出國報告(出國類別:國際會議)

# 出席「第47屆心理治療研究學會年會暨學術研討會」

47th Annual Meeting and Workshop of the Society for Psychotherapy Research

服務機關:國立暨南國際大學諮商心理與人力資源發展學系

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出國期間:105年6月18日至6月29日

報告日期:105年7月20日

摘要

心理治療研究學會(Society for Psychotherapy Research, 簡稱 SPR) 為一國際、

多元學科的組識,致力於心理治療的研究,SPR 鼓勵心理治療研究的發展,同時

著重與心理治療有關的研究基礎與應用。每年 SPR 的年會為來自不同國家的研究

者們創造互動與對話的機會。本次工作坊與年會除了各國的研究者分享新的研究

結果外,也鼓勵學生發展自己的研究,從研究的分享中交流各國心理治療的發展

情況、新興的研究主題、研究方法的運用、研究的結束,以及實務工作者與研究

者的交流、文化對於心理治療的影響。本人除參與會前工作坊、年會的論文研討

外,也發表「Taiwanese Client's Experiences with Counselors in High-Power

Position」之壁報論文,將台灣的心理治療經驗分享給其它國家的研究者。

關鍵字:心理治療、SPR

### 目 次

	`	目的	. 1
<u> </u>		行程	. 1
=	•	心得與建議	. :
		附錄一:壁報論文	
		附錄二:論文全文	
		附錄三:研討會內容	

### 一、 目的

藉由參與心理治療研究學會(Society for Psychotherapy Research,簡稱 SPR) 之年會與會前工作坊,認識各國學者目前在心理治療研究上的方向、了解學者在研究方法上的思考與運用、參與實務工作者與研究者的對話,也分享自己在台灣研究的結果與經驗,透過研究結果呈現台灣文化下心理治療歷程的特殊性。另外,也與不同的研究者互動與交流。

### 二、行程

- (一) 6月18日(六)
  - 桃園機場出發至香港,再從香港機場前往安曼。
- (二) 6月19日(日) 到達安曼,再從安曼至特拉維夫、於特拉維夫住宿。
- (三) 6月20日(一) 在特拉維夫住宿。
- (四) 6月21日(二) 從特拉維夫搭車至耶路撒冷
- (五) 6月22日(三)

早上參加「Focusing on meaning in life in psychotherapy」工作坊,此工作坊由 Maryland 大學的 Clara Edith Hill 教授分享自己近期的研究,重新思考意義對人、對諮商的影響,運用討論的方式說明目前研究的方向放在個人的生命意義對自己的影響,Hill 教授分享自己從文獻整理中找到的面向,也透過討論激發思考尚未被涵蓋的面向。

下午參與「Interpersonal psychotherapy(IPT)」的工作坊,由三位學者分別說明 IPT 學派的理論與實務,IPT 是透過協助個案解決人際問題而減緩症狀,是個有結構、短期的治療學派,在不同的諮商階段都有要完成的任務,而治療師的角色是很主同、具同理心且聚焦於人際問題。

### (六) 6月23日(四)

早上參加的第一場會議是「Practice-oriented research: A semi-plenary session on the present and future of clinicians' and researchers' partnerships」由五位研究者分享自己的研究結果與經驗,並透過討論研究其研究方法的信效度,其中討論最多的是 SBS 系統,運用 SBS 系統讓大家能共享研究的資料,由資料的交流與共享中,激發更多的研究素材,得到更多的研究結果。

第二場會議是「What's the best way to triangulate for early career researchers?」,這場會議不同於其它研究分享與報告的會議,會議主持人、主講人與參與者共同討論自己的研究經驗,並討論在量化研究與質性研究上的思考與執行的困難。

第三場會議「Alliance ruptures and resolutions: Training and practice」中所發表的研究呈現出治療者在面對同盟關係受損時態度與介入上的影響與差異。第四場會議「Alliance ruptures and repair and their relation to patient process and outcome」中所分享的研究,呈現出治療同盟與治療結果的關係。

晚上進行壁報論文發表,我發表「Taiwanese Client's Experiences with Counselors in High-Power Position」,透過研究發展將台灣心理治療領域的經驗分享給不同國家的研究者,研究結果呈現華人文化中重關係與和諧的價值觀深深地影響諮商關係。也藉此機會與自日本、中國大陸與以色列當地的研究者交流,談及心理治療之文化研究的重要性與推動的困難。

### (七) 6月24日(五)

早上的第一場會議是「Therapeutic change in attachment-based therapies」,研究者分享依附治療學派在實務上的成效,運用研究的方式說明個案經歷治療後的改變。第二場會議是「Different ways to assess and validate adult attachment」,由研究者分享自己如何測量成人的依附類型,不同測量方式的討論。

下午的第一場會議是「How to establish a research and training clinic for psychotherapy? Essentials, pitfalls, short-term and long-term goals」,本場會議邀請許多在世界各地進行治療師培訓與研究的學者,參與者也有許多是實務工作者、研究者與學生,本場會議有許多熱烈的討論,也分享各地訓練的方式、如何進行訓練成效的評估以及如何突破買時性研究的困難。第二場會議是「Practice-Oriented Research: Therapist effects and training」中藉由研究的結果討論治療師的訓練對治療結果的影響、也討論受訓者接受訓練後的回饋。晚上,參與另一梯次的壁報論文發表,觀摩其它研究者的研究主題、研究方法與研究結論。

### (八) 6月25日(六)

早上的第一場會議的主題是「Studies of therapist training and early development: First findings of the SPRISTAD study from Finland, Italy and India」,本場的研究是與 SPR 合作,運用 SPR 所發展出 SPRISTAD 的訓練架構培訓當地的治療師,再研究其訓練成效,研究呈現此模式能協助受訓者提高能力。第二場會議是「Supervision at the crossroads: Addressing challenges and dilemmas」此會議的研究者分享各地治療師尋求督導的情況、以及督導中處理反移情、問題解決與督導關係的議題。

下午第一場是「Couple & Family Therapy」研究者分別呈現自己翻譯問卷後信效度的研究、分析伴侶或家族治療中的現象、第二場是「On client

disclosures in psychotherapy: "Honesty is such a lonely word, everyone is so untrue"」,研究者分別從不同的角度討論個案在諮商中隱瞞的現象。

### 三、 心得與建議

出席此次研討會其中最大的感觸是不論學者在心理治療領域的資歷,都呈現 出積極地透過此會議與他人分享和交流自己的研究興趣與經驗,而且也積極地透 過討論為自己的研究展開新的思考,所以開放度很高,且少有因資歷而出現的階 層感。另外,也看到許多非西方國家的學者積極地討論如何整合個地的研究經驗, 以呈現心理治療中文化的議題,但文化的研究仍在少數,是個待努力研究的領域。 就研究方法的部份,也從一些學者的分享中學習到質性研究方法上,如何將質性 研究的價值突顯也成為未來重要的方向。

建議未來台灣有更多的研究者,將心理治療的台灣經驗帶到研究會上分享, 更能促使國際上對於心理治療多元文化觀點的重視。 四、 附錄一:壁報論文

### Taiwanese Client's Experiences with Counselors in High-Power Position

### Shih-Ting Hung National Chi Nan University

### Li-Chu Hung National Taipei University of Education

### Introduction

The existence of power differential in a counseling relationship has been confirmed by studies (Dryden, 2009; Sexton & Whiston, 1994). To avoid abuse of power, which leads to inefficient counseling and potential harm to the client, it is necessary for the counselor to have a high level of awareness of power differential in the counseling room (Corey, Corey & Callanan, 2011; Totton, 2009; Zur, 2014). Nevertheless, only a few studies are conducted towards power relationships in counseling (Reandeau & Wamplod, 1991; Xue, 2010), and in which little is talked about how a client recognizes and faces such counselors. Since power differential is inevitable, the purpose of this study is directed towards improving counselors' awareness of power position in counseling by discussing the experiences of clients facing counselors in high-power position. This study attempts to find out how a client judges whether his her counselor is in a high power position, and how a client deal with the high power of his/her counselor.

### Method

An invitation letter is posted on Taiwan Counseling Net, wherein the topic, the interview protocol, and the welfare of the research participants are described. Six participants (five females, one male, Mage= 29.5 years, age range: 24-35 years) are interviewed. Five of them are interviewed twice and the other one once. Each interview lasts 50-90 minutes. Each participant has the experience of counseling ranging from eight to 92 sessions. The interviews are recorded with the participants' consents and then transcribed. Thematic analysis is employed for analyzing data.

### Result

The result shows that a client recognizes counselors in highpower positions by looking for two signs. The first one is the gap between the client's expectations and the counselor's plan. The gap may occur in the puce of counseling, level of disclosure, selection of topics, and the length of sessions. The second one is the counselor's approaches that provent the client from expressing and insisting on his/her needs. The approaches include aggressive confrontation, redirection of topic, answering questions with questions, ignoring client's questions and feelings, obstinateness, exaggerating the gravity and severity of client's problem, and accusatory analysis, suggestions and persoastons.

The result also indicates that clients tend to compromise when facing counselors in high-power positions. The reasons behind the compromise of a client can be categorized into personal and cultural

- Personal reasons are:
  - 1. Seeing compromise as a means of breakthrough and change.
- 2. To prevent disagreement which renders sessions futile.
- · Cultural reasons include:
  - Obedience to authority, believing in that following an expert's orders would solve his/her problem.
  - 2. Seeing questioning an expert as an improper behavior.
  - Regarding a harmonious relationship with the counselor as more important than his/her own needs.

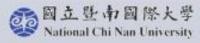
#### Conclusion

- Clients tend to sense the power differential via facial expression, attitude, language, and professional knowledge of their counselors.
- Clients tend to sense the power differential through their negative emotions such as fear, worry, hurt, angry and disappointment towards their counselors, instead of directly recognize it.
- Expectations to the counseling and trust to the counselor are two factors that can influence clients on their judge of counselors' power positions.
- Clients tend to compromise when facing counselors in high-power positions due to personal and cultural reasons.

### Reference

- Corey, G., Corey, M. S., & Callanan, P. (2011). Issues and Ethics in the helping professions. Belmont, CA: Brooks.
- Dryden, W. (2009). The Therapeutic Alliance as an Integrating Framework. In W. Dryden (Ed.), Key Issues for Counselling in Action (pp. 1–15). London: Suge Publications.
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五、 附錄二:論文全文

### Taiwanese Client's Experiences with Counselors in High-Power Position

**Shih-Ting Hung** 

**National Chi Nan University** 

Li-Chu Hung

**National Taipei University of Education** 

### Abstract

This study is directed towards improving counselors' awareness of power position in counseling by exploring the experiences of clients facing counselors in high-power position with hermeneutic phenomenological methodology. This study attempts to find out how a client judges whether his/her counselor is in a high power position, and how a client deal with the high power of his/her counselor. Six participants are interviewed. Thematic analysis is employed for analyzing data. The findings indicate: (a) clients tend to sense the power differential via facial expression, attitude, language, and professional knowledge of their counselors; (b) clients tend to sense the power differential through their negative emotions such as fear, worry, hurt, angry and disappointment towards their counselors, instead of directly recognize it; (c)expectations to the counseling and trust to the counselor are two factors that can influence clients on their judge of counselors' power positions; (d)clients tend to compromise when facing counselors in high-power positions due to personal and cultural reasons.

Keywords: power differential, power, counseling relationship, counselor

### **Taiwanese Client's Experiences with Counselors in High-Power Position**

The existence of power differential in a counseling relationship has been confirmed by studies (Dryden, 2009; Sexton & Whiston, 1994). To avoid abuse of power, which leads to inefficient counseling and potential harm to the client, it is necessary for the counselor to have a high level of awareness of power differential in the counseling room (Corey, Corey & Callanan, 2011; Totton, 2009; Zur, 2014). Nevertheless, only a few studies are conducted towards power relationships in counseling (Reandeau & Wamplod, 1991; Xue, 2010), and in which little is talked about how a client recognizes and faces such counselors. Since power differential is inevitable, the purpose of this study is directed towards improving counselors' awareness of power position in counseling by discussing the experiences of clients facing counselors in high-power position. This study attempts to find out how a client judges whether his/her counselor is in a high power position, and how a client deal with the high power of his/her counselor.

### Method

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lasts 50-90 minutes. Each participant has the experience of counseling ranging from eight to 92 sessions. The interviews are recorded with the participants' consents and then transcribed. Thematic analysis is employed for analyzing data.

### Results

The result shows that a client recognizes counselors in high-power positions by looking for two signs. The first one is the gap between the client's expectations and the counselor's plan. The gap may occur in the pace of counseling, level of disclosure, selection of topics, and the length of sessions. The second one is the counselor's approaches that prevent the client from expressing and insisting on his/her needs. The approaches include aggressive confrontation, redirection of topic, answering questions with questions, ignoring client's questions and feelings, obstinateness, exaggerating the gravity and severity of client's problem, and accusatory analysis, suggestions and persuasions.

The result also indicates that clients tend to compromise when facing counselors in high-power positions. The reasons behind the compromise of a client can be categorized into personal and cultural ones. Personal reasons are: (a) seeing compromise as a means of breakthrough and change; (b) to prevent disagreement which renders sessions futile. Cultural reasons include: (a) obedience to authority, believing in that following an expert's orders would solve his/her problem (b) seeing

questioning an expert as an improper behavior; (c) regarding a harmonious relationship with the counselor as more important than his/her own needs.

### Conclusion

In summary: (a) clients tend to sense the power differential via facial expression, attitude, language, and professional knowledge of their counselors; (b) clients tend to sense the power differential through their negative emotions such as fear, worry, hurt, angry and disappointment towards their counselors, instead of directly recognize it; (c)expectations to the counseling and trust to the counselor are two factors that can influence clients on their judge of counselors' power positions; (d)clients tend to compromise when facing counselors in high-power positions due to personal and cultural reasons.

### Reference

- Corey, G., Corey, M. S., & Callanan, P. (2011). *Issues and Ethics in the helping professions*. Belmont, CA: Brooks.
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(Unpublished master's thesis). National Changhua University of Education, Taiwan.

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六、 附錄三:研討會內容

### Tuesday, June 21

Tuesday | 9:00 AM--5:00 PM | Executive Council Meeting

### Wednesday, 22 June

Wednesday | 9:00 AM--12:00 PM | Editors' Meeting

Wednesday | 9:00 AM--3:00 PM | **Executive Council Meeting** 

1. **Pre-Conference Workshop** *practice-training-research* 

Wednesday | 9:00 AM--12:00 PM | Mirror Room #1 (70)

Theory and practice of transforming images as a way to integrate context, stress and coping in practice and research: The CSC model

Ephrat Huss, Ben-Gurion University of the Negev

2.

method

networks

**Pre-Conference Workshop** *psychotherapy integration* 

Wednesday | 9:00 AM--12:00 PM | Mirror Room #2 (70)

Focusing on meaning in life in psychotherapy

Clara Edith Hill, University of Maryland

3. **Pre-Conference Workshop** *quantitative* & *qualitative* 

Wednesday | 9:00 AM--12:00 PM | New Conference Room #1 (70)

A reliable method of case formulation for psychotherapy research, practice and training

John T. Curtis, University of California, San Francisco

George Silberschatz, University of California, San Francisco

### 4. **Pre-Conference Workshop**

evidence-based psychotherapies Wednesday | 9:00 AM--12:00 PM | New Conference Room #2 (70)

### **Intensive Transactional Analysis** Psychotherapy (ITAP)

### ITAP Theory

Francesco Scottà, Centro Psicologia Dinamica (CPD)

How to put ITAP clinical interventions into practice Marco Sambin, University of Padua

### Videos of real ITAP therapies

Alice Broggio, University of Padua; Francesca Bianco; Stefano Colussi

Validation of ITAP as evidence based treatment Irene Messina, University of Padua; Enrico Benelli

5. **Pre-Conference Workshop** 

mindfulness-based intervention

Wednesday | 9:00 AM--12:00 PM | Youth Room #1 (50)

The cultivation of therapeutic presence with mindfulness

Shari Melissa Geller, York University

6. **Pre-Conference Workshop** 

culture & identity

Wednesday | 9:00 AM--12:00 PM | Lecture Hall (120) Narrative Exposure Therapy (NET) as an

effective tool for treating trauma: Application to asylum seekers in Lower Austria

Godela von Kirchbach, Sigmund Freud University

Wednesday | 12:00 PM--2:00 PM | **Lunch Break** 

Wednesday | 2:00 PM--5:00 PM | Lecture Hall (120) 7. Interpersonal psychotherapy (IPT) **Pre-Conference Workshop** evidence-based psychotherapies Overview of IPT Josh Lipsitz, Ben-Gurion University of the Negev IPT in different psychopathologies Anat Brunstein Klomek, IDC Herzliya IPT in eating disorders Yael Latzer, University of Haifa 8. Wednesday | 2:00 PM--5:00 PM | Mirror Room #2 (70)Pre-Conference Workshop Fostering a healthier relationship with food mindfulness-based intervention through mindful eating Introduction to the principles of mindful eating Bao-Chau Du, University Health Network Wednesday | 2:00 PM--5:00 PM | New Conference 9. Room #1 (70) **Pre-Conference Workshop** Theater improvisation skills in service of the alliance & interpersonal (daring) therapist process Assael Romanelli, Hebrew University of Jerusalem Wednesday | 2:00 PM--5:00 PM | New Conference 10. Room #2 (70) **Pre-Conference Workshop** Training workshop for coding therapy practice-training-research sessions using the Multitheoretical List of networks

Interventions (MULTI)

Nili Solomonov, Adelphi University

Kevin Scott McCarthy, Chestnut Hill College

## **Pre-Conference Workshop** practice-training-research networks

### Wednesday | 2:00 PM--5:00 PM | Youth Room #1 (50)

## The SPRISTAD Study of Psychotherapists in Training: Research Protocols and Online Data Collection

David E. Orlinsky, University of Chicago

Bernhard Strauss, University Hospital

M. Helge Rønnestad, University of Oslo

Ulrike Willutzki, Witten/Herdecke University

### 12.

## **Pre-Conference Workshop** *quantitative & qualitative method*

Wednesday | 2:00 PM--5:00 PM | Mirror Room # 1 (70)

Methods for analyzing within-person effects in psychotherapy process-outcome research

Fredrik Falkenström, Linköping University

Wednesday | 5:00 PM--5:30 PM | **Break** 

Wednesday | 5:30 PM—5:45 PM | YMCA Entranceway

Welcome Bells – Musical Offering Gaby Shefler, Hebrew University

Wednesday | 6:00 PM--6:30 PM | Auditorium (600) **Opening Welcome** 

J. Christopher Muran, Program Chair, Derner Institute, Adelphi University

Gary Diamond, Local Host Chair, Ben-Gurion University of the Negev

Wednesday | 6:30 PM--7:30 PM | Auditorium (600) Presidential Address

### Defense mechanisms and adaptation

J. Christopher Perry, McGill University

Wednesday | 7:30 PM—8:00 PM | Auditorium (600) **Awards Ceremony** 

Jeanne Watson, University of Toronto

Wednesday | 8:00 PM—10:00 PM | YMCA Back Terrace

### Reception

### Thursday, 23 June

13.

