thai adults with type 2 diabetes mellitus. Supasin Dornkai Supasin Dornkai Khon Kaen University, Thailand.</p> <p>The effects of health literacy and motivation application program on alcohol drinking behavioral reduction of male adolescents. Aynara Rattisriwang Aynara Rattisriwang Khon Kaen University, Thailand.</p>	<p>Moderators: Prof. Hazreen Abdul Majid Prof. Lau Ngoc-Hoa</p> <p>Keynote: Rolling out the CARPET: To Equip Primary Healthcare Professionals for Patient Engagement Pradeeha K. Pradeeha K. National Healthcare Group Polytechnic, Singapore.</p> <p>Health literacy for early dementia diagnosis. Sheng-Pin Cheng Lai Sheng-Pin Cheng Lai Lansideed International Hospital, Taiwan.</p> <p>Associated factors of hypertension in a general Vietnamese population and potential roles of health literacy. Tran Quoc Cuong Tran Quoc Cuong Thu Duc Hospital, Vietnam.</p> <p>Health Literacy of Patients Attending Cardiac Rehabilitation. Alison Bancalump Alison Bancalump Australian Centre for Heart Health, Australia.</p> <p>An initial assessment of awareness and participation of doctors and nurses with patients on Health promotion activities at E hospital, Vietnam. Do Thi Ngoc Do Thi Ngoc E Hospital, Vietnam.</p>	<p>Moderators: Prof. Manuel Esmer; Prof. Vo Van Thang</p> <p>Keynote: Transforming doctoral research into practical resources to improve health literacy of maternal and child health workers in Vietnam. Michael P Dumez Michael P Dumez Queensland University of Technology, Australia.</p> <p>Association health literacy influencing awareness of autism spectrum disorder (ASD) early screening of mothers with children under 3 years old in Viet Nam Thinh Thi Mai Le Thinh Thi Mai Le Hanoi University of Public Health, Vietnam.</p> <p>Health literacy of parents with autistic spectrum disorder children in Hanoi in 2018: A cross-sectional study and a quantitative study. Nguyen Ngoc Khanh Nguyen Ngoc Khanh Ha Noi Medical University, Vietnam.</p> <p>Autistic in Hanoi, Vietnam: knowledge about early detect on autistic among teachers of preschool schools. Duy Nguyen Gao Duy Nguyen Gao Hanoi Medical University, Viet Nam.</p> <p>Current situation on the prenatal health care utilization among new mothers in the mountainous district. Tran Dinh Trung Tran Dinh Trung Dongang University of Medical Technology and Pharmacy, Vietnam.</p>	<p>Moderators: Prof. Peter WS Chang Prof. Carmen C. Tolabing</p> <p>An overview on aims, structure and procedures of M-POHL Christiw Dierischer Christiw Dierischer Austrian Ministry of Health, Austria.</p> <p>An overview on aims, research questions, design and instruments of HLS19. Jürgen Pelikan Jürgen Pelikan Austrian Public Health Institute & University of Vienna, Austria.</p> <p>Research questions and instrument for measuring digital health literacy (DHL) within HLS19. Diane Levin-Zamir Diane Levin-Zamir University of Haifa and Clalit Health Services, Israel.</p> <p>HLS19 for Kazakhstan Alayn Aringazina Alayn Aringazina Kazakhstan School of Public Health, Medical University, Almaty, Kazakhstan.</p> <p>HLS19 for Denmark Kristine Sørensen Kristine Sørensen Global Health Literacy Academy, Denmark.</p>

8:00-10:45	Session 11 ROOM 404	Session 12 ROOM 406	Session 13 ROOM 408	Session 14 LOTUS 4
	<p>Health Literacy in health promotion</p> <p>Health Literacy on Food Consumption among School Adolescent in Vientiane Capital.</p> <p><i>Somphone Dakrong University of Health Science, Laos.</i></p>	<p>Integrated care in hospitals & publics</p> <p>Outcomes at the Neonatal Intensive Care Unit, Eastern Regional Referral Hospital, Monggar Bhutan: A Retrospective Cohort Study.</p> <p><i>Hari Prasad Pokhrel Gidokom Hospital, Ministry of Health, Bhutan.</i></p>	<p>Health Literacy and Translational Research in MCH</p> <p>Effects of Health Literacy and Self-Efficacy Program for Premature Pregnancy Prevention among Thai Female Adolescents.</p> <p><i>Pannar Bandhokwathakit Khon Kaen University, Thailand.</i></p>	<p>Initiative on WHO M-POL and Beyond</p> <p>HL.S19 for Belgium</p> <p><i>Stephan van den Broeck University of Catholic Louvain, Belgium.</i></p>