**Semi-Plenary** 

mindfulness-based intervention

Moderator:

Shelley McMain,

University of Toronto

Thursday | 9:00 AM--10:30 AM | Lecture Hall (120) Mindfulness in psychotherapy: From theory

to practice

Shari Melissa Geller, York University

Wolfgang Tschacher, Universität Bern

Joshua K. Swift, Idaho State University

Jeffrey A. Hayes, Penn State University

Shian-Ling Keng, National University of Singapore

14.

Semi-Plenary

psychotherapy integration

Moderator:

Catherine F. Eubanks, Yeshiva

University

Discussants:

Beatriz Gomez, Aigle Foundation

Rhonda Goldman, Illinois School of Professional Psychology at Argosy University Thursday | 9:00 AM--10:30 AM | New Conference Room #1 (70)

Research on psychotherapy integration: Where we are and where we need to go

Challenges in research on psychotherapy integration and future directions

Thomas Berger, University of Bern; Franz Maurus Caspar

Discovery-oriented research and psychotherapy integration: Learning from Japanese clients and therapists

Shigeru Iwakabe, Ochanomizu University

The client drives the integration bus Alberta Eveline Pos, York University

### **Semi-Plenary**

child & family

Moderator:

Jay Lebow, The Family Institute at Northwestern University Thursday | 9:00 AM--10:30 AM | New Conference Room #2 (70)

20/20 hindsight: Insights from programs of family and child research over several decades

Insights from 35 years of research on Brief Strategic Family Therapy

Jose Szapocznik, University of Miami; Viviana Horigian

Insights from 25 years of research on child and adolescent therapy outcomes

Mary Target, University College, London

16.

### **Semi-Plenary**

practice-training-research networks

#### **Moderators:**

Louis Castonguay, Penn State University; Kim de Jong, Leiden University; Wolfgang Lutz, University of Trier Thursday | 9:00 AM--10:30 AM | Mirror Room #1 (70)
Practice-Oriented Research: A semi-plenary
session on the present and future of
clinicians' and researchers' partnerships

Practice-oriented research and practice research network: What's up?

Louis Castonguay, Penn State University

Patient-focused and feedback research in psychotherapy

Wolfgang Lutz, University of Trier

Challenges in practice-oriented research from a student's perspective

Juan Martin Gomez Penedo, Universidad de Buenos Aires

Practice-oriented research: Lessons learnt from the implementation of SBS system in a psychodynamic oriented training clinic

Tuvia Peri, Bar-Ilan University

Practice-oriented research and practice research network: What's next?

Kim de Jong, Leiden University

Thursday | 10:30 AM—11:00 AM | **Break** 

### **Structured Discussion**

quantitative & qualitative method

#### Moderator:

Birgitta Schiller, Sigmund Freud University

Thursday | 11:00 AM--12:30 PM | Youth Room #2 (50)

### What's the best way to triangulate for early career researchers?

Himanshu Giri, Sigmund Freud University

Dan Pokorny, Ulm University

Blerta Bodinaku, University of Tirana

Guenter Karl Schiepek, Paracelsus Medical University

Giulio de Felice, Sapienza University of Rome

### 18.

### **Structured Discussion**

culture & identity

Moderator:

Gaby Shefler, Hebrew University Thursday | 11:00 AM--12:30 PM | Library (30)

Mental health practice and services among Palestinian Arab society in Israel: Between traditional and global values, and between empathy and war ethics

Khawla Abu-Baker, Al-Qasemi College

Ruth Sharabany, University of Haifa

Shafiq Masalha, Hebrew University

Anan Srour, Center for Psychological Services

### 19.

### **Panel**

alliance & interpersonal process

#### Moderator:

Lynne M. Knobloch-Fedders, Northwestern University

### Discussant:

Laurie Heatherington, Williams College Thursday | 11:00 AM--12:30 PM | Glass Room (50) Interpersonal process in couple therapy: Understanding patterns of change in alliance and outcome

Treatment response in couple therapy: Relationship adjustment and individual functioning change processes

Lynne M. Knobloch-Fedders, Northwestern University; William M. Pinsof; Claudia Haase

Multiple alliances in couple therapy: Moving beyond the concept of balanced vs. split alliances

Adam Horvath, Simon Fraser University; Christoph Flückiger

## Change in couples' interpersonal behavior predicting change in depression and relationship distress across sessions of couple therapy

Stephanie J. Wilson, Penn State University; Lynne M. Knobloch-Fedders

### 20. **Panel**

practice-training-research networks

### Moderator:

P. Scott Richards, Brigham Young University

Thursday | 11:00 AM--12:30 PM | Boardroom (40)

Bringing spiritually oriented psychotherapies into the health care mainstream: A call for worldwide collaboration

**Bridges: The creation of a practice-research network** P. Scott Richards, Brigham Young University

**CAMOS online psychotherapy research system** Peter W. Sanders, Brigham Young University

Templeton foundation grant and funding opportunities

Daniel K. Judd, Brigham Young University

**Practice-based evidence findings of Bridges** G. E. Kawika Allen, Brigham Young University

### 21. Panel

quantitative & qualitative method

### Moderator:

Antje Gumz, Berlin University of Psychology

### Discussants:

Jeremy D. Safran, New School University; J. Christopher Muran, Adelphi University Thursday | 11:00 AM--12:30 PM | Lecture Hall (120) Qualitative and quantitative contributions to psychodynamic psychotherapy research

Conceptual metaphors of the 'talking cure' Christopher Marx, Berlin Psychological University (PHB); Antie Gumz

Associations between categories of therapeutic utterances and common factors depending on symptom severity and therapeutic relationship Antje Gumz, Berlin University of Psychology; Anne Daubmann; Rainer Erices

### Pilot study of a computerized measure of researcher allegiance

Thomas Munder, Berlin Psychological University (PHB); Johannes Zimmerman

### Panel

psychotherapy integration Moderator: Ilanit Hasson-Ohayon,

Ilanit Hasson-Ohayon Bar-Ilan University Thursday | 11:00 AM--12:30 PM | Mirror Room #1 (70)

Timely approaches of psychotherapy and psychosocial interventions with people who have a serious mental illness

Internet-based self-help for psychosis: A feasibility pilot study

Stefan Westermann, University of Bern

Studying the effectiveness of metacognitive reflection and insight therapy: Preliminary results Marieke Pijnenborg, University of Groningen

Studying the process of change among people with a serious mental illness participating in Narrative Enhancement Cognitive Therapy (NECT)

David Roe, University of Haifa

Social cognition and interaction training versus therapeutic alliance focused therapy among persons with Serious Mental Illness (SMI): Improving social skills and quality of life

Ilanit Hasson-Ohayon, Bar-Ilan University

23.

### **Panel**

quantitative & qualitative method

#### Moderator:

Amir Raz, McGill University

Thursday | 11:00 AM--12:30 PM | Mirror Room #2 (70)

### **Neurofeedback and Psychotherapy Research**

The self-regulating brain and neurofeedback: Clinical promise and psychotherapy research Amir Raz, McGill University

Neurofeedback: A tool in neuro-rehabilitation Anat Barnea, Clinic for Neurofeedback

**Brain-machine interface for locked-in patients**Niels Birbaumer, University of Tubingen

### Panel

evidence-based psychotherapies

#### Moderator:

Marrie HJ Bekker, Tilburg University

Thursday | 11:00 AM--12:30 PM | New Conference Room #2 (70)

### **Autonomy-connectedness: Therapy effects** and cross-cultural aspects

Autonomy-connectedness mediates sex differences in anxiety, mood, eating, and antisocial personality disorder

Marrie HJ Bekker, Tilburg University; Marcel A.L.M. van Assen

### Enhancing autonomy-connectedness in anxiety-disordered patients: A randomized controlled trial

Joyce Maas, Tilburg University; Ton van Balkom; Marcel A.L.M. van Assen; Liesbeth A.P. Rutten; Marietta van Mastrigt; Marrie HJ Bekker

Enhancing autonomy-connectedness: some characteristic aspects of the intervention Brenda Kouwenhoven, Private practice

25.

### Panel

child & family Moderator:

H-Daniel Espinosa-Duque, Pontificia Universidad Católica

#### Discussant:

de Chile

Olga María Fernandez, Chilean University

Thursday | 11:00 AM--12:30 PM | Spinning Room (50) Change processes and relational experiences in child and adolescent psychotherapy

What changes during psychotherapeutic process with children? A qualitative approach from the perspective of therapists, children and family members

Nicolle Alamo, Pontificia Universidad Católica de Chile; Claudia Capella; Lucia Nuñez; Mariane Krause

Subjective change in psychotherapy from the perspective of adolescents, therapists and external observers

Ana Maria Cortes; Henry Daniel Espinosa; Claudia Capella; Olga María Fernandez; Marcela Mendoza; Mariane Krause

Relational experience and therapeutic process in adolescents with depressive symptoms

H-Daniel Espinosa-Duque, Pontificia Universidad Católica de Chile; Ana Maria Cortes; Mariane Krause

### **Panel**

child & family
Moderator:
Gil Goldzweig,
The Academic College of
Tel-Aviv Yaffo

Thursday | 11:00 AM--12:30 PM | New Conference Room #1 (70)

### Meaning construction in the face of loss, grief and cancer

Meaning centered group psychotherapy with cancer patients: Adaptation to Israeli setting and preliminary results

Gil Goldzweig, The Academic College of Tel-Aviv Yaffo; Ilanit Hasson-Ohayon; Reut Wertheim; Gali Elinger; Anat Laronne; Noam Pizem

### Narrative reconstruction for prolonged Grief Disorder

Tuvia Peri, Bar-Ilan University

The process of couple therapy connected with grief issue: Mentalisation and reflective-functioning rating as the analytical tool, metological considerations

Bernadetta Janusz, Jagiellonian University

Effects of meaning-centered grief therapy on continuing bonds among parents who lost a child to cancer

Wendy Lichtenthal, Memorial Sloan Kettering Cancer Center

27. **Brief Paper Session** *alliance & interpersonal* 

process

Thursday | 11:00 AM--12:30 PM | Green Room #2 (30)

### **Alliance & Interpersonal Process**

Listening to silence: Therapists' and patients' perspectives of silence as regulatory function in psychotherapy process

Marcela Guzmán, Universidad de Chile; Alemka Tomicic; Claudio Martinez

Alliance and therapist adherence: Development, bidirectional associations and relation to treatment outcomes in systemic therapy for antisocial adolescents

Aurelie M. C. Lange, De Viersprong Institute for Personality Disorders and Behavioral Problems; Rachel E. A. van der Rijken; Jan J.V. Busschbach; Marc J.M.H. Delsing; Ron H.J. Scholte Reorganization of the object relations in psychotherapy: The function of relational play matrix between the therapist and the patient Pelin Elitok, İstanbul Bilgi University; Sibel Halfon

Therapist effect: Honesty, playfulness, creativity and humor as predictors of successful therapy
Refael Yonatan Leus, Hebrew University

Therapist recognition of alliance ruptures as moderator of ruptures' effects on alliance and symptoms in the next session
Roei Chen, Bar-Ilan University; Eran Bar-Kalifa; Eshkol

On the ethical tension between respect for autonomy and beneficence in psychotherapy Hadar Eini, University of Haifa

Rafaeli; Dana Atzil-Slonim

28. **Brief Paper Session** *evidence-based treatments* 

Thursday | 11:00 AM--12:30 PM | Youth Room #1 (50)

Interpersonal Psychotherapy (IPT)

Feasibility study of Interpersonal Psychotherapy for Adolescents Diagnosed with Learning Disorders/ADHD and Subsyndromal Depression and Anxiety (IPT-A-LD)

Anat Brunstein Klomek, IDC Herzliya; Daphne Kopelman-Rubin; Alan Apter; Hila Argintaru; Laura Mufson

Interpersonal Psychotherapy (IPT): A 40-year mixed methods review and histiography

Paula Ravitz, University of Toronto; Priya Watson; Holly Swartz; Michael J. Constantino; Jamie Park; Samantha Bernecker; Myrna Weissman

Thursday | 12:30 PM—2:00 PM | Lunch Break

Thursday | 12:30 PM—2:00 PM | Boardroom Past Presidents' Luncheon

Thursday | 2:00 PM—3:00 PM |

### **Chapter Meetings**

North America | New Conference Room #1 Europe | New Conference Room #2 United Kingdom | Youth Room #1 Latin America | Youth Room #2

31.

### **Structured Discussion**

culture & identity

Moderator:
Shigeru Iwakabe,
Ochanomizu University

Thursday | 3:00 PM--4:30 PM | Spinning Room (50)

### **Depression and culture**

Marrie HJ Bekker, Tilburg University

Soti Grafanaki, Saint Paul University

Alvaro E. Carrasco, Instituto Milenio para la Investigación en Depresión y Personalidad

Gabriela A. Sempertegui Vallejo, Tilburg University

Nicolás Suárez, Pontificia Universidad Católica de Chile

32.

### **Panel**

psychotherapy integration

Thursday | 3:00 PM--4:30 PM | Library (30)

### **Toward Psychotherapy Integration**

### Difficulties constructing a common theory for treatment

Jerzy Aleksandrovitcz, Jagiellonian University

An integrative approach to treating an adolescent with severe OCD

Yona Teichman, Tel-Aviv University/IDC Herlizya

33.

### Panel

alliance & interpersonal process

### Moderator:

Catherine F. Eubanks, Yeshiva University

Discussant:

Paul Crits-Christoph, University of Pennsylvania Thursday | 3:00 PM--4:30 PM | Lecture Hall (120)

### Alliance ruptures and resolutions: Training and practice

Alliance rupture and resolution and therapist interventions: Comparing responders and nonresponders to inpatient brief psychodynamic psychotherapy

Yves de Roten, Université de Lausanne

## Can therapists develop their abilities to negotiate alliance ruptures? Benefits and limits of a two-day workshop

Diana Ortega, Université de Lausanne; Valentino Pomini

### Alliance-focused practice and training: Findings from a NASPR science-to-practice workshop

Catherine F. Eubanks, Yeshiva University; J. Christopher Muran; Jeremy D. Safran

34.

Panel
child & family
Moderator:
Michael J. Rohrbaugh,
George Washington University

Thursday | 3:00 PM--4:30 PM | Mirror Room #1 (70)
Think systemically, act empirically: Varda
Shoham's legacy for psychotherapy research

From paradox to experimental therapeutics: Varda Shoham's contributions to psychotherapy research Michael J. Rohrbaugh, George Washington University

### Teaching therapists to think systemically: A case simulation approach

Florencia Lebensohn-Chialvo, University of San Diego; Michael J. Rohrbaugh

### Parallel processes in family therapy implementation research: The adventures of BSFT

Viviana Horigian, University of Miami; Joan A. Muir; Jose Szapocznik

Measuring the unmeasurable? Interactional concepts and the process of psychotherapy Laurie Heatherington, Williams College; Carlos Sluzki

35. **Panel** 

attachment & development

Moderator:
Alessandro Talia,

Alessandro Talia, Heidelberg University

### Discussant:

Stig Poulsen, University of Copenhagen

Thursday | 3:00 PM--4:30 PM | Mirror Room #2 (70)
Attachment and mentalization in
psychotherapy research: Perspectives from
the Patient Attachment Coding System
(PACS)

The Patient Attachment Coding System (PACS): organized and disorganized patterns of in-session attachment in the process of psychotherapy Alessandro Talia, Heidelberg University; Svenja Taubner; Susanne Lunn; Stig Poulsen; Sarah I.F. Daniel

### Reflective Functioning as a predictor of in-session exploration and in-session mentalization

Svenja Taubner, Heidelberg University; Hannah Katznelson; Susanne Lunn; Signe Holm-Pedersen; Stig Poulsen; Jeremy D. Safran; Howard Steele; Amy Withers; Madeleine Miller-Bottome; Alessandro Talia

In-session attachment as predictor of outcome in the treatment of bulimia nervosa: a study with the Patient Attachment Coding System (PACS)

Sarah I.F. Daniel, University of Copenhagen; Susanne Lunn; Stig Poulsen; Frederik B. Scharff; Svenja Taubner: Alessandro Talia

36.

### Panel

alliance & interpersonal process

#### Moderator:

Orva Tishbv. Hebrew University

#### Discussant:

Jeffrey A. Hayes, Penn State University

Thursday | 3:00 PM--4:30 PM | New Conference Room #1 (70)

### Looking at countertransference from different perspectives

Therapists' emotional reactions and their relation to rupture and repair and use of technique Tal Klang, Hebrew University; Orya Tishby

### Countertransference types in the course of a year of therapy

Orya Tishby, Hebrew University; Miri Vered; Hadas Wiseman

### The therapist's countertransference and patient characteristics

Hanne-Sofie J Dahl, Vestfold Hospital Trust; Randi Ulberg; Per A Høglend

37.

### **Panel**

evidence-based psychotherapies Moderator: Joel M. Town. Dalhousie University

#### Discussant:

Jacques P. Barber, Adelphi University Thursday | 3:00 PM--4:30 PM | New Conference Room #2 (70)

### Psychodynamic therapies for treatment resistant depression

The efficacy of intensive Short-Term Dynamic Psychotherapy for treatment of refractory depression: The Halifax Depression Study Joel M. Town, Dalhousie University

The Anaclitic Introjective Depression Assessment (AIDA): Exploring differential treatment effects Felicitas Rost, Tavistock Clinic

The outcome of treating chronic refractory depression with long-term psychoanalytic psychotherapy: The Tavistock Adult Depression Study (TADS)

Thomas Booker, Tavistock Clinic; Felicitas Rost; Peter Fonagy; David Taylor; Susan McPherson; Jo-anne Carlyle; Rachel Thomas

38.

### **Panel**

quantitative & qualitative method

### **Moderators:**

P. Scott Richards, Brigham Young University

Thursday | 3:00 PM--4:30 PM | Youth Room #1 (50) Bridging the research-practice gap with a clinically adaptive internet-based outcome system

Development of the CAMOS: Theoretical framework and generation of the initial item pool Peter W. Sanders, Brigham Young University

Development of the intake and short forms of the CAMOS

Jason A. McBride, Brigham Young University

Development of the therapist session checklist: An online psychotherapy process measure
P. Scott Richards, Brigham Young University

Multicultural adaptations and advantages of the CAMOS system

G. E. Kawika Allen, PhD, Brigham Young University

39.

### Panel

evidence-based psychotherapies

#### Moderator:

Yogev Kivity, Hebrew University

#### Discussant:

Louis Castonguay, Penn State University

Thursday | 3:00 PM--4:30 PM | Youth Room #2 (50)

### The outcome and process of group transdiagnostic treatments

The Danish Unified Group Protocol for anxiety disorders: An effectiveness study

Ruth Aharoni, Mental Health Centre Copenhagen; Nina Reinholt; Nicole G. Rosenberg; Clas Winding; Bent Rosenbaum; Sidse Arnfred

A pilot study of the outcome and process of two group therapies for anxiety disorders: Unified CBT vs. combined CBT and dance/movement therapy Mirit Shani Sela, Shalvata Mental Health Center; Anat Yariv; Yogev Kivity; Amit Saad; Michal Master Barak; Yuval Bloch; Shmuel Fennig

## Enhancing emerging adults in their developmental tasks: A model for short term dynamic, semi-structured group psychotherapy

Tamar Shavit-Pesach, Shalvata Mental Health Center; Zehava Almog; Ruth Rozen-Zvi; Shmuel Fennig

## Development and change in internal representation of the self among young adults following short-term group psychotherapy

Ruth Rozen-Zvi, Bar Ilan University; Tamar Shavit-Pesach; Zehava Almog; Shmuel Fennig; Shmuel Shulman

### 40. **Panel**

evidence-based psychotherapies **Moderator:** Sigal Zilcha-Mano, University of Haifa

#### Discussant:

Christoph Flückiger, University of Bern

### Thursday | 3:00 PM--4:30 PM | Glass Room (50) Predictors of dropout from psychotherapy

**Drop out cases in The Copenhagen Bulimia Study**Susanne Lunn, University of Copenhagen; Stig
Poulsen; Sarah I.F. Daniel

Patient demographics and psychological functioning as predictors of dropout from psychodynamic therapy

Avinadav Rubin, University of Haifa; Sigal Zilcha-Mano

Patient trauma histories, demographics and clinical features as moderators of dropout between prolonged exposure and cognitive processing therapies for PTSD

John Raymond Keefe, University of Pennsylvania; Zachary D. Cohen; Robert J. DeRubeis; Patricia Resick; Shannon Wiltsey-Stirman

## 41. **Brief Paper Session** *group therapy*

Thursday | 3:00 PM--4:30 PM | Green Room #2 (30) **Group Therapy** 

Life-crossroads on stage: The influence of using life stories in a dramatherapy group on the mental well-being of elderly people

Shocki Kojcari, University of Haifa: Yunal Palgi

Shoshi Keisari, University of Haifa; Yuval Palgi

Changes of personality functioning and severity of symptoms in patients treated with intensive group psychodynamic psychotherapy

Katarzyna Cyranka, Jagiellonian University Medical College; Michal Mielimaka; Krzysztof Rutkowski; Jerzy Sobanski; Edyta Dembińska

Thursday | 3:00 PM—4:30 PM | Boardroom Special Interest Group Meeting Case Study Interest Group

Thursday | 4:30 PM—5:00 PM |

Break

43.

Structured Discussion psychotherapy integration Moderator:

Sharon Ziv-Beiman, Tel Aviv Yaffo Academic College

Thursday | 5:00 PM--6:30 PM | New Conference Room #1 (70)

Dilemmas and difficulties in research of psychotherapy integration

Louis Catonguay, Penn State University

Sigal Zicha-Mano, University of Haifa

Golan Shahar, Ben-Gurion University of the Negev

44.

### Structured Discussion

quantitative & qualitative method

### Moderator:

University of Pennsylvania

Thursday | 5:00 PM--6:30 PM | New Conference Room #1 (70)

Ethical challenges and dilemmas in psychotherapy research

Values, moral principles and ethical decision-making for psychotherapy researchers Marna Barrett, University of Pennsylvania

Are psychotherapy research participants truly able to provide informed consent? Gaby Shefler, Hebrew University

Ethics in the overlap: Multiple voices in ethical discourse

Stephen Buller, Psychotherapy Foundation

Thursday | 5:00 PM--6:30 PM | Glass Room (50) Alliance ruptures and repair and their relation to patient process and outcome

The influence of rupture and repair patterns on the therapeutic alliance and treatment outcome Hilah Shahar, Hebrew University; Orya Tishby

Rupture and repair, therapist technique and their effect on emotion regulation and outcome Gershom Gewertzman, Hebrew University; Orya Tishby

Marna Barrett.

### 45. Panel

alliance & interpersonal process

Moderator:

Orya Tishby, **Hebrew University** 

#### Discussant:

Jeremy D. Safran, **New School University** 

# Therapeutic alliance variability, expectations, and homework compliance as predictors of treatment outcome in Cognitive Behavioral Therapy for Obsessive Compulsive Disorder

Asher Strauss, Hebrew University; Jonathan Huppert; Helen Blair Simpson; Edna B. Foa

46.

Panel
culture & identity
Moderator:
Marrie HJ Bekker,
Tilburg University

Thursday | 5:00 PM--6:30 PM | Boardroom (40) Local or global: Improving well-being and mental health in diverse community and cultural contexts

Intra-culturality and depressive symptoms: Variations in emotional expressiveness and in the value system in a Chilean population sample Alvaro E. Carrasco, Instituto Milenio para la Investigación en Depresión y Personalidad; María Isabel Gaete; Marcia Olhaberry; Francisca Pérez; Catalina Undurraga; Cristina Amezaga; Pamela San Cristobal

Depression among Turkish and Moroccan groups in Western European countries

Gabriela A. Sempertegui Vallejo, Tilburg University

Discovering new frontiers for promoting mental health and social development: An exploration of the impact of basic listening workshops on personal and community wellness in rural communities of Ecuador

William Hernández, FECD Ecuador; Soti Grafanaki

### 47. Panel

practice-training-research networks

### Moderator:

Shigeru Iwakabe, Ochanomizu University Thursday | 5:00 PM--6:30 PM | Mirror Room #2 (70)
The potential of case study metology in
psychotherapy research: Exploring the

possibilities

A systematic single case study of Dissociative

A systematic single case study of Dissociative Identity Disorder: Memory integration without working with alters?

Reitske Meganck, Ghent University; Mattias Desmet; Ruth Inslegers; Shana Cornelis; Jochem Willemsen

How psychotherapy case studies contribute to practice-based evidence

Mattias Desmet, Ghent University; Reitske Meganck; Jochem Willemsen; Shana Cornelis

# Interactions between symptomatic and interpersonal changes during supportive-expressive psychodynamic therapy: Integration of four theory-building case studies

Shana Cornelis, Ghent University; Mattias Desmet; Reitske Meganck; Ruth Inslegers

### 48. Panel

evidence-based psychotherapies

### Moderator:

Irene Messina, University of Padova; Enrico Benelli, University of Padova Thursday | 5:00 PM--6:30 PM | Spinning Room (50)

### Clinical effectiveness of short-term psychodynamic psychotherapy

## Intensive Transactional Analysis Psychotherapy (ITAP): A new model for psychodynamic psychotherapy intensification

Marco Sambin, University of Padova; Francesco Scottà; Irene Messina

### Hermeneutic single case analysis for evidence-based Intensive Transactional Analysis Psychotherapy (ITAP)

Francesco Scottà, Centro Psicologia Dinamica; Enrico Benelli; Alice Broggio; Stefano Colussi; Francesca Bianco; Simone Bianco; Marco Sambin

### The change process in short intensive dynamic psychotherapy

Jan Derksen, University Nijmegen; Free University of Brussels

### 49.

### Panel

quantitative & qualitative method

#### Moderator:

Olga María Fernandez, Chilean University; Pontificia Universidad Católica de Chile Thursday | 5:00 PM--6:30 PM | Youth Room #1 (50)

## Termination of psychotherapy and evaluation of the psychotherapeutic process from different perspectives

Failure in psychotherapy from the experience of patients diagnosed with depression: A qualitative-comparative study including subjective evaluation of psychotherapy, drop-out rates, OQ-45.2 and BDI quantitative criteria

Nicolás Suárez, Pontificia Universidad Católica de Chile; Mariane Krause

## Subjective understanding of psychotherapy termination from the perspective of adolescents and their therapists

Olga María Fernandez, Chilean University; Pontificia Universidad Católica de Chile

### Breaking up is hard to do: The challenge of treatment termination

Hadas Shaharabani Saidon, Bar-Ilan University

### Treatment termination and non-response of inpatient psychotherapy in Germany

Laurence Reuter, Berlin Psychological University (PHB)

### 50. Panel

attachment & development

**Moderator:**Svenja Taubner,
Heidelberg University

Thursday | 5:00 PM--6:30 PM | Youth Room #2 (50) What do insecurely-attached clients prefer and need in the therapeutic relationship?

Attachment style and preferences for different forms of therapist-provided positive regard

Barry Farber, Teachers College, Columbia University; Jessica Y. Suzuki

Development of an observer version of the Therapeutic Distance Scale: Associations with client attachment, attachment to therapist and outcome Sharon Egozi, University of Haifa

Therapeutic distance dynamics in insecurely attached clients: Applying the Therapeutic Distance Observer version to client-therapist relational narratives

Hadas Wiseman, University of Haifa

### 51.

### Panel

quantitative & qualitative method

### Moderator:

Andrzej Werbart, Stockholm University

#### Discussant:

Horst Kächele, International Psychoanalytic University, Berlin

Thursday | 5:00 PM--6:30 PM | Mirror Room #1 (70) Effective therapists: Who are they and how do they work?

What are effective therapists doing that their less effective counterparts are not?

George Silberschatz, University of California San Francisco; Steven P. Engel

"It was a long journey": Effective therapists view themselves at work

Andrzej Werbart, Stockholm University

How do effective therapists use patient feedback in therapy sessions?

John Snyder, San Francisco Psychotherapy Research Group

## Negotiating a good alliance: how to successfully handle the meeting of therapist and client relational patterns

Emanuel Schattner, Hebrew University; Orya Tishby; Hadas Wiseman

### 52.

### **Panel**

child & family

### Moderator:

Sandra Rafman, Université du Québec à

Montréal

#### Discussant:

Danny Brom, Hebrew University Thursday | 5:00 PM--6:30 PM | Lecture Hall (120)

Preventive interventions for children and
families offected by potygol dispeters

families affected by natural disasters, community and political violence

Preventive intervention to promote the quality of mother-toddler relationship under the stress of exposure to repeated rocket fire

Esther Cohen, IDC Herzliya; Cory Shulman

The PANDA-BEAR program for enhancing emotion regulation in children affected by community violence

Ruth Pat-Horenczyk, Hebrew University

Moral, political and religious dilemmas in children's play narratives following a natural disaster

Sandra Rafman, Université du Québec à Montréal; Marjorie Villefranche

## 53. **Brief Paper Session** psychotherapy integration

Thursday | 5:00 PM--6:30 PM | Library (30) **Psychotherapy integration** 

### Towards psychotherapy integration

Jerzy W. Aleksandrowicz, Jagiellonian University Medical College; Katarzyna Cyranka; Michal Mielimaka

Experiential Balancing Therapy: An integrative approach to individual therapy based in complex adaptive systems theory

David Pincus, Chapman University

Common factors as a therapeutic approach: What is required?

Russ Bailey, Brigham Young University; Benjamin M. Ogles

Beyond fear-narrative reconstruction as an integrative module for treating intrusive memories in PTSD Patients: An evidence-based case study Mordehchai Gofman, Bar-Ilan University; Zohar Vidan; Tuvia Peri

An integrative, CBT-based treatment approach for individuals with mild Alzheimer's and their caregivers: Results of an RCT

Simon Forstmeier, University of Siegen; Andreas Maercker; Egemen Savaskan; Tanja Roth

54. **Brief Paper Session** *child & family* 

Thursday | 5:00 PM--6:30 PM | Green Room #2 (30) Child & Family

Therapist interventions and parent in-session collaboration in attachment-based family therapy Menachem M Feder, Ben-Gurion University of the Negev; Gary M. Diamond

Associations between demographic and case characteristics on child and young person (CYP) reported shared decision making (SDM) in CAMHS Daniel Paul Hayes, Anna Freud Center; Julian Edbrooke-Childs; Jessica Deighton; Miranda Wolpert; Nick Midgley

CHROKODIL Project –Chronically ill children and their family quality of life: Development of a family-oriented intervention

Lydia Morgenstern, University Medical Center Hamburg-Eppendorf; Benjamin Grolle; Jessika Johannsen; Jonas Denecke; Silke Wiegand-Grefe

Cognitive-behavioral versus non-directive therapy for preschoolers with nighttime fears: A randomized controlled trial

Michal Kahn, Tel Aviv University; Alan Apter; Avi Sadeh

A mixed method study of animal assisted child psychotherapy

Tamar Axelrad Levy, Hebrew University; Michal Motro

The development, research and implementation of a generic intervention program for preschoolers with conduct problems: Diffusion of innovation in Israel's public services

Yoel Elizur, Hebrew University

#### Poster session

### Thursday | 6:30 PM--8:00 PM | Poster Corridor **Poster session (Thursday)**

Adolescents' true-self behavior and parent-adolescent boundary dissolution: The mediating role of rejection sensitivity

Ayelet Abir, University of Haifa; Sira Carren Sachar; Limor Goldner

Does the outcome of short-term psychotherapy depend on patient's attachment? A comparison of cognitive-behavioral and psychodynamic therapy of social anxiety disorder

Uwe Altmann, University Hospital; Steffi Nodop; Anna Zimmermann; Romina Gawlytta; Susanne Schwager; Ulrike Dinger; Johannes C. Ehrenthal; Henning Schauenburg; Bernhard Strauss

Factors associated with outcome in depressed inpatients: A trajectory-based approach

Gilles Ambresin, Université de Lausanne; Yves de Roten; Fabrice Herrera; Jean-Nicolas Despland

Automatically detected synchrony of nonverbal behavior in therapeutic dyads with Kinect and its predictive value for session-outcome

Anna Margarete Babl, University of Bern; Fabian Ramseyer; Stefan Westermann; Franz Maurus Caspar

Models of collaboration between psychologist and family doctor: A systematic review of primary care psychology in Europe

Francesca Bianco, University of Padova; Marco Sambin; Enrico Benelli

The anorectic girl and her father: The interpersonal and intrapsychic meaning to the girl

M. Elisabeth Bratt Neuberg, Linköping University; Gerhard Andersson

Efficiency research of internet-based psychological treatment for cancer patients

Giedre Bulotiene, National Cancer Institute; Sandra Birbilaite; Thomas Berger; Franz Caspar

Affective and linguistic change in psychodynamic play therapy

Pelinsu Bulut, İstanbul Bilgi University; Sibel Halfon

### Process of change in psychotherapy with pregnant patients with a perinatal loss

Keren Cohen, University of Haifa; Sigal Zilcha-Mano

The analysis of relationships between maternal capability to mentalize experiences of loss and psychosocial functioning of child in the latency stage of development

Karolina Dejko, Jagiellonian University; Bernadetta Janusz

#### Potential contributions of psychoanalysis to researcher reflexivity in psychotherapy and other human science research

Michael Edwards, Drug Health Services, South Western Sydney Local Health District; Robert Schweitzer

### Diving into the personal style of the therapists by applying the PST-Q and ATOG-Revisited

Javier Fernandez-Alvarez, Fundacion Aigle; Fernando García; Claudia Castañeiras; Beatriz Gomez; Juan Martín Gonzalez Lizola; David Prado; Aldana Lichtenberger; Héctor Fernández-Alvarez

#### Life review therapy for Holocaust survivors: Treatment concept and study design

Simon Forstmeier, University of Siegen; Danny Brom; Martin Auerbach; Elisheva van der Hal; Andreas Maercker

"Seeing things differently, achieving something new": Results of the implementation of psychosocial trauma work at a residential institution for children and adolescents with a milieu therapy approach Christina Frank, Danube University; Martha Schneider; Heidemarie Hinterwallner

Demonstrating utilization of "Theories-of-Change" and "Translational-Neuroscience" as organizing frameworks for design, testing, and evaluation of intervention strategies: The Filming Interactions to Nurture Development (FIND) parenting intervention Tahl Frenkel, IDC Herzliya; Melanie Berry; Laura K. Noll; Melissa Yockelson; Philip A. Fisher