	<p>The relationship between health literacy and preventive behavior of coronary artery disease among people in Tanod Subdistrict Non Sung District, Nakhon Ratchasima Province</p> <p><i>Taniida Phaisara Nakhon Ratchasima Rajabhat University, Thailand.</i></p>	<p>How critical health literacy and self-sufficiency economy theory contribute to community development?</p> <p><i>Kesinee Samritichai Khon Kaen University, Thailand.</i></p>		
10:45-11:00	Coffee Break			
11:00-12:00	<p>LOTUS 4</p> <p>IHLA Open Forum and 2020 Health Literacy Summit</p>			
12:00-12:30	<p>LOTUS 4</p> <p>Best Oral and Poster Awards Closing Ceremony</p> <p>Prof. Peter Chang; Dr. Nguyen Minh Quan</p>			

Poster Session

	Presenter	Content
P1.	Yupawadee Chaekulchat	Increasing Satisfaction on Quality Management at a Dental Public Health School
P2.	Paul Bass	Health Literacy on the Predictors for Serious Traumatic Brain Injury from Physical Violence Among African Men in The Gambia
P3.	Rattagan Yanaso	Satisfaction in TB care services at a primary care unit in Bangkok, Thailand
P4.	Nguyen Minh Tu	What is level of physical activity among secondary school students in Vietnam?
P5.	Huang, W. Y.	Effects of virtual reality on balance control in older adults
P6.	Sauhem W, Student	Effects of Mental Health Literacy Promotion Program with Positive Psychology Concepts for Promoting Stress Management Behavior among Village Health Volunteers
P7.	Monica Trifitriana	The Differences Effectiveness of Health Promotion Through Audiovisual Media and Lecture Methods on the Level of Knowledge of Elementary School Children About TB Disease
P8.	Afifa Jasmon	Parental Influences on Medical Students' Self-Efficacy and Career Exploration in Collectivist Culture
P9.	Azzahra Shinta Intansari	The Relationships of Self Efficacy, Outcome Expectation, Career Intention and Career Exploration in Nursing Student's Career Choice
P10.	Fidyah Pratiwi	Relationship between Career Self Efficacy, Career Outcome Expectation, Career Intention and Career Exploration in Career Selection Nutrition Science Student
P11.	Fianirazha Primesa Caesarani	Modeling of Career Choice Behaviors in Indonesian Dentistry Students
P12.	Wan-Yun Huang	The effects of integrated outpatient services for people with disabilities on health literacy
P13.	Rao, Arathi	Development of a Health Literacy Toolbox for India
P14.	Mai P. Nguyen	Sleep quality literacy in cancer patients and its related factors
P15.	Karl Peltzer	High carbonated soft drink consumption is associated with externalizing and internalizing behaviour among in-school adolescents in six Southeast Asian countries
P16.	Luu Ngoc Minh	Health literacy among mothers of children under 3-year: A latent class analysis
P17.	Pham Hai Thanh	Association of health literacy of mothers with their decision on screening for autism spectrum disorder (ASD) in children aged under 3 years old in Vietnam
P18.	Duong Quoc Thao	Proportion and factors associated with hyperuricemia of people over 40 years old in Quang Nam Province
P19.	Okti Ratna Mafruhah	Identify quality assessment tools for medication literacy measures
P20.	Daniyar Ainakulov	Health literacy in secondary prevention of cardiovascular diseases
P21.	Ryan C. Guinaran	Positioning Our Purpose: Communicating Health Through 'NutriSkwela' Community Radio in Ifugao, Philippines
P22.	Nguyen Thi Bich Tuyen	Integrating behavioral activation technique in cognitive-behavioral therapy treatment for anxiety disorders in Viet Nam
P23.	Anthony T.NG	Implications of Indeterminacy between Requests (for action) and References (of information) for Public Health Communication and Critical Health Literacy
P24.	Yoslien Sopamena	Measuring health literacy among first year college students of Universitas Pattimura
P25.	Yulita Sirinti Pongtambang	Using Cognitive Interviews to Adapt Health Literacy Scale Instrument for First Year College Students of Four Public Universities in Indonesia
P26.	Xiao Yu Zhuang	Evaluating the effectiveness of the Mental Health First Aid training among Chinese-speaking tertiary international students in Melbourne
P27.	Myo Minn Oo	Tuberculosis literacy and completion of household contact investigations: A household based survey from Southern Thailand
P28.	Vallerut Pobkeeree	Communicating Health Risks of Influenza Vaccine to the Elderly
P29.	Ha TTT	Health status and the need to use the health services of the elderly at some elderly Hai Phong clubs in 2018.