### Early interactions in a sample of Palestinian dyads: exploring the role of culture and context

Nadia Garib, Pontificia Universidad Católica de Chile; Nicolle Alamo

## Language use in relational trauma: An exploratory study of referential process in prolonged exposure therapy

Anna Gurgenidze, Adelphi University

### Regulatory functions of nonverbal and paraverbal cues: A case study

Marcela Guzmán, Universidad de Chile; Claudio Martinez; Alemka Tomicic; Diego San Martin; Salvador Antonio Angulo Silva; Catalina Rosenbaum

Working through pain to achieve growth: Client transition from detached experiencing to subjective experiencing and from dissociation to dialectics Shira Minna Haber, Bar-Ilan University; Nehama HaCohen; Rivka Tuval-Mashiach; Eran Bar-Kalifa; Hadar Fisher

## What approaches for promoting shared decision making are used in child mental health? A scoping review

Helen Cheng, Institute of Education; Daniel Paul Hayes; Julian Edbrooke-Childs; Kate Martin; Miranda Wolpert

#### Women's experiences of Transactional Analysis psychotherapy for the treatment of perinatal psychological distress

Emma Haynes, Salford University; Alison Brettle; Mark Widdowson; Fiona MacVane Phipps

Project development and appraisal of the group therapy adopted the board game play for children and adolescents with externalizing behaviors Yu-Kuang Kevin Hsu, National Hsinchu University of Education

#### Taiwanese clients experiences with counselors in high-power position

Shih-Ting Hung, National Chi Nan University; Li-Chu Hung

# Family constellation seminars improve psychological functioning and individuals' experience in social systems: Results of a Randomized Controlled Trial (RCT)

Christina Hunger, Heidelberg University; Annette Bornhaeuser; Jan Weinhold; Leoni Link; Jochen Schweitzer

# Effects of brief mindfulness and loving-kindness inductions on shame and social problem solving abilities among individuals with Borderline Personality Disorder traits

Shian-Ling Keng, National University of Singapore; Jun Xian Tan

### Does therapist responsiveness influence fidelity in family therapy for adolescent substance use?

Florencia Lebensohn-Chialvo, University of San Diego; Brant P. Hasler; Michael J. Rohrbaugh; Varda Shoham

### Exploring Posttraumatic Growth through Changes in Values in Veterans: A Scoping Review

Isabelle Leduc-Cummings, McGill University; Thea Comeau; Marilyn Fitzpatrick

### Come out to parents as LGBT: The mutual adjustment and empowerment

Ying hui Lin, National Chi Nan University

## Differences in patterns of alliance in patients diagnosed with and without a personality disorder in two time-limited psychotherapies

Lauren M. Lipner, Adelphi University; J. Christopher Muran; Sigal Zilcha-Mano; Jerald Gardner; Catherine F. Eubanks; Jeremy D. Safran

## The additive impact of sexual and ethnic minority stress on treatment variables: Working within systematic treatment selection

Kimberley Dawn Miller, Palo Alto University; Peter Goldblum; Christopher Edwards; Larry Beutler

# Therapists' heuristics when bringing discrepancies to patients' attention: A qualitative interview study Laura Möseneder, University of Bern; Franz Maurus Caspar

### The four-phase CBN psychodrama model for youth at risk

Hod Orkibi, University of Haifa; Bracha Azoulay

### Naturalistic therapist-client matching on religion: Effects on psychotherapy outcome

Tyler R. Pedersen, Brigham Young University; Danielle Overton; Meredith Pescatello

#### Oxytocin levels as a psychotherapy outcome

Yael Porat-Zaiger, University of Haifa; Simone Shamay-Tsoory; Sigal Zilcha-Mano

## Relative efficacy of group therapy for post-traumatic stress disorder: A meta-analysis of randomized controlled trials

Dominique Schwartze, Institute of Psychosocial Medicine and Psychotherapy; Sarah Barkowski; Bernhard Strauss; Jenny Rosendahl

Three viewpoints of "what works" in dyadic therapy Keren Shafir, University of Haifa; Judith Harel; Yohanan Eshel

### Therapist interventions enhancing metacognition in good and poor outcome cases

Yosef Silber, Bar-Ilan University; Dana Atzil-Slonim; Ilanit Hasson-Ohayon

Client acculturation level as a predictor of experiences in psychotherapy: A meta-analysis Timothy B. Smith, Brigham Young University

Patient attachment orientation as a predictor of implicit and explicit expectations from the therapist Itamar Stein, University of Haifa; Sigal Zilcha-Mano

The relationship between therapist's attachment style and types of countertransference dynamics Maya Steiner, University of Haifa; Hadas Wiseman; Orya Tishby

### Emotional experiences of novice counselors in analogue counseling

Mengfei Xu, Beijing Normal University; Zhi-Jin Hou; Jing Ni; Ma Zhu; Jin Shao

An examination of three perspectives of the clients' emotional experience their relationship to one another and to therapeutic outcome

Moreah Naomi Zisquit, Bar-Ilan University

#### Friday, 24 June

56.

#### **Semi-Plenary**

alliance & interpersonal process

#### **Moderators:**

Hadas Wiseman, University of Haifa; Mariane Krause, Pontificia Universidad Católica de Chile Friday | 9:00 AM--10:30 AM | Lecture Hall (120)

The therapeutic alliance: Where have we come from, where are we and what's next?

The relationship puzzle: Where does the alliance fit?

Adam Horvath, Simon Fraser University

Therapist immediacy and the therapeutic alliance Clara Edith Hill, University of Maryland

Alliance-Focused Training: Where have we come from and where are we going?

Jeremy D. Safran, New School University

What's next for conceptualizing and studying the alliance?

George Silberschatz, University of California, San Francisco

57.

#### **Semi-Plenary**

culture & identity

Moderator:
Shigeru Iwakabe,
Ochanomizu University

#### Discussant:

Orya Tishby, Hebrew University Friday | 9:00 AM--10:30 AM | New Conference Room #1 (70)

#### **Culture and Psychotherapy**

Human migration, adversity and mental wellbeing in people seeking refuge

Robert Schweitzer, Queensland University of Technology

Lessons for psychotherapy researchers on treatment research in developing countries

Laurie Heatherington, Williams College

Teaching and training Dynamic psychotherapy to Jewish Ultra Orthodox students: Official policy and reality

Gaby Shefler, Hebrew University

#### Semi-Plenary

attachment

Moderators:

Gary M. Diamond, Ben-Gurion University of the Negev Friday | 9:00 AM--10:30 AM | New Conference Room #2 (70)

### Therapeutic change in attachment-based therapies

Sustaining intrapersonal and interpersonal change in attachment based treatments

Roger R. Kobak, University of Delaware

Attachment-based family therapy: The clinical model and recent empirically findings
Guy S. Diamond, Drexel University

59.

#### **Semi-Plenary**

evidence-based psychotherapies **Moderator:** Jacques P. Barber, Adelphi University

#### Discussant:

Louis Castonguay, Penn State University Friday | 9:00 AM--10:30 AM | Mirror Room #1 (70) Mechanisms of change in evidenced-based psychotherapies

Mindfulness and coping skills: Mechanisms of change in Dialectical Behavior Therapy Shelley McMain, University of Toronto; Mariana Mendoz Alvarez; David Streiner; Ryan Barnhart

Cognitive Behavioral Treatment of Panic Disorder: An empirical analysis of mechanisms using multiple theories

Jonathan Huppert, Hebrew University; Nitzan Yekutieli; Stav Biham; Dina Zalaznik; Noa Benami; Idan Kaufman; Michal Weiss; Yogev Kivity

Mechanism of Change vs. Mediators in Psychotherapies for Panic

Jacques P. Barber, Adelphi University; Robert Gallop; Barbara Milrod; Dianne Chambless; Nili Solomonov; Kevin Scott McCarthy

Friday | 10:30 AM—11:00 AM | **Break** 

#### **Structured Discussion**

alliance & interpersonal process

#### Moderator:

Bruce Wampold, University of Wisconsin Friday | 11:00 AM--12:30 PM | Lecture Hall (120)

### Within patient processes in psychotherapy: How to model in longitudinal research?

Pål G. Ulvenes, Modum Bad Research Institute

Julian Rubel, University of Trier

Wolfgang Lutz, University of Trier

Sigal Zilcha-Mano, University of Haifa

Fredrik Falkenström, Linköping University

61.

#### **Panel**

alliance & interpersonal process

#### Moderator:

J. Christopher Muran, Adelphi University Friday | 11:00 AM--12:30 PM | Glass Room (50) Alliance problems, resolutions and the attachment perspective

Changes in attachment coherence after therapy Rachel N. Wyner, New School University; Jeremy D. Safran; Jordan Bate; Alessandro Talia

Resolving ruptures in the therapeutic alliance using session-by-session feedback: A task analytic study Christopher James Laraway, NHS (UK) What is hidden within quantitative measurements of resolutions of ruptures in the therapeutic alliance? Mattias Holmqvist Larsson, Linköping University

Does attachment behavior in sessions predict alliance ratings?

Rolf Holmqvist, Linköping University

62.

#### Panel

practice-training-research networks

#### Moderator:

Stig Poulsen, University of Copenhagen Friday | 11:00 AM--12:30 PM | Boardroom (40)

Practice-oriented research: Feedback

Improving treatment outcome by using formal client feedback

Pauline Janse, Radboud University

The effect of using the feedback system Outcome Questionnaire 45.2 as a routine tool in an outpatient clinic in Norway: A quasi-experimental study Ingunn Agathe Amble, Modum Bad Research Institute; Tore Gude; Bruce Wampold

### Effect of feedback in group psychotherapy for eating disorders: A randomized clinical trial

Annika H. Davidsen, Stolpegaard Psychotherapy Centre; Stig Poulsen; Jane Lindschou; Per Winkel; Marjun F. Tróndarson; Mette Waaddegaard; Marianne Lau

### Accuracy and bias in therapists' assessments of clients' functioning

Eran Bar-Kalifa, Bar-Ilan University; Dana Atzil-Slonim; Eshkol Rafaeli; Tuvia Peri; Julian Rubel; Wolfgang Lutz

#### 63. Panel

evidence-based psychotherapies **Moderator:** Eshkol Rafaeli, Bar-llan University

## Friday | 11:00 AM--12:30 PM | Mirror Room #1 (70) Patterns of change and emotional dynamics in psychotherapy

The relationship between positive affect and negative affect along the course of treatment for Major Depressive Disorder Roni Oren-Yagoda, University of Haifa; Thröstur

Björgvinsson; Idan M. Aderka

### Patterns of change in emotional experience during psychodynamic therapy

Hadar Fisher, Bar-Ilan University; Dana Atzil-Slonim; Eran Bar-Kalifa; Tuvia Peri

## A systematic review and revised theory of sudden gains during psychological treatment of depression and anxiety disorders

Idan M. Aderka, University of Haifa; Jonathan G. Shalom; Angela Nickerson

#### 64. **Panel**

attachment & development **Moderator:**Bernhard Strauss,

University Hospital, Jena

#### Discussant:

Hadas Wiseman, University of Haifa Friday | 11:00 AM--12:30 PM | Mirror Room #2 (70)

Different ways to assess and validate adult attachment

### Attachment and selective attention in women with and without Panic Disorder

Ottilia Klipsch, University Hospital, Heidelberg; Henning Schauenburg; Christoph Nickendei; Johannes C. Ehrenthal; Ulrike Dinger

#### Forms of unconsciousness: language versus reaction time based assessment of attachment representation/pattern

Katja Petrowski, Klinik und Poliklinik für Psychotherapie und Psychosomatik; Susan Schurig; Sashi Singh; Uwe Altmann; Bernhard Strauss

What do different measures of attachment reflect? Results from the "Attachment Elephant Project" Bernhard Strauss, University Hospital; Sashi Singh; Susan Schurig; Uwe Altmann; Katja Petrowski

65. Panel

evidence-based psychotherapies **Moderator:** 

Ueli Kramer, Institute of Psychotherapy, Lausanne

#### Discussant:

John Ogrodniczuk, University of British Columbia Friday | 11:00 AM--12:30 PM | New Conference Room #1 (70)

New developments in psychotherapy research for Borderline Personality Disorder

Why do patients with borderline personality disorder drop out of treatment early? Shelley McMain, University of Toronto; Natalie Stratton; Mariana Mendoza; Ryan Barnhart

What predicts improvement in the capacity to work after psychotherapy for borderline personality disorder?

Brin FS Grenyer, University of Wollongong

Early change of emotion regulation in responsive treatments for borderline personality disorder: A mediation analysis

Ueli Kramer, Institute of Psychotherapy

66. **Panel** 

alliance & interpersonal process

Moderator:

Clara Edith Hill, University of Maryland Friday | 11:00 AM--12:30 PM | New Conference Room #2 (70)

Treatment termination in open-ended therapy: A qualitative look at client initiated versus forced terminations

The importance of agreement in the termination process and its association with therapeutic relationship and change

Julieta Olivera, Universidad de Buenos Aires

Termination behaviors and emotional reactions in transfers and full terminations

Yoshinobu Kanazawa, Meiji Gakuin University

#### Emotional reactions and termination behaviors: Differences between client initiated terminations and forced terminations

Naama Shafran, University of Maryland

#### 67. **Panel**

culture & identity
Moderator:
Dana Amir,
University of Haifa

Friday | 11:00 AM--12:30 PM | Spinning Room (50) Modes of narrating trauma and the process of witnessing in survivors' testimonies: Clinical implications

When Language Meets Traumatic Lacuna: The Metaphoric, the Metonymic and the Psychotic Modes of Testimony
Dana Amir, University of Haifa

Processing of trauma through autobiographical writing: The case of child survivors of the Holocaust Adi Duchin, University of Haifa; Hadas Wiseman

'To live in order to tell or to tell in order to live': Witnessing and testimony in analytic treatment of survivors of childhood sexual abuse Yael Desheh, Israeli Psychoanalytic Society

#### 68.

#### **Panel**

quantitative & qualitative method **Moderator:** Erhard Mergenthaler,

#### Discussants:

Ulm University

Gaby Shefler, Hebrew University; Andreas Hamburger, International Psychoanalytic University Friday | 11:00 AM--12:30 PM | Youth Room #1 (50)

Moments of meeting in Holocaust testimonies: Empirical approaches

Dyadic dynamics in memorizing the Shoah: A single case study of interpersonal movement dynamics in videographed conversation with a Holocaust survivor

Veronika Heller, Freie Universität

Scenic memory of the Shoah: A microanalytical examination of interpersonal emotional reactions in conversations with Holocaust survivors

Jasmin Bleimling

Long term cognitive emotional regulation of traumatic experiences: A text analytical approach to an interview with a Holocaust survivor Erhard Mergenthaler, Ulm University

#### Panel

practice-training-research networks

#### Moderators:

Tuvia Peri, Bar-Ilan University; Laurie Heatherington, Williams College Friday | 11:00 AM--12:30 PM | Youth Room #2 (50)
Narrative in therapy: Understanding
therapeutic processes using the narrative
lens

Narrative coherence in the therapeutic dialogue and its relation to treatment outcome
Kinneret Shapira, Bar-Ilan University

Hope, inter-subjective needs and agency in narrative films of traumatized military veterans
Rivka Tuval-Mashiach, Bar-Ilan University

Acquiring the talent of narrative inquiry: Narrative research capacities for clinicians
Jacob Stein, Bar-Ilan University

70. **Brief Paper Session** 

evidence-based psychotherapies

Friday | 11:00 AM--12:30 PM | Library (30) **Brain & Body** 

Routine process and outcome monitoring in group psychotherapy for somatizing patients: a preliminary report

Ori Ganor, Shalvata Mental Health Center; Dana Tzur-Bitan; Anat Yariv; Yuval Bloch

Patterns of salivary cortisol level in anxiety disorders and personality disorders and changes in salivary cortisol level after psychotherapy

Edyta Dembińska, Jagiellonian University; Krzysztof Rutkowski; Krzysztof Tokarz; Jerzy Sobanski; Michal Mielimaka; Katarzyna Cyranka

Hyperprolactinemia in neurotic and personality disorders and it's changes during the psychotherapy Krzysztof Rutkowski, Jagiellonian University; Edyta Dembińska; Katarzyna Cyranka; Michal Mielimaka; Jerzy Sobanski

#### **Brief Paper Session**

evidence-based psychotherapies

#### Friday | 11:00 AM--12:30 PM | Green Room #2 (30)

### Evidence-Based Psychotherapies

TIDe (Telephone-Intervention for Depression): Improving access to evidence-based treatment for depression in primary care

Birgit Watzke, University of Zurich; Elisa Haller; Thomas Rosemann; Karl Wegscheider; Hans-Helmut König

Change in emotions for depressed patients with and without BPD during inpatient psychotherapy Henning Schauenburg, University Hospital;

Magdalena Fuchs; Johannes C. Ehrenthal; Ulrike Dinger

"The silent cost of success": The effect of multiple roles and personality on depression and sexual satisfaction amongst female medical students
Tal Peleg-Sagy, Beer-Sheva Mental Health Center and Ben-Gurion University of the Negev; Golan Shahar

Perceived self-efficacy and coping strategies in patients treated for neurotic and personality disorders: Preliminary findings

Michal Mielimaka, Jagiellonian University Medical College; Katarzyna Cyranka; Krzysztof Rutkowski; Jerzy Sobanski; Edyta Dembińska

Friday | 12:30 PM--2:00 PM | Lunch Break

Friday | 2:00 PM--3:00 PM | Lecture Hall (120)

General Membership Meeting

Friday | 3:00 PM--4:30 PM | New Conference Room #1 (70)

How to establish a research and training clinic for psychotherapy? Essentials, pitfalls, short-term and long-term goals

Wolfgang Lutz, University of Trier

Louis Castonguay, Penn State University

Kim de Jong, Leiden University

Tuvia Peri, Bar-Ilan University

72.

#### 73

#### Structured Discussion

practice-training-research networks

#### Moderators:

Wolfgang Lutz, University of Trier; Louis Castonguay, Penn State University Eva Gilboa-Schechtmann, Bar-Ilan University

Stevan Lars Nielsen, Brigham Young University

Orya Tishby, Hebrew University

Paolo Machado, University of Minho

Beatriz Gomez, Aigle Foundation

#### 74.

#### Panel

alliance & interpersonal process

#### Moderator:

Brin FS Grenyer, University of Wollongong Friday | 3:00 PM--4:30 PM | Glass Room (50)

Therapists' attachment, interpersonal values

Therapists' attachment, interpersonal values and therapeutic alliance

Who sits behind the telephone? Interpersonal characteristics of volunteer counselors in telephone emergency services

Isabelle Rek, Heidelberg University; Ulrike Dinger

Resolution of alliance ruptures, adaptiveness to patient personality and treatment outcome

Johannes C. Ehrenthal, Universität Kassel; Corinna Reck; Henning Schauenburg; Christoph Nikendei; Ulrike Dinger

Therapists' attachment representations and therapeutic alliance in psychotherapy for anorexia nervosa

Ulrike Dinger, Heidelberg University; Henning Schauenburg

75. **Panel** 

culture & identity

Moderator:

Laurie Heatherington,

Williams College

Friday | 3:00 PM--4:30 PM | Boardroom (40)

Gender of the therapist

Gender in psychotherapy: potential profits for men, women, patients and therapists

Laura E. Kunst, Tilburg University; Marrie HJ Bekker

Gender in psychotherapy in the Polish cultural context

Barbara Jozefik, Jagiellonian University

Therapist's gender at the first session of family therapy and couple therapy

Bernadetta Janusz, Jagiellonian University; Barbara Jozefik

#### **Panel**

quantitative & qualitative method

#### Moderator:

Jeanne Watson, University of Toronto Friday | 3:00 PM--4:30 PM | Lecture Hall (120)

### Modeling the process of change in emotion-focused psychotherapy

Working with shame and its relation to outcome in the treatment of depression with clients with high maladaptive shame

Sara Miller, York University; Leslie Greenberg

A model for resolving self-criticism in emotion-focused therapy for Social Anxiety Disorder Ben Shahar, IDC Herzliya

An examination of changes in emotional processing and negative treatment of self in Emotion-Focused Therapy for Generalized Anxiety Disorder Jeanne Watson, University of Toronto; Sepideh Chekan

Task analysis of the resolution of anxiety in Emotion-Focused Therapy

Jason Sharbanee; Leslie Greenberg; Jeanne Watson

77. Panel

evidence-based psychotherapies **Moderator:** Danny Brom, Hebrew University

Discussant:

Ruth Pat-Horenczyk, Hebrew University Friday | 3:00 PM--4:30 PM | Mirror Room #2 (70)

Somatic Experiencing for Post-Traumatic

Stress Disorder

**Somatic Experiencing: Theory and clinical principles** Gina Ross, International Trauma-Healing Institute

Somatic Experiencing for Chronic PTSD in veterans: A case presentation

Cathy Lawie, International Trauma-Healing Institute

A randomized controlled trial of Somatic Experiencing for PTSD

Danny Brom, Hebrew University; Yaffa Naomi Stokar; Yuval Ziv; Vered Nuriel Porat; Karen Lerner

## **Brief paper session** quantitative & qualitative method

#### Friday | 3:00 PM--4:30 PM | Youth Room #2 (50)

#### Quantitative & Qualitative Method

#### Therapeutic Agency Inventory (TAI)

Julia Huber, University Hospital; Henning Schauenburg; Christoph Nikendei; Ulrike Dinger

## Development of an instrument to assess client in-session modes of engagement in client centered therapy and experiential therapy

Micaela Jimenez, University of Strathclyde; Robert Elliott

### The development of a systemic therapy adherence scale within an RCT

Rebecca Hilzinger, Heidelberg University; Christina Hunger; Jochen Schweitzer

### An evaluation of the psychometric properties of the Affect Phobia Test

My Maria Frankl, Stockholm Center for Dependency Disorder

### Premature termination of in-patient psychotherapy: A systematic review

Laurence Reuter, Berlin Psychological University (PHB)

### Temporal associations among modes in schema therapy: A time-series panel analysis

Ofer Peled, The Schema Therapy Center; Eran Bar-Kalifa; Eshkol Rafaeli

### Friday | 3:00 PM--4:30 PM | New Conference Room #2 (70)

## A closer look at mechanisms of change and their predictors in treatments for anxiety disorders

### Trajectories of change in relaxation induced anxiety predict outcome from CBT for GAD

Michelle G. Newman, Penn State University, University; Lucas LaFreniere; Nicholas C. Jacobson

### Change in patients' expectations in psychotherapy and correlations with therapist interventions

Rachel Fallig, Chestnut Hill College; Kevin Scott McCarthy; Dianne Chambless; Barbara Milrod; Jacques P. Barber

#### 79. **Panel**

evidence-based psychotherapies **Moderators:** 

Nili Solomonov, Adelphi University; Kevin Scott McCarthy,

Chestnut Hill College

Therapist panic focus and intensity of interpretation in predicting panic symptom outcomes and mediators of panic change in Panic-Focused Psychodynamic Psychotherapy

John Raymond Keefe, University of Pennsylvania; Alexander Phillips; Jacques P. Barber; Dianne Chambless; Fredric N. Busch; Barbara Milrod

A Journey Towards Therapeutic Change in Treatments of Panic Disorders: Alliance and Use of Techniques as Predictors of Mechanisms of Change Nili Solomonov, Adelphi University; Dianne Chambless; Barbara Milrod; Taylor Groth; Jacques P. Barber

80. Panel

child & family

Moderator:

M. Helge Rønnestad,
University of Oslo

#### Discussant:

Thomas A. Schröder, University of Nottingham Friday | 3:00 PM--4:30 PM | Spinning Room (50)
Therapists' family backgrounds, family
experiences, and development: Effects of
early care, personal therapy and becoming a
new parent

Therapists' early family life: Economic status, psychological functioning and childhood trauma or abuse

David E. Orlinsky, University of Chicago; M. Helge Rønnestad; Meghan Fraley; Claus H. Jacobsen; Yawen Li; Jan Nielsen

Interrelations of therapists' current life quality, early family care and personal therapy experiences

Helpne A Nissen-Lie University of Oslo: M. Helge

Helene A. Nissen-Lie, University of Oslo; M. Helge Rønnestad; David E. Orlinsky

Transition to parenthood and its impact on the professional development of psychotherapists Tal Yehezkeli-Yogev, University of Haifa; Hadas Wiseman; Ruth Sharabany

81. **Brief Paper Session** *alliance & interpersonal process* 

Friday | 3:00 PM--4:30 PM | Library (30) **Alliance & Interpersonal Process** 

Patient's baseline level self-concealment, development of the therapeutic alliance and outcome trajectories in short-term psychotherapy Alex Behn, Pontificia Universidad Católica de Chile; Paula Errázuriz; Sergio Gloger

### Perfectionism and negative impact on therapy alliance and outcome

Paul Louis Hewitt, University of British Columbia; Marie Habke; Joanne Zhou; Charlie Deng; Samuel Mikail; Gordon Flett

### Therapeutic interaction with a borderline patient in psychoanalytic psychotherapy

Silvia Pereira da Cruz Benetti, Universidade do Vale do Rio dos Sinos; Suzana C. Nardi; Nathália B. Silva; Aline Bittencourt

#### Associations between patient personality and symptomatology and countertransference in psychodynamic psychotherapy

Livia Fração Sanchez, Universidade do Vale do Rio dos Sinos; Aline Bittencourt; Vitória Ferraro; Vitória Waikamp; Fernanda Barcellos Serralta

# Therapeutic alliance, opinion about treatment, and adherence in an RCT comparing Cognitive Behavioral Therapy and Systemic Therapy for Social Anxiety Disorder

Anna Sandmeir, Heidelberg University; Christina Hunger; Anastasia Kornely; Katrin Fuchs; Jochen Schweitzer

Is there an "objective" countertransference? Hanne-Sofie Dahl, University of Oslo

## 82. **Brief Paper Session** *culture & identity*

Friday | 3:00 PM--4:30 PM | Green Room #2 (30) **Culture & Identity** 

Are autonomy and intimacy types meaningful in culturally diverse environments? Conceptual considerations and the application to therapy Tamar M. Ben Shaul, University of Haifa; Ruth Sharabany

Religious and spiritual struggles appear to impede psychotherapy process and worsen outcomes Devin Petersen, Brigham Young University; Stevan Lars Nielsen; Tyler R. Pedersen

The impact of social identities of clients and therapists on the quality of working alliance and diagnostic accuracy during the mental health intake Ora Nakash, IDC Herzliya

Use of language interpreters in psychotherapy: Inclusion in professional training programs Clay Frandsen, Brigham Young University; Timothy B. Smith

83. **Brief Paper Session** attachment & development

Friday | 3:00 PM--4:30 PM | Mirror Room #1 (70)

Attachment & Development

Mentalizing during therapy sessions: What difference does it make?
Clara Möller, Linköping University

The relation between mentalization and prosocial behavior in the play therapy of a boy with High-Functioning Autism Spectrum Disorder Julia Claire Lynford, Long Island University Post; Geoffrey Goodman

Simulation modeling analysis of sequential relations among therapeutic alliance, symptoms, and adherence to child-centered play therapy between a child with Autism Spectrum Disorder and two therapists

Hyewon Chung, Chungnam National University; Geoff Goodman

Studying the Effectiveness of a Storytelling/Story-Acting Activity on Ugandan Preschoolers' Theory of Mind and Emergent Literacy in Two Rural Ugandan Community Libraries Geoff Goodman, Long Island University; Valeda F.

Intact and deficient aspects of emotional memory in autism

Laura Deußer, Heidelberg University

Emotion recognition and emotional-cognitive flexibility from adolescence to young adulthood: Associations with depressivity, anxiety, and stress Laura Klewinghaus, Heidelberg University; Alexandra Iwanski; Peter Zimmermann

Friday | 4:30 PM—5:00 PM | **Break** 

#### Panel

psychotherapy integration Moderator: Jan Carlsson, Örebro University

#### Discussant:

Bruce Wampold, University of Wisconsin Friday | 5:00 PM--6:30 PM | Library (30) **Psychotherapists and integration:** 

Presentation of new data on students and practicing clinicians

Influence or submission: A qualitative study of psychology students' experiences of clinical supervision

Joakim Norberg, Harvard University; Jan Carlsson

Getting lost and finding new paths: A qualitative study of the experiences of psychotherapy integration during and after psychologist training Jan Carlsson, Örebro University; Joakim Norberg

The use of trans-theoretical principles of change among Czech psychotherapists and counselors Tomáš Řiháček, Masaryk University

85. **Brief Paper Session** 

evidence-based psychotherapies

Friday | 5:00 PM--6:30 PM | Youth Room #2 (50) **Evidence-Based Psychotherapies** 

The effectiveness of three psychotherapies of different type and length in the treatment of patients suffering from anxiety disorder
Paul B. Knekt, National Institute for Health and Welfare; Olavi Lindfors; Erkki Heinonen; Timo Maljanen

Effectiveness of the psychoorganic analysis: changing experiences and anxiety reduction

Inta Poudžiunas, Baltic Psychoorganic Analysis Center; Armands Brants; Gundega Ulme

Support and anxiety: Social networks of patients with social anxiety disorder

Julian Geigges, Heidelberg University; Christina Hunger; Jochen Schweitzer

Early change in cognitive behavioral therapy and systemic therapy for social anxiety disorders: Preliminary results of a pilot RCT

Christina Hunger, Heidelberg University; Rebecca Hilzinger; Johannes Mander; Monika Schaub; Ruth Hebsaker; Anja Sander; Hinrich Bents; Jochen Schweitzer

#### **Emotion-Focused sports psychology**

Yehuda Aryeh Gabler, York University; Sara Miller

### Beyond regret: Cognitive strategies for the self-regulation of eating behavior

Eleni Kanellopoulou, University of Athens; Walter Mischel; Kevin Ochsner; Hedy Kober

86.

#### **Panel**

alliance & interpersonal process

#### Moderator:

J. Christopher Muran, Adelphi University Friday | 5:00 PM--6:30 PM | Glass Room (50)

### Dyadic interpersonal dynamics in psychotherapy

## Client and therapist mutual transition from dissociation to dialectics and its relation to treatment outcome

Nehama HaCohen, Bar-Ilan University; Dana Atzil-Slonim; Rivka Tuval-Mashiach; Eran Bar-Kalifa

### Client-therapist emotional coregulation and its association with treatment outcomes

Dana Atzil-Slonim, Bar-Ilan University; Eran Bar-Kalifa; Hadar Fisher; Eshkol Rafaeli

The alliance and the therapist's characteristics: Patterns of changes, ruptures and repairs Rivka Shir, Hebrew University; Orya Tishby

Therapeutic presence: Neurophysiological mechanisms mediating feeling safe in therapeutic relationships

Shari Melissa Geller, York University; Stephen Porges

87.

#### **Panel**

psychotherapy integration

Moderator:

Marilyn Fitzpatrick

Marilyn Fitzpatrick, McGill University Friday | 5:00 PM--6:30 PM | Boardroom (40)

Values and client well-being

Values in therapy: Research and clinical perspectives Marilyn Fitzpatrick, McGill University

The relationship between attachment styles and subjective well-being in emerging adulthood: Exploring the role of personal values and gratitude as potential mediators

Vera Romano, McGill University; Robin Grumet; Marilyn Fitzpatrick

Exploring changes in values following violence

Thea Comeau, McGill University

#### Panel

evidence-based psychotherapies

#### Moderator:

J. Christopher Perry, Jewish General Hospital Friday | 5:00 PM--6:30 PM | Lecture Hall (120)

Therapeutic techniques and change in defense and coping mechanisms over treatment for recurrent major depression

Change in defense mechanisms and depression over treatment in recurrent major depression

J. Christopher Perry, Jewish General Hospital

Change in coping action patterns and cognitive errors over treatment in recurrent major depression Vera Bekes, Jewish General Hospital

The Psychotherapy Process Q-Sort and change in defense and coping mechanisms and depression over psychotherapy for recurrent major depression Imke Grimm, International Psychoanalytic University

89.

#### **Panel**

practice-training-research networks

#### Moderator:

Ulrike Willutzki, Universität Witten/Herdecke

#### Discussants:

Helene A. Nissen-Lie, University of Oslo; Erkki Heinonen, National Institute for Health and Welfare

90.

#### **Panel**

quantitative & qualitative method

#### Moderator:

Christoph Flückiger, University of Bern Friday | 5:00 PM--6:30 PM | Mirror Room #1 (70) Psychotherapists' process experiences predict client treatment outcomes

Therapist effects on psychotherapy outcome: Are they related to therapists' self-perceived skills and the difficulties they experience in their therapeutic work?

Patrizia Odyniec, Universität Witten/Herdecke (Presented by Ulrike Willutzki, Universität Witten/Herdecke)

The work experience of British IAPT therapists in relation to staff burnout and client outcomes Thomas Schröder, University of Nottingham

Friday | 5:00 PM--6:30 PM | New Conference Room #2 (70)

Practice-oriented research: Investigating processes of change in practice settings

Sudden gains in routine care cognitive-behavioral therapy for depression: A replication with extensions

Felix Wucherpfennig, Universität Trier,; Julian Rubel; Wolfgang Lutz What happens when we assess change in a multidimensional manner, within a naturalistic context, and does it make a difference for clinical practice?

Elena Scherb, UADE University; Marian Durao; Mariel Fernanda; Gertrudis Wyss

What do we do, and how, to activate patient resources in psychotherapy? Analysis of the first meetings from expert therapists' perspective Domingo Salvo, Pontificia Universidad Católica de Chile; Sol Casassus; Mariá I. Pesqueira; Ivonne Ramirez; Paola Ceruti

#### 91.

#### Panel

practice-training-research networks

#### Moderator:

Kim de Jong, Leiden University

#### Discussant:

Rochelle (Robbie)
Babins-Wagner,
Calgary Counselling Centre

Friday | 5:00 PM--6:30 PM | Youth Room #1 (50)

Practice-Oriented Research: Therapist effects and training

The effects of psychotherapists' training and experience on client outcomes in university and college counseling centers

Jeffrey A. Hayes, Penn State University; Kyle T. McCracken; Benjamin D. Locke

### What does research provide to therapists in training?

Héctor Fernández-Alvarez, Aigle Foundation; Beatriz Gomez; Claudia Castañeiras; Fernando García; Javier Fernandez-Alvarez

Differences in stress response to negative feedback in trainees

Kim de Jong, Leiden University

#### 92.

#### **Brief Paper Session**

practice-training-research networks

Friday | 5:00 PM--6:30 PM | Green Room #2 (30)

Practice-Training-Research Networks

APA guidelines for supervision: Implications for supervisees and supervisee supervision competencies

Kelsey Anne Kangos, University at Albany/SUNY

Facilitators of optimal therapist development: Highly regarded therapists' perceptions, experiences and beliefs regarding supervision

Sandra Elisabeth Stewart, Monash University

Training of psychodynamic interventions using role-play and standardized patients: Trainee's evaluation and transfer to patient treatment Christoph Nikendei, University of Heidelberg; Julia Huber; Johannes C. Ehrenthal; Jobst-Hendrik Schultz; Henning Schauenburg; Ulrike Dinger

Therapists' experiences of the implementation and use of CORE Net: Barriers and critical perspectives Mattias Bjornstrom, Sodra Alvsborgs Hospital Ethical and professional aspects of working with personal materials in psychotherapy supervision Hilla Calderon, University of Haifa

The effect of a relational characterized supervisory relationship on supervisee's self efficacy and their recovery-oriented work in mental health Amit Yamin, University of Haifa; Orya Tishby

93. **Brief Paper Session** *mindfulness-based intervention* 

Friday | 5:00 PM--6:30 PM | Mirror Room #2 (70)

Mindfulness-Based Intervention

The Process-Outcome Mindfulness Effects in Trainee (PrOMET)-Study: Updates on a pragmatic RCT Johannes Mander, University of Heidelberg; Paula Kröger; Christoph Flückiger; Wolfgang Lutz; Hinrich Bents; Thomas Heidenreich