P30.	Hoang Yen Nhi	Health literacy and some factors related to the breakfast practice of third year Medical students in Hanoi 2018-2019
P31.	Jerico H. Bajador	Development and Pilot-testing of a Schizophrenia Literacy Questionnaire for Caregivers of Patients with Schizophrenia at the National Center for Mental Health
P32.	S. Dulamsuren	Patient Literacy in Cardiovascular Diseases Prevention to maintain lifestyle changes
P33.	Chatchawan Phetkong	Health Literacy among Leader of Elderly Social Club at Regional Health Promotion Center 5 Ratchaburi, Thailand
P34.	Bhumika Desai	Information Needs of Oral Cancer Patients in India: A Qualitative Study Protocol
P35.	Ian Dixon	Ashes and Sighs: Formulating and Distributing Palliative Care in Cinema
P36.	Thang Nguyen Huu	Validation and reliable of the active aging scale for Vietnamese elderly adults.
P37.	Phan Thanh Phuc	Health Promoting Hospital: Evidenced from a University Medical Center

	Presenter	Content
P38.	Palanisamy Sivanandy	A nationwide study on retail pharmacists knowledge, attitude and perception towards patient safety in Malaysia
P39.	Ying-Hsuan Chen	Exploring the relationship of eHealth Literacy, Perceived Credibility of Health Information Sources and Internet Fake-Checking
P40.	Mei-Chuan Chang	Integration of Synchronous Distance Learning and Team Based Learning to Provide Community Health Professionals with Health Literacy Training
P41.	Gaukhar Kayupova	Student's health literacy level according to university type (preliminary results of the ongoing research in Karaganda, Kazakhstan)
P42.	Bernadette Bartlam	Novel approaches to capturing household dimensions of health literacy
P43.	Nguyen Minh Tu	Association between physical activity and depression, anxiety, stress among students at hue university of medicine and pharmacy in 2018
P44.	Le Xuan Hung	Health literacy and some related factors to the preservation of food in the refrigerator of housewife in Hanoi in 2018
P45.	Van Sang Phan	Effectiveness of Pictorial cigarette warning labels on smoking quit intention: Results from Global Adult Tobacco Survey (GATS) 2015
P46.	Van Sang Phan	Knowledge, Attitude, and Practice about Hepatitis B Disease and Demands of Patients Infected with Hepatitis B Virus in the Hue University of Medicine and Pharmacy Hospital
P47.	Nguyen Thi Khanh Ly	Knowledge, attitude, practice on sexuality education of parents have children in teenager in Thuy Van, Huong Thuy, Thua Thien Hue province 2019.
P48.	Katawut Suramanka	The Effectiveness of Stages of Change Model and Social Support Application Program on Adolescent Smoking Cessation, Thailand.
P49.	Reetu Passi	Reliability and confirmatory factor analysis of Health Literacy Questionnaire- Asia (HLQ Asia): a cross sectional survey among Indian adults
P50.	Nguyen Thi Anh Ngoc	Knowledge, attitude, practices of nurses and the relative factors on prevention of Hepatitis B
P51.	Nguyen Xuan Dung	Health capacity and related elements on outpatients \geq 40 years at Thu Duc district hospital in 2017
P52.	Le Tran Tuan Anh	Knowledge, attitudes and practice about managements of blood pressure of hypertensive patients in Hai Phong Medical University Hospital
P53.	Nguyen Minh Tu	Internet addiction and related factors among medical students
P54.	Nguyen Thi Anh Chi	Knowledge and Practice on Food Safety Among Housepersons in Hue City, In 2017
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