Ashtanga yoga promotes psychological well-being Josee L. Jarry, University of Windsor; Felicia Chang; Loreana LaCivita

Mindfulness-Based Eating and Awareness Training (MB-EAT) for obesity: Helpful aspects and qualitative outcomes

Bao-Chau Du, University Health Network; Susan Wnuk; Carla Willig; Angela Cole; Lynn Tremblay; Jessica Van-Exan; Anna Wallwork; Katie Warwick; Sanieev Sockalingam

#### Poster session

### Friday | 6:30 PM--8:00 PM | Poster Corridor **Poster session (Friday)**

#### Psychotherapy utilization and presenting concerns among Polynesian American students in a university counseling center

G. E. Kawika Allen, Brigham Young University; Davis Kane

## The contribution (or the association between) of metacognition to the therapeutic alliance and treatment outcome

Nitzan Arnon-Ribenfeld, Bar-Ilan University

## Accommodating near death experiences in everyday life: The relevance of intrapsychic and interpersonal dynamics

Simone Bianco, University of Padova; Arianna Palmieri; Marco Sambin

### Therapists searching for patient's personal information on the Internet

Malena Braun, Universidad de Belgrano; Andres J. Roussos; Juan Martin Gomez Penedo

## **Hypnosis and dissociation in Near Death Experience**Alice Broggio, University of Padova; Stefano Colussi; Marco Sambin

#### The importance of auto-hypnosis to reduce stress Alice Broggio, University of Padova; Stefano Colussi; Marco Sambin

### A phenomenological point of view about Near Death Experience

Stefano Colussi, University of Padova; Alice Broggio; Simone Bianco; Marco Sambin

## Seeing a person or a problem? The impact of responsive/receptive style upon listeners' mental states in a social sharing experiment

Chui-De Chiu, The Chinese University of Hong Kong; Suet Ying Cheung; Kahlen WS Chan; Yuen Ki Ma; Pik Ka Li; Tsz Kiu Cheung

### Psychotherapies and psychiatric drugs: uses and abuses

Stefano Colussi, University of Padova; Alice Broggio; Marco Sambin

# Design and preliminary results of a pilot study of SIN-E-STRES, a web-based program for the monitoring and support of patients with post-traumatic stress disorder in the Chilean Safety Association

Alvaro E. Carrasco, Instituto Milenio para la Investigación en Depresión y Personalidad; Markus Moessner; Pablo Garrido; Carmen G. Carbonell; Stephanie Bauer; Pablo González; Carola Perez; Mariane Krause; Catalina Rodríguez; Natalia Martini; Fikret Özer

# Clients' experience of attachment-based family therapy (ABFT) and emotion focused therapy (EFT) for unresolved anger: The impact of the treatment and what led to positive change Ravit Steinmann, Clalit Health: Inhal Gat: Ofir Nir:

Ravit Steinmann, Clalit Health; Inbal Gat; Ofir Nir; Gary M. Diamond

### Why do patients drop out of Internet-based treatments? A qualitative study

Alberto González-Robles, Universidad Jaume I; Javier Fernandez-Alvarez; Amanda Díaz-García; Rosa Baños; Azucena García-Palacios; Cristina Botella

#### Heart rate measurements in adolescents with Borderline Personality Disorder during the psychotherapeutic process

Lukas Fürer, Basel; Ronan Zimmermann; Nathalie Rahel Schenk; Christian Schrobildgen; Marc Birkhölzer; Emmanuel Jung; Anne-Catherine von Orelli; Veronika Burger; Oliver Pick; Sabrina Brunner-Kunz,; Susanne Schlüter-Müller; Klaus Schmeck

## Patterns of change during outpatient short-term psychotherapy of social anxiety disorder: Results of the SOPHO-NET research network

Romina Gawlytta, University Hospital; Uwe Altmann; Susanne Schwager; Bernhard Strauss

#### The role of therapeutic alliance in the process of the psychotherapy of a patient with borderline personality disorder

Lisiane Geremia, Unisinos; Silvia Pereira da Cruz Benetti; Aline Bittencourt; Georgius Esswein

## Changes in relationships between LGB young adults and their non-accepting parents over the course of attachment-based family therapy

Inbal Gat, Ben-Gurion University of the Negev; Gary M. Diamond

### More than just a relationship: Weaving professional relationships in healing processes

Katharina Gerlich, Danube University; Silke Birgitta Gahleitner

What does shared decision making look like in child mental health: A qualitative study with young people, their parents/guardians and clinicians Daniel Paul Hayes, Anna Freud Center; Julian Edbrooke-Childs; Miranda Wolpert; Nick Midgley

## How can we capture therapists' competence? Video analysis and reconstruction by expert interviews as a method to determine competencies

Rebecca Hilzinger, Heidelberg University

### Supervisor variance in psychotherapy outcome in routine practice: A replication

Tyler James Hoyt, University of Alaska; Jason Whipple; Joshua K. Swift; Tony Rousmaniere; Tyler R Pedersen; Vaughn E. Worthen

### The sex differences in children's self-related emotions

Shih-Tseng Huang, National Chung-Cheng University; Tung-An Hsiao; Yi-Wen Kao

### The effects of family environment on academic achievement of children

Shih-Tseng Huang, National Chung-Cheng University; Xu Liu

Affective process in psychodynamic play therapy: Child's affect, therapist's emotional reactions and their relationship to global functioning Deniz Keskin, Bilgi University; Sibel Halfon; Alev

Çavdar; Umit Akırmak

The role of global versus sexual orientation specific rejection among parents of sexual minority adults Ella Lubeznov Kibrik, Ben-Gurion University of the Negev; Ayelet Levy; Gary M. Diamond

### An exploration of the predictability of the friendship quality to academic achievement

Hsiu-Hao Liu, National Chung-Cheng University; Shih-Tseng Huang

### The reliability and validity of revised Chinese version of friendship quality questionnaire

Hsiu-Hao Liu, National Chung-Cheng University; Shih-Tseng Huang

Identifying candidates for preventative exposure therapy amongst a high-risk sample: A longitudinal study examining the relations between fear extinction recall in behaviorally inhibited children and anxiety onset in adolescence

Ben Mernick, University of Haifa; Shani Danon-Kraun; Tamar Gendler; Abigail Pine; Tomer Shechner

### Development of countertransference management abilities in psychotherapy training

Irene Messina, University of Padova; Carolina Solina; Alice Arduin; Riccardo Baroffio; Enrico Benelli; Marco Sambin

Dyadic physiological concordance in electrodermal responses in psychologists interacting with individuals with different attachment styles

Irene Messina, University of Padova; Marco Sambin

## Abnormal default system functioning in depression: convergence between psychodynamic models and neuroscience

Irene Messina, University of Padova; Francesca Bianco; Vincenzo Calvo; Maria Cusinato; Marco Sambin

### Does defensive functioning change in short-term treatment for panic disorder?

Mary V. Minges, Adelphi University; J. Christopher Perry; Dianne Chambless; Barbara Milrod; Jacques P. Barber Bidirectional effects of romantic dimensions of parents and psychomotor, emotional and behavioral dimensions of their children at early childhood with differential gender effect

Ximena Pereira, Universidad del Desarrollo; Iván Armijo

#### Effectiveness of Dialectical Behavior Therapy for Borderline Personality Disorder: A network meta-analysis

Sven Rabung, Alpen-Adria-Universität Klagenfurt; Alessa von Wolff; Sarah Liebherz; Falk Leichsenring; Levente Kriston

Evaluation of satisfaction with psychological interventions in Primary Health Care Network, based on users' self-reports

Déborah Rydel, Universidad de la República Oriental del Uruguay / SPR

Clinical Severity as a Moderator of Outcome in Psychodynamic and Dialectical Behavior Therapies for Borderline Personality Disorder

Zeynep Sahin, Adelphi University; Bo Vinnars; Alexander Wilczek; Marie Åsberg; Jacques P. Barber

Rupture and resolution episodes in the psychotherapeutic process in adolescents with Borderline Personality Disorder: Correlational analysis with the session evaluation questionnaire Nathalie Rahel Schenk, Psychiatric University Hospital Basel; Ronan Zimmermann; Christian Schrobildgen; Susanne Schlüter-Müller; Klaus Schmeck

Exploring involuntary childlessness in men: A qualitative-quantitative study investigating the effects of medical causes, role concepts and treatment stages on quality of life in involuntary childless men

Maren Dorothea Schick, University Hospital, Heidelberg

Transference and countertransference in a psychodynamic psychotherapy with a patient with borderline personality disorder

Rochele Moller, Universidade do Vale do Rio dos Sinos; Gibson J. Weydmann; Carolina P. Lima; Aline Bittencourt; Silvia Pereira da Cruz Benetti; Fernanda Barcellos Serralta Therapist self-expression, emotional involvement & alliance perspective in an alliance focused therapy Rachel Behrend Small, Adelphi University; J. Christopher Muran; Jeremy D. Safran; Catherine F. Fuhanks

The anger-related reactions of infants in frustration Min-Chi Tsai, National Chung-Cheng University; Shih-Tseng Huang

### Mothers' responses when their infant child was in frustration

Min-Chi Tsai, National Chung-Cheng University; Shih-Tseng Huang

Therapist interventions associated with emotional processing in the context of Attachment-Based Family Therapy (ABFT)

Noa Tsvieli, Ben-Gurion University of the Negev; Gary M. Diamond

Assessments for prevention and mental health promotion: Adaptation and standardization of a general well-being scale for adolescent population Gertrudis Wyss, Universidad Argentina de la Empresa; Mariano Gianni; Valeria Gogni; Elena Scherb

Feeling good when attuning to another person's distress: The moderating role of self-affirmation Suet Ying Cheung, The Chinese University of Hong Kong; Kahlen WS Chan; Pik Ka Li; Yuen Ki Ma; Tsz Kiu Cheung; Chui-De Chiu

#### Saturday, 25 June

95.

Structured Discussion culture & identity

Moderator:

Hanna Kirnoha,

Sigmund Freud University

Saturday | 8:30 AM--10:00 AM | Youth Room #1 (50)
Beyond trauma therapy: What are the psychological needs of refugees?

Godela von Kirchbach, Sigmund Freud University

#### **Panel**

quantitative & qualitative method

Moderator:

Rolf Holmqvist, Linköping University Saturday | 8:30 AM--10:00 AM | Mirror Room #2 (70) **Practice oriented research: Prediction of** 

Practice oriented research: Prediction early and late progress

Early and late change patterns during an Internet intervention for depression

Alice Arndt, Universität Trier

Early and late response after psychotherapy for social anxiety disorder

Jasmin Colic, Technical University Dresden

Reverse Engineering and Validation of Psychotherapy

Stevan Lars Nielsen, Brigham Young University

Prediction of treatment outcome by patient initial symptom and distress patterns

Carl-Johan Uckelstam, Linköping University; Rolf Holmqvist; Fredrik Falkenström; Björn Philips

97.

#### **Panel**

evidence-based psychotherapies **Moderator:** 

Stephen Buller, Psychotherapy Foundation

Discussant:

Gaby Shefler, Hebrew University Saturday | 8:30 AM--10:00 AM | Boardroom (40) Effectiveness, process and outcome research in Short-Term Psychodynamic Psychotherapy (STPP)

Short-Term Psychodynamic Psychotherapy (STPP): Developing process rating for the evaluation of ego capacity

Susan Hajkowski, University of Leicester

The relationship between therapist interventions and the therapeutic alliance with patient attachment style as a moderator

Noa Weiss, Hebrew University

Assessment of attachment ruptures underlying severe music performance anxiety in a professional musician undertaking a trial of Intensive Short-Term Dynamic Psychotherapy (ISTDP)

Dianna Theadora Kenny, University of Sydney; Stephen Arthey; Allan Abbass

Clinical and cost effectiveness of Short-Term Psychodynamic Psychotherapy (STPP) as a frontline treatment for somatoform disorders in primary care Stephen Buller, Psychotherapy Foundation; Susan Hajkowski

#### **Panel**

culture & identity

Moderator:

Dana Amir,

University of Haifa

99. **Panel** *evidence-based psychotherapies* 

**Moderator:**Orya Tishby,
Hebrew University

Saturday | 8:30 AM--10:00 AM | Library (30)

### The curative dimension of narrativization: Three bibliotherapeutic perspectives

Narrators of maternal subjectivity: Between maternal self-narratives and maternal child-focused narratives

Biri Rottenberg, University of Haifa

Literature as an "antibody": The contribution of the subversive dimension in a literary text to the practice of bibliotherapy

Dafna Miller Wasserman, Bar-Ilan University

What's in our name? Narrative identity and narcissistic processes in parents' naming of their firstborn

Aelia Ackerman, University of Haifa; Dana Amir; Hadas Wiseman

Saturday | 8:30 AM--10:00 AM | Lecture Hall (120)

The use of psychodynamic techniques and their relation to outcome in short-term therapy for patients with moderate depression and anxiety

And how does that make you feel? Psychodynamic technique related to outcome for depressed patients Michael Katz, Adelphi University; Mark J. Hilsenroth

Therapist adherence to psychodynamic techniques in the treatment of depression

Liat Leibovich, University of Haifa; Sigal Zilcha-Mano

The effects of transference interpretations in the context of therapeutic alliance and attachment style Dana Josepf, Hebrew University; Orya Tishby

The interaction between interpretation and support in the core phase of psychotherapy and its contribution to treatment outcome

Elad Livneh, Bar-Ilan University; Sharon Ziv-Beiman; Eran Bar-Kalifa; Tuvia Peri

#### Panel

mindfulness-based intervention

#### Moderator:

Francesco Pagnini, Catholic University of Sacred Heart Saturday | 8:30 AM--10:00 AM | Mirror Room #1 (70)

New perspectives on psychotherapy and
mindfulness

Towards an integration between psychodynamic approaches and mindfulness meditation

Simone Bianco, University of Padova; Paolo Barilaro; Arianna Palmieri

Mindful reading: Mindfulness meditation positively affects reading, attention and psychological domains among dyslexic adults

Ricardo Tarrasch, School of Education and Sagol Neuroscience School; Naama Friedmann

Decentering in the process of cultivating mindfulness: An experience sampling study Adi Shoham, University of Haifa; Pavel Goldstein; Ravit Oren; David Spivak

An online meditation program for people with multiple sclerosis and their caregivers

Francesco Pagnini, Catholic University of Sacred Heart; Cesare Cavalera; Enrico Molinari

#### 101. **Panel**

practice-training-research networks

#### Moderator:

David E. Orlinsky, University of Chicago

#### Discussant:

Bernhard Strauss, University Hospital Saturday | 8:30 AM--10:00 AM | Spinning Room (50) Studies of therapist training and early development: First findings of the SPRISTAD study from Finland, Italy and India

Psychotherapy training programs and trainees in Finland: First results and practical experiences from the International Multisite SPRISTAD Study Erkki Heinonen, National Institute for Health and Welfare

Tracking Change in Italian Trainees' Experience of Therapeutic Work

Irene Messina, University of Padova

Change is the only constant? The development of psychotherapists in Clinical Psychology training programmes in India

Poornima Bhola, National Institute of Mental Health and Neuro Sciences

#### Panel

alliance & interpersonal process

#### Moderator:

Claudio Martinez, Universidad Diego Portales

#### Discussant:

Adam Horvath, Simon Fraser University Saturday | 8:30 AM--10:00 AM | Youth Room #2 (50)
Regulatory process in the psychotherapeutic interaction: The Mrs. B case

### Discursive voices and regulatory process in psychotherapy

Claudio Martinez, Universidad Diego Portales; Alemka Tomicic; Carola Perez

### The psychotherapeutic regulatory process embodied in the prosody of the speech

Alemka Tomicic, Universidad Diego Portales; Marcela Guzmán; Diego San Martin; Claudio Martinez; Carola Perez

### Mentalizing or not mentalizing: Different functions for different scenarios

Cecilia De la Cerda, Pontificia Universidad Católica de Chile; Javiera Duarte; Javier Morán; Claudio Martinez; Alemka Tomicic: Carola Perez

103. **Panel** 

alliance & interpersonal process

#### Moderators:

Omar Gelo, University of Salento; Sigmund Freud University; Johann Roland Kleinbub, University of Padua Saturday | 8:30 AM--10:00 AM | New Conference Room #1 (70)

A dynamic systems approach to psychotherapy: Empirical evidence

Verbal pattern formation and treatment outcome in experiential psychotherapy of depression

Omar Gelo, University of Salento; Sigmund Freud University; Enrico Ciavolino; Marcello Gallucci; Erhard Mergenthaler

Physiological synchrony in therapy micro-processes Johann Roland Kleinbub, University of Padua; Enrico Benelli; Emanuele Pick; Arianna Palmieri

How to conceptualize psychotherapy as a complex dynamic process: Theory, practice, neurodynamics, and feedback technology

Guenter Karl Schiepek, Paracelsus Medical University

Therapeutic Cycle Model in experiential therapy for depression: Linguistic analyses from the perspective of complex systems

Giulio de Felice, Sapienza University of Rome; Franco Orsucci; Omar Gelo

#### Panel

alliance & interpersonal process

#### Moderator:

Wolfgang Tschacher, Universität Bern Saturday | 8:30 AM--10:00 AM | New Conference Room #2 (70)

### Nonverbal synchrony and resonance in dyadic interactions

### Nonverbal synchrony in psychotherapy: Reliability, alliance, outcome

Jane Dittmann, Universität Trier; Wolfgang Lutz

### Does nonverbal synchronization depend on the topic of conversation and behavior modality?

Uwe Altmann, University Hospital; Desiree Thielemann; Bernhard Strauss

### Synchronization analysis of the expression of emotions in psychotherapy

Franco Orsucci, University College London; Giulio de Felice

### Temporal synchronization of body movement in psychotherapy

Wolfgang Tschacher, Universität Bern; Fabian Ramseyer

Saturday | 8:30 AM—10:00 AM | Green Room #2
Special Interest Group Meeting
Culture & Psychotherapy

Saturday | 10:00 AM—10:30 AM | **Break** 

105.

#### **Structured Discussion**

psychotherapy integration **Moderator**:

Franco Orsucci, University College London

#### Discussant:

Omar Gelo, University of Salento, Sigmund Freud University Saturday | 10:30 AM--12:00 PM | Spinning Room (50)

Manifesto for human dynamics analysis and complexity science psychotherapy

Wolfgang Tschacher, Universität Bern

David Pincus, Chapman University

Frederick David Abraham, Blueberry Brain Institute

Guenter Karl Schiepek, Paracelsus Medical University

### **Panel**

alliance & interpersonal process

### Moderator:

Stefan Westermann, University of Bern

### Discussant:

Franz Caspar, University of Bern Saturday | 10:30 AM--12:00 PM | Glass Room (50)

A close look at the therapeutic relationship in severe mental illnesses such as schizophrenia

The therapeutic alliance in psychiatric case management: Outcome and process research in a naturalistic study in Switzerland

Agnes von Wyl, Zurich University of Applied Sciences; Aureliano Crameri; Silvia Passalacqua

Helping alliance and unmet needs in the treatment of people with severe mental illness across Europe: Results of a prospective longitudinal multicentre study

Bernd Puschner, Ulm University; Katrin Arnold; Benjamin Mayer; Mike Slade; Sabine Loos

Dangerous knowledge? Clinician's lack of knowledge of avoidance goals in patients with schizophrenia spectrum disorders is accompanied by a better therapeutic relationship

Stefan Westermann, University of Bern; Franz Maurus Caspar; Raphaela Tschümperlin; Vivienne Gantenbein; Marialuisa Cavelti

Therapeutic relationship and change: The perspective from clients with a diagnosis of schizophrenia

Mariane Krause, Pontificia Universidad Católica de Chile; Marianella Abarzua; Macarena Silva; Daniela Navarro Gonzalez; Carolina Altimir

107. **Structured Discussion** practice-training-research networks

Saturday | 10:30 AM--12:00 PM | Library (30)
6th Annual General Meeting: SPR Interest
Section on Therapist Training & Development

Bernhard Strauss, University Hospital

David E. Orlinsky, University of Chicago

M. Helge Rønnestad, University of Oslo

### **Panel**

evidence-based psychotherapies **Moderator:** Gaby Shefler, Hebrew University

### Discussant:

Alexander Wilczek, Karolinska Institute

# Saturday | 10:30 AM--12:00 PM | Youth Room #1 (50) Intensive long-term psychoanalytic oriented psychotherapy with severely disturbed patients

The "Lechol Nefesh" Project: Long term, intensive psychoanalytically oriented psychotherapy for severely impaired patients in a public outpatients clinic in Abarbanel mental health center, Bat Yam, Israel

Ilan Amir, Israel Psychoanalytic Society; Yael Samuel; Henry Szor

Outcomes of "Lechol Nefesh" long term psychoanalytically oriented intensive psychotherapy project with severely impaired patients

Gaby Shefler, Hebrew University; Ayelet Plus; Ron Finkenberg; Henry Szor; Ido Lurie; Ilan Amir; Gil Goldzweig

109.

### Panel

practice-training-research networks **Moderator:** 

Louis Castonguay, Penn State University Saturday | 10:30 AM--12:00 PM | Lecture Hall (120)

Practice-oriented research: Building and investigating practice research networks

### Building a PRN for young psychotherapists and researchers

Javier Fernandez-Alvarez, Universidad Jaume I, Castellón; Juan Martin Gomez Penedo; Gertrudis Wyss; Guadalupe Molinari

Network learning: Linking practice with research Sheila Butler, Open University, UK and Kent and Medway National Health Service and UKCP

### Developing and investigating a large Practice Research Network to study and improve psychotherapy

Louis Castonguay, Penn State University; Soo Jeong Youn; Henry Xiao; Rebecca Janis; Dever Carney; Andrew A. McAleavey; Allison J. Lockard; Jeffrey A. Hayes; Benjamin D. Locke

Building a Practice Research Network in Child Mental Health in the UK: learning from the Child Outcomes Research Consortium (2004-2016) Daniel Hayes, University College London 110.

Panel
child & family
Moderator:
Dafna Regev,

University of Haifa

Saturday | 10:30 AM--12:00 PM | Mirror Room #1 (70)

Integrating art based interventions into child psychotherapy and parental training

Objectives, interventions and challenges in parent-child art psychotherapy Dafna Regev, University of Haifa; Sharon Snir

Implicit aspects of the mother-child relationship as seen in the Joint Painting Procedure and temperament as predictors of adjustment in middle childhood

Tami Gavron, University of Haifa; Ofra Mayseless

## The use of art materials in the framework of parental training

Liat Shamri-Zeevi, University of Haifa, The Academic College of Society and the Arts; Dafna Regev; Sharon Snir

Pictorial phenomena in mother-infant relationship drawings of women in their third trimester of first pregnancy demonstrating signs of depression Liat Cohen-Yatziv, University of Haifa; Sharon Snir; Dafna Regev

### 111. Panel

practice-training-research networks

Moderator:

Lior Galili, Bar-Ilan University

### Discussant:

Barry Farber, Teachers College, Columbia University Saturday | 10:30 AM--12:00 PM | Mirror Room #2 (70)

Self compassion in the context of psychotherapy: Research and clinical practice

Construct validity of the Self-Compassion Scale-Short Form among psychotherapy clients Jeffrey A. Hayes, Penn State University

Mechanisms of change in psychotherapy: The role of self compassion

Lior Galili, Bar-Ilan University

Self-Compassion in psychotherapy: Introducing in too soon is premature Golan Shahar, Ben-Gurion University of the Negev

### Panel

alliance & interpersonal process

### Moderator:

Sigal Zilcha-Mano, University of Haifa

### Discussant:

Leonard M. Horowitz, Stanford University

### 113.

### Panel

quantitative & qualitative method

#### Moderator:

Yogev Kivity, Hebrew University

### Discussant:

Wolfgang Lutz, University of Trier Saturday | 10:30 AM--12:00 PM | New Conference Room #1 (70)

A fresh look at the therapeutic alliance: Interpersonal problems, resolution of ruptures, and treatment outcome

## Alliance ruptures and repairs as predictors of treatment dropout in CBT

Catherine F. Eubanks, Yeshiva University; J. Christopher Muran; Jeremy D. Safran; Jessica Lubitz

## The role of the alliance in the relationship between interpersonal style and outcome

Tohar Dolev, University of Haifa; Sigal Zilcha-Mano

Patient's interpersonal problems and early alliance negotiation as predictors of therapeutic change Juan Martin Gomez Penedo, Universidad de Buenos Aires; Jennifer M. Doran; Andres J. Roussos

Saturday | 10:30 AM--12:00 PM | New Conference Room #2 (70)

Capturing the moment: Use of daily diary methods to enhance psychotherapy and psychopathology research

Does cognitive reappraisal reduce anxiety? A daily diary study of a micro-intervention with individuals with high social anxiety

Yogev Kivity, Hebrew University; Jonathan Huppert

A randomized controlled trial of a brief ecological momentary intervention for Generalized Anxiety Disorder

Michelle G. Newman, Penn State University; Lucas LaFreniere

The relationship between depression and generalized anxiety during intensive pharmacological and psychological treatment Idan M Aderka, University of Haifa; Courtney Beard; Josephine Lee; Rachel B. Weiss; Thröstur Björgvinsson

The role of shame and self-criticism in social anxiety:

A daily-diary study in a nonclinical sample

Gal Lazarus, Bar-llan University; Ben Shahar

### Panel

alliance & interpersonal process

### Moderator:

Rodney K. Goodyear, University of Redlands

### Discussant:

Bruce Wampold, University of Wisconsin Saturday | 10:30 AM--12:00 PM | Youth Room #2 (50)

Supervision at the crossroads: Addressing challenges and dilemmas

Helping supervisees identify and manage countertransference: Supervisory challenges and strategies

Rodney K. Goodyear, University of Redlands

When challenged by cultural contexts: Supervisors' decision-making and skill development

Changming Duan, University of Kansas; Xiaoming Jia; Yudi Zhang

The supervision contract: Reducing uncertainty in the alliance

the alliance
Carol Falender, Pepperdine University

Saturday | 10:30 AM--12:00 PM | Green Room #2 (30)

### **Evidence-Based Psychotherapies**

Internet-based psychological interventions for the prevention of mental disorders: a systematic review and meta-analysis

Lasse Sander, Albert-Ludwigs-University; Leonie Rausch; Harald Baumeister

**The effectiveness of art therapy: A meta-analysis**Robert John King, Queensland University of
Technology; Jayne Orr; Claire Edwards; Tom O'Brien

The Social Mentality Theory of Self-Compassion: The Interactive Effect of Care-Seeking and Caregiving Nicola Hermanto, McGill University; David C. Zuroff; Allison C. Kelly; Michelle J. Leybman

**Psychodrama: Empirical research and science**Michael Alexander Wieser, Alpen-Adria-Universitaet
Klagenfurt

Saturday | 10:30 AM—12:00 PM | Boardroom Special Interest Group Meeting Child and Family Therapy Research

Saturday | 12:00 PM—1:30 PM | Lunch Break

115.

**Brief Paper Session** 

evidence-based psychotherapies

116.

### **Brief Paper Session**

child & family

### Saturday | 1:30 PM--3:00 PM | Glass Room (70)

### Couple & Family Therapy

### When significant others suffers: German validation of Burden Assessment Scale (BAS)

Lena K. Krause, Heidelberg University; Christina Hunger: Jochen Schweitzer

### Working with tenderness and vulnerability in **Emotion-Focused Couples Therapy: Recent** Task-Analytic developments

Rhonda Goldman, Illinois School of Professional Psychology at Argosy University; Corie Todd; Erica Veach

### The impact of a grief intervention with bereaved families: a thematic analysis of therapy transcripts Naomi Moller, The Open University; Andreas Vossler; Rachel Willcox; Victoria Clarke

A couple therapists' qualitative study of the experience of women who are violent in their couple relationships from a phenomenological perspective Wayne Bodkin, University of East London

### 118. Panel

practice-training-research networks

#### Moderator:

Jan Carlsson, Örebro University

### Discussant:

Joakim Norberg, Harvard University Saturday | 1:30 PM—3:00 PM | New Conference Room #1 (70)

### Personal and professional aspects of therapist development

Soti Grafanaki, Saint Paul University

'Ready to launch': Trainee therapists' hopes and fears when starting their psychotherapy training and supervisors' experience of working with the developing therapist

### Therapeutic Orientation, theoretical breadth and development of early career therapists

Vera Romano, McGill University; David E. Orlinsky; Michael Helge Rønnestad; Hadas Wiseman

### Psychotherapists as persons and their subjective career constructions

Martina Fischersworring, Universidad de Chile

### Structured Discussion

quantitative & qualitative method

### Moderators:

Wolfgang Lutz, University of Trier; Jeffrey A. Hayes, Penn State University Saturday | 1:30 PM--3:00 PM | New Conference Room #2 (70)

# Publishing in psychotherapy research: An open discussion with the editors and the publisher

Wolfgang Lutz, University of Trier

Jeffrey A. Hayes, Penn State University

Christoph Flückiger, University of Bern

Lynne M. Knobloch-Fedders, Northwestern University

Heidi M. Levitt, University of Massachusetts

Andrew C. Page, University of Western Australia

Ulrike Dinger, Heidelberg University

Mariane Krause, Pontificia Universidad Católica de Chile

120.

Panel

child & fam

child & family
Moderator:
Sibel Halfon,
Bilgi University

Saturday | 1:30 PM--3:00 PM | Boardroom (40)

Towards researchable models of change in psychodynamic play therapy process

Assessing psychodynamic child psychotherapy through the lens of play

Sibel Halfon, Bilgi University; Alev Çavdar; Umit Akırmak; Pelinsu Bulut; Deniz Keskin

Play psychotherapy research: Patterns of play structures across treatment

Alev Çavdar, Bilgi University; Sibel Halfon; Umit Akırmak; Deniz Keskin; Pelinsu Bulut

Monitoring non-linear changes in psychodynamic play therapy

Giulio de Felice, Sapienza University of Rome; Franco Orsucci; Sibel Halfon; Alev Çavdar

Quality of mother-child relationship, mentalization and symbolization in play

Özlem Bekar, Ozyegin University; Sibel Halfon; Alev Cavdar; Umit Akırmak

## Assessing affective dimensions of conversations in play therapy

Ali Albert Salah, Bogazici University; Eda Aydın Oktay; Sibel Halfon; Pelinsu Bulut

### 121. Panel

evidence-based

psychotherapies
Moderator:
Paul Crits-Christoph,
University of Pennsylvania

Saturday | 1:30 PM--3:00 PM | Lecture Hall (120)

Therapist adherence and competence in cognitive and dynamic therapies for depression

Levels of therapist adherence and competence among cognitive and dynamic therapists in a comparative effectiveness trial Mary Beth Connolly Gibbons, University of Pennsylvania

Therapist adherence and competence in relation to outcome of cognitive and dynamic therapies conducted in a community mental health setting Caroline Diehl, University of Pennsylvania

Therapist adherence and competence in relation to to change in theoretically-relevant mechanism measures in cognitive and dynamic therapy
Paul Crits-Christoph, University of Pennsylvania

Baseline factors in relation to therapist adherence and competence in cognitive and dynamic therapy for depression

Seohyun Yin, University of Pennsylvania

122. Panel

evidence-based psychotherapies Moderator: Alberta Pos, York University

Discussant:

Jeanne Watson, University of Toronto Saturday | 1:30 PM--3:00 PM | Mirror Room #1 (70) Working with emotion states during experiential and family therapies for depression and social anxiety: Predicting termination and follow-up outcomes

The role of shame and primary adaptive emotions in emotion-focused therapy for social anxiety disorder Ann Haberman, Ben-Gurion University of the Negev

Expression of adaptive emotions in Attachment
Based Family Therapy (ABFT) for suicidal adolescents
Chen Lifshitz, Ben-Gurion University of the Negev

CAMS versus Experiencing: Which emotional processing measure best predicts resilient long term change and for whom during experiential therapy for depression

Alberta Pos, York University; K. Wong

### 123. **Panel**

quantitative & qualitative method

### Moderator:

Zipora Schectman, University of Haifa

# Saturday | 1:30 PM--3:00 PM | Mirror Room #2 (70) Outcomes and process research on group psychotherapy

"Heroes on their own right": The impact of superheroes in bibliotherapy treatment on adolescents who experience parental absence Nurit Betzalel, University of Haifa

Films as a technique in counseling groups for adolescents who have a severe conflict with their parents

Lubna Hadad, University of Haifa

Parents' corrective experiences in counseling groups Michal Ziperfal, University of Haifa

### 124. **Panel**

alliance & interpersonal process

### Moderator:

Kaori Nakamura, Ochanomizu University Saturday | 1:30 PM--3:00 PM | Spinning Room (50)

Delineating the process of corrective
emotional experience: Three systematic case
studies

The client experience of resolving unfinished business: A phenomenological case study Ayumi Noda, Ochanomizu University; Shigeru Iwakabe; Tetsuo Fukushima

Client relational experience in and out of therapy: How a client implements therapeutic experience into everyday life

Wakako Yamazaki, Ochanomizu University; Shigeru Iwakabe; Tetsuo Fukushima

Essential components of corrective emotional experience: A theory building case study

Kaori Nakamura, Ochanomizu University; Shigeru Iwakabe; Tetsuo Fukushima

### Panel

alliance & interpersonal process

### Moderator:

Zimri S. Yaseen, Beth Israel Medical Center Saturday | 1:30 PM--3:00 PM | Youth Room #1 (50)

### Relational factors in suicide

### Suicide risk and reasons for living

Iván Armijo, Universidad Gabriela Mistral; Susana Morales; Orietta Echavarri; Jorge Barros; Ronit Fischman; Claudia Moya; María Paz Maino; Catalina Nuñez; Arnol García

### On the functioning of suicidal patients

Franz Caspar, University of Bern; Juliane Bruedern

### Clinician responses to suicidal patients

Zimri S. Yaseen, Beth Israel Medical Center; Jessica Briggs; Igor I. Galynker

# Managing suicide in chronic attempters by addressing primitive motivation concurrently with rational management

Lorna S. Benjamin, University of Utah; Kenneth L. Critchfield

126.

### **Panel**

psychotherapy integration

Moderator:

Miguel Gonçalves,
Universidade do Minho

### Discussant:

Adam Horvath, Simon Fraser University Saturday | 1:30 PM--3:00 PM | Youth Room #2 (50)

## New developments in innovative moments research

Meaning making precedes symptomatology improvement: Reconceptualization IMs role Pablo Fernández-Navarro, Universidade do Minho

## Reconceptualization of innovative moments as a predictor of sustained change

Miguel Gonçalves, Universidade do Minho

### Ambivalence in psychotherapy: Conceptualization and measuring

João Tiago Oliveira, Universidade do Minho; Antonio P. Ribeiro; Miguel Gonçalves

127.

process

**Brief Paper Session** alliance & interpersonal

Alliance & Interpersonal Process

Saturday | 1:30 PM--3:00 PM | Library (30)

Patient's past relationships, psychopathology, and intrapsychic variables as predictors of early working alliance in psychodynamic psychotherapy

Fernanda Barcellos Serralta, Universidade do Vale do Rio dos Sinos; Carolina P. Lima; Gibson J. Weydmann; Daniel A. da Cruz

## The Therapist Effect: Humor as a Predictor of the Therapeutic Alliance

Mor Gelbard, Hebrew University

# In-session therapists' countertransference in less successful versus more successful psychotherapy cases

Jairo Nelson Fuertes, Adelphi University; Arielle Toporovsky; Mariela Reyes; Alberto Manzi

### Transference-countertransference in (evidence-based) sex therapy

Tal Peleg-Sagy, Beer-Sheva Mental Health Center and Ben-Gurion University of the Negev

128. **Brief Paper Session** *quantitative & qualitative method* 

Saturday | 1:30 PM--3:00 PM | Green Room #2 (30) **Quantitative & Qualitative Method** 

Patients' perspectives on trauma-specific imaginative techniques for PTSD: A qualitative study Lena Horsch, Heidelberg University; Anne Schöckel; Christoph Nikendei; Henning Schauenburg; Johannes C. Ehrenthal

**Analysing therapy talk with qualitative methods**Andreas Vossler, The Open University; Naomi Moller

## Therapeutic Interaction structures and referential process: A single case study

Laura Bonalume, University of Milan; Ingrid Erhardt; Attà Negri

## Client outcomes for key client problem presentations in a practice-based research protocol

Robert Elliott, University of Strathclyde; Susan Stephen; Lloyd Chen; Katharine Miller-Cole; Adrienne Ayre; Elizabeth Riddell; Victoria Hagman

## Implementation of routine outcome measurement in Uruguay

Denisse Dogmanas, Universidad de la República

Structured Discussion

alliance & interpersonal process

Moderator:

George Silberschatz, University of California San Francisco Saturday | 3:00 PM--4:30 PM | Youth Room #2 (50)
Widening the lens on patient feedback in
psychotherapy

Catherine F. Eubanks, Yeshiva University, USA

Mariane Krause, Pontificia Universidad Católica de Chile

Wolfgang Lutz, University of Trier

John Snyder, San Francisco Psychotherapy Research Group

Bruce Wampold, University of Wisconsin

130.

**Panel** 

alliance & interpersonal process

Moderator:

Dan Pokorny, Ulm University

Saturday | 3:00 PM--4:30 PM | Glass Room (50)

The rediscovery of slowness in psychotherapy

Slow questioning: The effects of administration setting on the reduction of self-reported symptoms Blerta Bodinaku, University of Tirana; Lediona Braho; Dan Pokorny

Slow drawing: Taking time during the projective procedure "tree and dream tree"

Helga M. Kiefer, Ulm University; Slobodan Stojanovic; Hanna Kiefer; Ludvik Betak; Dan Pokorny

Slow dreaming: Verbal activity and inner processes in guided imaginations

Dan Pokorny, Ulm University; Michael Stigler

Slow moving in MetaSystemic psychotherapy: Hurry up slowly and you will be faster

Andrzej Nehrebecki, Polish Institute for Integrative Psychotherapy

### Panel

quantitative & qualitative method

### Moderator:

Sigal Zilcha-Mano, University of Haifa

### Discussant:

Paul Crits-Christoph, University of Pennsylvania Saturday | 3:00 PM--4:30 PM | Lecture Hall (120)

What can advanced methodologies teach us about the alliance-outcome association that we did not know?

A comparison of two methods for analyzing within-person effects of alliance on symptoms during psychotherapeutic treatment Fredrik Falkenström, Linköping University

Alliance ruptures and outcome: Within- and between patient associations
Julian Rubel, University of Trier; Wolfgang Lutz

The relationship between alliance and outcome and its moderators: Analyses of a two-person perspective on alliance and outcome
Sigal Zilcha-Mano, University of Haifa; J. Christopher Muran; Clara Hungr; Catherine F. Eubanks; Jeremy D. Safran; Arnold Winston

### 132.

### **Panel**

alliance & interpersonal process

### **Moderator:**

Barry Farber, Teachers College, Columbia University

### Discussant:

Adam Horvath, Simon Fraser University Saturday | 3:00 PM--4:30 PM | Mirror Room #1 (70)
On client disclosures in psychotherapy:
"Honesty is such a lonely word, everyone is

so untrue"

Secrets in psychotherapy: A longitudinal study of

Ellen C. Marks, University of Maryland; Clara Edith Hill

Disclosure and nondisclosure about being in

client concealment and disclosure

**counseling**Dorli Satterwhite, University of Maryland; Maria
Lauer; Clara Edith Hill

Clients' concealment of emotional distress
Barry Farber, Teachers College, Columbia University;
Matt Blanchard

### Panel

evidence-based psychotherapies **Moderator:** 

Mark Widdowson, University of Salford

### Discussant:

Omar Gelo, University of Salento, Sigmund Freud University

134. **Panel** 

practice-training-research networks

Moderator:

Jeffrey A. Hayes, Penn State University Saturday | 3:00 PM--4:30 PM | Mirror Room #2 (70)
The effectiveness of Transactional Analysis

psychotherapy for depression and anxiety: Findings from practice-based research

Developing the evidence base for Transactional Analysis psychotherapy for depression: A British case series

Mark Widdowson, University of Salford

Evaluation of Transactional Analysis psychotherapy in the treatment of depression, anxiety and clinical levels of general distress: Routine outcomes evaluation within a community clinic Biljana van Rijn, Metanoia Institue

Effectiveness of a Transactional Analysis treatment manual for depression: An Italian case series Enrico Benelli, University of Padua

Saturday | 3:00 PM--4:30 PM | New Conference Room #1 (70)

Practice-oriented research: Treatment issues with difficult clients

Sticking with it: Psychotherapy outcome for ASD adults in a university counseling center Jonathan C. Cox, Brigham Young University

Manualized CT vs. usual CBT treatment for social anxiety disorder in a practice setting
Juergen Hoyer, Technical University Dresden

Prediction of suicide in college counseling center clients

Rebecca Janis, Penn State University

The additive impact of sexual and ethnic minority stress on treatment variables: Working within systematic treatment selection
Kimberley Dawn Miller, Palo Alto University

### Panel

Institute

evidence-based psychotherapies **Moderator:** Jack J.M. Dekker, Arkin Mental Health Saturday | 3:00 PM--4:30 PM | Spinning Room (50)

## The development of interventions to prevent victimization of psychiatric patients

Risk of criminal victimisation in outpatients with common mental health disorders

Jack J.M. Dekker, Arkin Mental Health Institute

Victimisation in adults with severe mental illness: prevalence and risk factors in different care settings

Liselotte de Mooij, Arkin Mental Health Institute

Preventing victimization in depressed patients: Prevalence rates, potential mechanisms and the development of an online emotion regulation training

Carolien Christ, Arkin Mental Health Institute

Self-wise, Other-wise, Streetwise (SOS) training: A novel intervention to reduce victimization in psychiatric patients with substance use disorders: A randomized controlled trial

Marleen de Waal, Arkin Mental Health Institute

136.

### Panel

quantitative & qualitative method

#### Moderator:

Michael B. Buchholz, International Psychoanalytic University (IPU), Berlin

### Discussants:

Horst Kächele, International Psychoanalytic University (IPU), Berlin; Florian Dreyer, International Psychoanalytic University (IPU), Berlin Saturday | 3:00 PM--4:30 PM | Youth Room #1 (50) Conversation analysis in psychotherapy

### Conversation analysis in psychotherapy process research

Empathy and typical problematic situations (TPS) Michael B. Buchholz, International Psychoanalytic University (IPU), Berlin

### Telling dreams and therapeutic response in PA, PD ad CBT

Marie-Luise Alder, International Psychoanalytic University (IPU), Berlin

## Open-topic closing in a short-term psychodynamic therapy

Michael M. Dittmann, International Psychoanalytic University (IPU), Berlin

### Whats the message of such micro-studies for a clinician?

Horst Kächele, International Psychoanalytic University (IPU), Berlin

## Exploring the language of body boundaries in person-centered psychotherapy

Laura Cariola, University of Glasgow

137.

### Panel Moderator:

Alemka Tomicic, Universidad Diego Portales Saturday | 3:00 PM--4:30 PM | New Conference Room #2 (70)

# The colours of the rainbow: Psychological well-being and psychotherapy in sexual and gender diversity

Adolescence and suicide: Subjective construction of suicide process in young gay and lesbian people Alemka Tomicic, Universidad Diego Portales; Claudio Martinez; Francisco Aguayo; Fanny Leyton; Catalina Rosenbaum; Constanza Galvez; Juliana Rodríguez

Psychological distress and psychotherapy outcome among patients of varying sexual orientations at religious and non-religious university counseling centers

Tyler Levefor, University of Miami; Tyler Pedersen; So Yeon Park

Changes in parental criticism and empathy over the course of attachment-based family therapy with LGBT young adults and their non-accepting parents Rotem Boruchovitz-Zamir, Ben-Gurion University of the Negev; Gary Diamond

138. **Brief Paper Session** *culture & identity* 

Saturday | 3:00 PM--4:30 PM | Boardroom (40) **Culture & Identity** 

The therapy relationship in multicultural psychotherapy

Jairo Nelson Fuertes, Adelphi University

The experience of therapists working with battered women from a different cultural background Dror Netzer, Ben-Gurion University of the Negev

The moderating effect of patients' demographic and interpersonal characteristics on the association between therapists' self-disclosure and treatment outcome

Sharon Ziv-Beiman, Tel Aviv Yaffo Academic College Israel; Sigal Zilcha-Mano; Elad Livneh; Giora Keinan; Golan Shahar

### **Brief Paper Session**

Saturday | 3:00 PM--4:30 PM | Green Room #2 (30) **Evidence-Based Psychotherapies** 

Long term follow up of psychotherapy: An initial study in a naturalistic setting

Rochelle (Robbie) Babins-Wagner, Calgary Counselling Centre; Emilie Lacroix; Sandy Berzins

Intersession experiences: the interaction between in-session processes and between-session experiences in patients with mental disorders
Thorsten-Christian Gablonski, Alpen-Adria-Universität Klagenfurt; Birgit Senft; Georg Spiel; Sylke Andreas

Reverse engineering and validation of psychotherapy: Comparison reasons for seeking therapy among rapid-gain and rapid-deterioration clients Adam M. Scalese, Brigham Young University; Micah Rees; J Clark Ripplinger; Tyler R Pedersen; Stevan Lars Nielsen

Reverse engineering and validation of psychotherapy: Therapists differ in the likelihood that clients will experience early, rapid change David Erekson, Brigham Young University; Taylor J. Anderson; Liliana B. Bautista; Stevan Lars Nielsen

Reverse validation of homework effects: Comparison of rapid-gain and rapid-deterioration sessions
Dianne L. Nielsen, Brigham Young University; Devin Petersen; Spencer Ford; Abish S. Lai; Bradyn T. Fairclough; Heather A. Lagrosa; Trevor D. Boulter; Jacob C. Parker

Saturday | 4:30 PM—5:00 PM | **Break** 

Saturday | 5:00 PM--6:30 PM | Mirror Room #1 (70)
The need for a collaborative network in
psychotherapy research: united we stand
(and we can get more grants)

Omar Gelo, University of Salento, Sigmund Freud University

Henning Schauenburg, University Hospital, Heidelberg

Francesco Pagnini, Catholic University of Sacred Heart

Stig Poulsen, University of Copenhagen

140. Structured Discussion practice-training-research networks Moderator:

Francesco Pagnini, Catholic University of Sacred Heart

Panel

child & family Moderator:

Katharina Weitkamp, MSH Medical School Hamburg Saturday | 5:00 PM--6:30 PM | Boardroom (40) Qualitative research on child and adolescent therapy: Expectations, experiences,

processes and parent work

Therapy expectations of depressed youth entering psychodynamic psychotherapy: A qualitative study Katharina Weitkamp, MSH Medical School Hamburg

Adolescents' experience of psychiatric hospitalization and its impact on outcome Pnina Bloom Weinberg, Hebrew University

Mentalizing techniques used by psychodynamic therapists working with children and early adolescents

Karin Ensink, Laval University; Pablo Muñoz Specht; Lina Normandin

Do we do what we think we do? An exploration of manualizing psychotherapy

Alex Desiatnik, Anna Freud Center

142. Panel

alliance & interpersonal process

Moderator:

Joshua K. Swift, **Idaho State University** 

Discussant:

Adam Horvath, Simon Fraser University Saturday | 5:00 PM--6:30 PM | Lecture Hall (120) Micro-process research in psychotherapy: Identifying the ingredients associated with successful treatment outcomes

Building emotional resilience over 14 sessions of emotion focused therapy: Intensive time series analyses of productive temporal patterns

Antonio Pascual-Leone, University of Windsor; Nikita Yeryomenko; Tsubasa Sawashima; Serine Warwar

Clients' affective processes within initial experiential dynamic therapy sessions

Katie Aafjes-van Doorn, Access Institute; James Macdonald; Angela Cooper; Fredrik Falkenström; Peter Lilliengren

The in-session timing of individuals that suffers from GAD: How to push the snails to move

Christoph Flückiger, University of Zurich; Moriz van Wijnkoop; Leonie Vogt; Maria Rudin; Isabelle Mathis; Amrei Schottke; Bettina Wirz; Barbara Schnider; Lena Forrer

# Client and therapist convergence in moment-to-moment ratings of significant events in psychotherapy

Joshua K. Swift, Idaho State University; Kelley Tompkins

### 143. **Panel**

evidence-based psychotherapies **Moderator:** Bernhard Strauss, University Hospital, Jena Saturday | 5:00 PM--6:30 PM | Mirror Room #2 (70)

Evaluation, documentation and understanding change in group psychotherapy

# Efficacy of small group treatment for mental disorders: systematic review and meta-analyses of randomized controlled trials

Jenny Rosendahl, Institute of Psychosocial Medicine and Psychotherapy; Dominique Schwartze; Sarah Barkowski; Giorgio Tasca; Gary M. Burlingame; Bernhard Strauss

# Change in group therapy: A grounded theory inquiry in group and interpersonal patterns in a community sample

Rebecca R. Canate, Brigham Young University; Sally Barlow; Lorna S. Benjamin

## First experiences with an operationalized system for the documentation of group treatments

Dominique Schwartze, Institute of Psychosocial Medicine and Psychotherapy; Tillmann Schubert; Nora Degott; Bernhard Strauss

### 144. Panel

quantitative & qualitative method **Moderator:**Wolfgang Lutz,

University of Trier

Saturday | 5:00 PM--6:30 PM | New Conference Room #1 (70)

# Practice Oriented Research: How to investigate change in psychotherapy? Best practice and current trends

## Therapist interventions and mode changes: A within-session approach

Eshkol Rafaeli, Bar-llan University; Ofer Peled; Eran Bar-Kalifa; Rinaty Kirshenfeld-Mittelman

## Implicit measures as a way to assess (changes in) automatic cognitions and behavior

Eva Gilboa-Schechtmann, Bar-Ilan University; Hadar Keshet; Nitzan Arnon-Ribenfeld; Dana Atzil-Slonim; Ilanit Hasson-Ohayon An empirical and internet based assessment, decision and information tool for clinical practice Wolfgang Lutz, University of Trier; Anne-Katharina Schiefele; Dirk Zimmermann; Julian Rubel

145.

### **Panel**

practice-training-research networks

### Moderator:

Bruce Wampold, University of Wisconsin Saturday | 5:00 PM--6:30 PM | New Conference Room #2 (70)

### **Practice Oriented Research: Therapists**

Effects of training therapists in theater improvisational skills in relation to therapeutic presence, flexibility and therapist interventions Assael Romanelli, Hebrew University

Improving outcomes at the agency level
Rochelle (Robbie) Babins-Wagner, Calgary Counselling
Centre

**How to improve therapist outcomes**Bruce Wampold, University of Wisconsin

146.

### **Panel**

attachment & development **Moderator:** 

Sylke Andreas, Alpen-Adria Universität Klagenfurt

### Discussant:

Svenja Taubner, Heidelberg University Saturday | 5:00 PM--6:30 PM | Youth Room #1 (50)

## Mentalization: Assessment and clinical importance in psychotherapy

Convergent validity of several measures of mentalisation and their predictive validity for Borderline Personality Disorder features Tobias Nolte, University College London

Importance of mentalization as the link between adult attachment and interpersonal behavior Markus C. Hayden, Alpen-Adria Universität Klagenfurt

Relationship between early childhood traumatic experiences, attachment and mentalization
Sylke Andreas, Alpen-Adria Universität Klagenfurt

Mentalization mediates the relationship between early maltreatment and potential for violence in adolescence

Paul Schroeder, Heidelberg University

## 147. Brief Paper Session

evidence-based psychotherapies

Saturday | 5:00 PM--6:30 PM | Library (30)

### **Evidence-Based Psychotherapies**

Pre-treatment and process predictors of non-response at different stages of inpatient psychotherapy

Laurence Reuter, PHB Berlin; Thomas Munder; Uwe Altmann; Armin Hartmann; Bernhard Strauss; Carl Scheidt

## Studying the effectiveness of meta-cognitive insight therapy: Preliminary results

Gerdina Pijnenborg, University of Groningen; Rozanne Van Donkersgoed; Steven De Jong; Andre Aleman; Paul Lysaker

### Therapists' rescue fantasy

Michal Sharon, Bar-Illan-University; Nehami Baum

Prediction of use of mental health services in the elderly: Results from the 2nd wave of the MentDis\_ICF65+ study

Jana Volkert, University Medical Center Hamburg-Eppendorf; Sylke Andreas; Martin Härter; Hans-Ulrich Wittchen; Holger Schulz

Mode fluctuations over the course of schema therapy sessions for avoidant personality disorder Ofer Peled, The Schema Therapy Center; Eran Bar-Kalifa; Eshkol Rafaeli

148. **Brief Paper Session** *alliance & interpersonal process* 

Saturday | 5:00 PM--6:30 PM | Green Room #2 (30) Alliance & Interpersonal Process

Conception, representation and perception of the therapeutic alliance in an interpreter mediated bilingual psychotherapeutic setting

Abdelhak Elghezouani, Association Appartenances

Beyond therapeutic alliance: a qualitative analysis of positive and negative changes in therapeutic alliance Naama Symonds, Hebrew University

Qualitative analysis of goals, content and effects of immediate and non-immediate therapist self-disclosure interventions

Sharon Ziv-Beiman, Tel Aviv Yaffo Academic College; Naama Shafran; Haim Omer; Neta Galansky- Galili Saturday | 6:30 PM--7:00 PM |

Break

149. Saturday | 7:00 PM--11:00 PM | YMCA Back Terrace

Banquet